

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 1 (Warmup 7.45 - 8.45)

Event 101 Men 12 & Over 50 SC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Prelims				
1	Park, Reggie Samuel	14	Holywell	34.00
2	Grenardo, Sebastian	15	Okehampton	33.85
3	Warman-Powell, Ioan	14	Torfaen D	33.70
4	Hole, Ethan	15	Co Cardiff	33.49
5	Nicolaou, Charlie	14	Mt Kelly	33.60
6	Garner, Albie	15	Kingston Roy	33.73
7	Crump, Joshua-James	15	Bridgend Cty	33.86
8	Custer, George	14	Royal Wolv	34.20
Heat 2 of 8 Prelims				
1	Phillips, Ioan	14	Neath	33.36
2	Leatherbarrow, Jack	16	Wrexham	32.90
3	Powell, Zachary	16	TauntonDeane	32.70
4	Bostock, Dyfan	14	Wrexham	32.60
5	Evans, Oscar	15	Co Hereford	32.67
6	Roberts, Thomas	16	Hackney	32.80
7	Meilleur, Elliot	14	NofioGwynedd	33.20
8	Murphy, Rocco	14	Nuneaton	33.40
Heat 3 of 8 Prelims				
1	Bennett, Finley	15	Pembs Cty	32.58
2	Ma, Ko Kwan	15	Co Cardiff	32.53
3	Phillips, Finley	14	Nofio S Gar	32.39
4	Poynter, Harry	19	Seaclose	32.10
5	Williams, Luke	16	Co Newport	32.30
6	Doyle, Alfie	16	Co Newport	32.40
7	Richardson, Osian	16	Swansea Aq	32.55
8	Neaves, Jake	15	EllesmereCSA	32.60
Heat 4 of 8 Prelims				
1	Silverstone, Solomon	15	Pembs Cty	31.90
2	Tennant, Cale	16	Eastbourne	31.90
3	Wu, Kevin	20	Swansea Uni	31.74
4	James, Rhys	15	Rct Squad	31.50
5	Song, Guangping	15	EllesmereCSA	31.70
6	Montague, Mason	16	Pembs Cty	31.90
7	Kershaw, Harvey	14	Mt Kelly	31.90
8	Bonser, Alfie	15	Royal Wolv	32.02
Heat 5 of 8 Prelims				
1	Gjoka, Ilir	18	Mt Kelly	31.40
2	Thomas, Lucas	16	Conwy	31.30
3	Estrada Aburto, Diego	27	Swansea Uni	31.30
4	Wright, Ethan	22	Nofio Bangor	31.28
5	Preece, Toby	17	Bridgend Cty	31.29
6	Pugh, Morgan	17	Torfaen D	31.30
7	Bolwell, Logan	16	Trowbridge	31.40
8	Longworth, Ellis	18	Conwy	31.50
Heat 6 of 8 Prelims				
1	Molyneux, Finley	16	Okehampton	31.00
2	Lee, Tristan	18	Bath Univ	30.09
3	Stratton, Joe	20	Swansea Uni	29.54
4	Minshull, Callum	20	Swansea Uni	28.90
5	Walford, Nathan	19	Swansea Uni	29.20
6	McGregor, Drew	21	Co Cardiff	29.89
7	Grenardo, Alexander	17	Okehampton	30.74
8	Magelinskas, Juozas	17	Mt Kelly	31.20

Heat 7 of 8 Prelims				
1	Ukkash, Hayam	18	Swansea Uni	30.94
2	Adams, Luke	22	Co Salford	30.00
3	Gallagher, Reagan	18	TauntonDeane	29.30
4	Larkin, Ryan	23	Swansea Uni	28.81
5	Lovell-Pascal, Jean-Luc	19	Swansea Uni	29.10
6	Gillett, Oliver	17	Swansea Aq	29.76
7	Sheppard, Rhydian	17	Co Cardiff	30.40
8	Darbey, Rhys	17	Nofio Clwyd	31.10
Heat 8 of 8 Prelims				
1	Davis, Benjamin	17	Mt Kelly	30.85
2	Geysen-Holley, Max	19	Co Cardiff	29.93
3	Sin, Yau Cheung	21	Devonport	29.24
4	Anderson, Maxwell	19	Co Cardiff	28.70
5	Hoey, Luke	22	Swansea Uni	29.00
6	James, Jack	17	Torfaen D	29.70
7	Clarke, Henry	17	Swansea Aq	30.30
8	Caddy, Alexander	17	Caradon	31.00
Event 102 Female 12 & Over 50 SC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Prelims				
1	Sundsbo, Klara	13	Hackney	37.63
2	%French, Eva SB9	17	Nuneaton/1, 3, 5	37.60
3	Daly, Isabella	14	Bridgend Cty	37.50
4	Marski, Payton	14	EllesmereCSA	37.40
5	Bloomer, Molly	12	Anaconda	37.46
6	Bereznicki, Lilly	12	Mt Kelly	37.50
7	Stark, Tala	14	Pembs Cty	37.61
8				
Heat 2 of 10 Prelims				
1	Graves, Abigail	14	Okehampton	37.31
2	Mellor, Medi	12	Nofio Bangor	37.08
3	Johnson, Poppy	15	Holywell	36.90
4	Jones, Aimee	12	Newton Abbot	36.81
5	Bissicks, Cari	13	Neath	36.90
6	Turner, Jasmine	15	Caradon	37.01
7	Bennett, Isla	13	Co Cardiff	37.20
8	Simons, Georgia	13	Anaconda	37.39
Heat 3 of 10 Prelims				
1	Williams, Lucia	13	Kingston Roy	36.70
2	Chillingworth, Sienna	14	Mt Kelly	36.70
3	Powell, Josie	14	Bridgend SC	36.50
4	Galbraith, Evelyn	13	Haslemere	36.45
5	Phillips, Emma	14	Teddington	36.50
6	Phillips, Emily	16	Neath	36.50
7	Jones, Eryn	15	Neath	36.70
8	Bruntlett, Amelie	13	Nuneaton	36.70
Heat 4 of 10 Prelims				
1	Surowaniec, Agatha	13	Co Hereford	36.40
2	Taffetsauffer, Isabella	13	Nofio S Gar	36.30
3	Vellaud, Hermance	15	Mt Kelly	36.14
4	Flint, Mia	15	Co Cardiff	36.08
5	Dunn, Olivia	16	Mt Kelly	36.10
6	Dowling, Abigail	13	Co Cardiff	36.27
7	Gardener, Hannah	15	Bridgend Cty	36.40
8	Hill, Emma	13	Teddington	36.40

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Heat 5 Prelims (#102 Female 12 & Over 50 SC Meter Breaststroke)				
1	Spence, Emilia	13	Co Birm'ham	35.93
2	Owen, Kessie	16	Neath	35.60
3	Lewis, Cara	17	Bridgend SC	35.50
4	Perni, Veronica	15	Co Cardiff	35.31
5	Van Der Stroom, Isis	18	S Bournem'th	35.33
6	Neumann, Erin	12	Mt Kelly	35.50
7	Robinson, Scarlett	16	Copeland	35.73
8	Hadlington, Libby	14	Royal Wolv	36.00
Heat 6 of 10 Prelims				
1	Jones, Emily	19	Co Newport	35.30
2	Knight, Bria	19	Swansea Uni	35.28
3	Matthews, Lucy	17	Team Bath AS	35.10
4	Lythgoe, Manon	15	Swansea Aq	35.10
5	Williams, Emilia	14	Guildford Ct	35.10
6	Matthews, Elin	14	Co Cardiff	35.20
7	Daniel, Megan	14	Caradon	35.30
8	Andrews, Joanne	14	Wrexham	35.30
Heat 7 of 10 Prelims				
1	Davies, Ellen	15	Chirk	35.00
2	Jones, Neve	18	Nuneaton	34.88
3	Worthington, Emma	16	Chirk	34.76
4	Mercer, Olivia	20	Swansea Uni	34.50
5	Holt, Ava	17	Teddington	34.70
6	Palmer-Jones, Evie	19	Co Cardiff	34.82
7	Flanagan, Evelyn	14	Co Liverpool	34.90
8	Speirs, Maisie	18	Nuneaton	35.03
Heat 8 of 10 Prelims				
1	Andrews, Bella	14	Co Newport	34.40
2	Neumann, Eva	14	Mt Kelly	34.10
3	Evans, Gwenllian	15	Co Cardiff	33.60
4	Woodcock, Hannah	20	Swansea Uni	31.72
5	Mortimer, Constance	19	Swansea Uni	32.90
6	Yelland, Yasmin	14	Torquay	33.80
7	Salmon, Gwen	17	Rct Squad	34.20
8	Hudson, Victoria	15	Mt Kelly	34.50
Heat 9 of 10 Prelims				
1	Smith, Amelia	16	Co Cardiff	34.30
2	Williams, Cari	15	Nofio Bangor	34.10
3	Powell, Kirsten	19	Birm'ham Uni	33.37
4	Crowley, Amy	19	Co Cardiff	31.40
5	Beynon, Annaliese	24	Co Cardiff	32.69
6	Stoddart, Imogen	19	Co Cardiff	33.70
7	Daw, Alexandra	15	Okehampton	34.14
8	Kugeler, Emma	15	Mt Kelly	34.48
Heat 10 of 10 Prelims				
1	Valentine-Bull, Eleanor	18	Bath Univ	34.20
2	Morgan, Carys	16	Millfield	33.88
3	Bissicks, Ella	17	Swansea Aq	32.93
4	Taylor, Theodora	15	Torfaen D	30.90
5	Huellou, Claire	19	Swansea Uni	32.51
6	Gibbs, Harriet	16	Nofio S Gar	33.60
7	Brassington, Sophie	18	Swansea Uni	34.11
8	Poynter, Grace	22	SurreyUni SC	34.42

Event 103 Men 12 & Over 400 SC Meter IM				
Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims				
1	Shiland-Griffiths, Enzo	14	NofioGwynedd	5:27.89
2	Morgan, Charlie	14	Teddington	5:25.69
3	Harvey, Hugo	13	Co Cardiff	5:24.99
4	Caldicott, Lewis	14	Co Newport	5:24.38
5	Gruffydd, Ned	14	Co Cardiff	5:24.77
6	Giles, Brodie	14	Bridgend SC	5:25.20
7	Jones, Noah	13	Torfaen D	5:27.55
8	Trapp, William	14	Mt Kelly	5:27.90
Heat 2 of 5 Prelims				
1	Linge, Reece	13	EllesmereCSA	5:21.31
2	Burnell, Rory	13	Mt Kelly	5:18.30
3	Reece, Liam	14	Co Newport	5:11.23
4	Jenkins, Oliver	14	S Bournem'th	5:10.45
5	Custer, George	14	Royal Wolv	5:10.79
6	Gwynfil, Solomon	14	Co Cardiff	5:15.37
7	Parfitt, Sebastian	14	Co Cardiff	5:21.22
8	Scholes, James	14	Haslemere	5:23.08
Heat 3 of 5 Prelims				
1	Opiniano, Nathaniel	14	Teddington	5:07.20
2	Murphy, Rocco	14	Nuneaton	5:03.47
3	Thomas, Iolo	14	Neath	4:59.44
4	Bennett, Finley	15	Pembs Cty	4:56.00
5	McLain, Archie	18	Torfaen D	4:57.59
6	Phillips, Finley	14	Nofio S Gar	5:03.42
7	Meilleur, Elliot	14	NofioGwynedd	5:07.09
8	Thomas, Archie	14	Co Cardiff	5:08.70
Heat 4 of 5 Prelims				
1	Evans, Ieuan	17	Conwy	4:46.60
2	Keers, Jack	15	Teddington	4:42.45
3	Neaves, Archie	19	Swansea Uni	4:35.84
4	Arch, Rhydian	19	Co Cardiff	4:21.92
5	Clegg, Luke	19	Swansea Uni	4:29.69
6	Bamborough, Jack	16	Co Cardiff	4:41.37
7	West, Dexter	15	Pembs Cty	4:46.24
8	Leatherbarrow, Jack	16	Wrexham	4:52.92
Heat 5 of 5 Prelims				
1	Rescigno, Alberto	17	EllesmereCSA	4:46.27
2	Adams, Fynn	15	Teddington	4:41.90
3	Gallagher, Reagan	18	TauntonDeane	4:33.54
4	Kershaw, Charles	22	Swansea Uni	4:17.11
5	Kendrick, Elijah	20	Swansea Uni	4:26.15
6	Edwards, Ross	15	Co Cardiff	4:40.37
7	Bruntlett, Theo	15	Nuneaton	4:44.40
8	Powell, Zachary	16	TauntonDeane	4:52.06
Event 104 Female 12 & Over 200 SC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Prelims				
1	Wood, Hana	14	Dinnaton	2:39.55
2	Roberts, Isabel	14	Co Cardiff	2:39.00
3	Tilley, Ella	13	Royal Wolv	2:38.76
4	Sundsbo, Klara	13	Hackney	2:38.66
5	Ling, Olivia	14	Co Cardiff	2:38.66
6	Jones, Annabelle	14	Wrexham	2:38.80
7	McCoole-Jones, Elen	13	Ruthin	2:39.02
8	Ridgway, Megan	14	Nuneaton	2:39.82

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Meet Program - Session 1 (Warmup 7.45 - 8.45)

Heat 2 Prelims (#104 Female 12 & Over 200 SC Meter Backstroke)				
1	Dash, Amelie	13	Pembs Cty	2:37.81
2	Coffey, Cora-Leigh	14	Neath	2:37.35
3	Atkins, Amelia	13	Holywell	2:37.09
4	Bereznicki, Lilly	12	Mt Kelly	2:36.30
5	Evans, Gwennan	14	Co Newport	2:36.94
6	Upton-Boorman, Isabella	14	Nofio S Gar	2:37.28
7	Williams, Emilia	14	Guildford Ct	2:37.58
8	Lewis, Harriet	12	Co Cardiff	2:38.60
Heat 3 of 10 Prelims				
1	Jones, Hunydd	13	Nofio S Gar	2:35.98
2	Gregory, India	12	Mt Kelly	2:35.82
3	Galdes Cutting, Daisy	13	Pembs Cty	2:34.98
4	Hudson, Victoria	15	Mt Kelly	2:34.38
5	Galbraith, Evelyn	13	Haslemere	2:34.56
6	Fitzgerald, Mali	14	Bridgend Cty	2:35.10
7	Roberts, Rosie	12	Torfaen D	2:35.91
8	Cressey-Rodgers, G	14	Nofio S Gar	2:36.11
Heat 4 of 10 Prelims				
1	Daw, Alexandra	15	Okehampton	2:33.90
2	Correa-Garma, Letizia	13	Millfield	2:33.25
3	Burns, Freya	13	Nofio S Gar	2:32.84
4	Roberts, Mali	14	NofioGwynedd	2:31.90
5	Fowler, Maisie	13	Rct Squad	2:32.50
6	Allen, Isabel	13	Co Cardiff	2:33.16
7	George, Ellie	13	Rct Squad	2:33.85
8	Teggarty-Sparks, Ida	13	Teddington	2:34.30
Heat 5 of 10 Prelims				
1	Hands, Ava	13	Nuneaton	2:31.48
2	Thomas, Serenity	14	Conwy	2:31.40
3	Hill, Chloe	15	Kingston Roy	2:30.84
4	Andrews, Joanne	14	Wrexham	2:30.65
5	James, Grace	15	Bridgend Cty	2:30.70
6	Fowkes, Amelia	13	Royal Wolv	2:31.38
7	Reed, Isabella	13	Co Cardiff	2:31.45
8	Edwards, Alaw	14	NofioGwynedd	2:31.52
Heat 6 of 10 Prelims				
1	Bennett, Isla	13	Co Cardiff	2:29.87
2	Robinson, Scarlett	16	Copeland	2:29.59
3	Taffetsauffer, Isabella	13	Nofio S Gar	2:29.17
4	Arnold, Jessica	14	Swansea Aq	2:27.69
5	O Callaghan, Faye	19	Co Cardiff	2:27.91
6	Wardell, Cari	15	Co Cardiff	2:29.30
7	Gregory, Mollie-Zena	16	S Bournem'th	2:29.86
8	Parfitt, Kali	14	Torfaen D	2:30.10
Heat 7 of 10 Prelims				
1	Leggott, Holly	22	Swansea Uni	2:27.48
2	Crumpler, Ellie	16	S Bournem'th	2:27.24
3	Watts, Olivia	15	EllesmereCSA	2:26.81
4	Claxton, Autum	13	Mt Kelly	2:25.20
5	Blake, Emily	17	Co Cardiff	2:25.95
6	Hickman, Eve	19	Bridgend Cty	2:26.88
7	Sweet-Roberts, Pip	12	Torfaen D	2:27.43
8	Darby, Daisy	16	Teddington	2:27.66

Heat 8 of 10 Prelims				
1	Parfitt, Lucy	16	Co Cardiff	2:24.13
2	%Williams, Rose S14	16	Co Cardiff	2:22.17
3	Titchener, Megan	16	Torfaen D	2:19.43
4	Humphreys, Ffion	16	NofioGwynedd	2:16.26
5	Rose, Katie	18	Swansea Uni	2:18.64
6	Nichols, Grace	14	Pembs Cty	2:20.71
7	Johnson, Erin	15	Nuneaton	2:22.63
8	Prosser, Sofia	12	Torfaen D	2:24.93
Heat 9 of 10 Prelims				
1	Shields, Logan	18	Royal Wolv	2:23.95
2	Hernandez Taylor, Ivy	15	Hackney	2:21.73
3	Willis, Hannah	19	Swansea Uni	2:19.22
4	Stead, Martha	19	Swansea Uni	2:14.56
5	Fox, Honor	17	Co Cardiff	2:18.53
6	Cumner, Megan	17	Mt Kelly	2:20.46
7	Salmon, Gwen	17	Rct Squad	2:22.54
8	Rautenbach, Tallulah	14	EllesmereCSA	2:24.41
Heat 10 of 10 Prelims				
1	Hall, Emily	14	Warrington W	2:23.89
2	Winstanley, Elin	15	Co Hereford	2:20.92
3	Dwyfor-Clark, Efa	15	NofioGwynedd	2:18.92
4	Major, Scarlet	21	Swansea Uni	2:09.62
5	Holt, Ava	17	Teddington	2:18.28
6	Dacey, Mollie	16	Co Cardiff	2:19.84
7	Anderson, Rosalie	14	Co Cardiff	2:22.18
8	Daniel, Megan	14	Caradon	2:24.40
Event 105 Men 12 & Over 100 SC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims				
1	Hernandez Taylor, Boaz	13	Hackney	1:08.77
2	Opiniano, Nathaniel	14	Teddington	1:07.47
3	Powell, Xander	14	TauntonDeane	1:07.10
4	Braine, Tobias	14	Mt Kelly	1:06.41
5	Mathieson, Edward	14	Mt Kelly	1:06.90
6	Shillingford, Tait	13	Royal Wolv	1:07.22
7	Scholes, James	14	Haslemere	1:08.41
8	Gwynfil, Solomon	14	Co Cardiff	1:08.97
Heat 2 of 7 Prelims				
1	Grenardo, Sebastian	15	Okehampton	1:05.86
2	Vinh, Joshua	15	Co Newport	1:05.45
3	Davies, Brynley	14	Co Newport	1:05.06
4	Hole, Ethan	15	Co Cardiff	1:04.10
5	Deacon, Cameron	14	Co Cardiff	1:04.81
6	Fletcher, Miles	14	Co Cardiff	1:05.13
7	Elmes, Max	13	Nofio S Gar	1:05.83
8	Nicolaou, Charlie	14	Mt Kelly	1:06.35
Heat 3 of 7 Prelims				
1	Jenkins, Oliver	14	S Bournem'th	1:03.45
2	Thomas, Iolo	14	Neath	1:03.28
3	Brinkworth, James	15	Caradon	1:02.88
4	Mills, Ioan	15	Torfaen D	1:02.83
5	Atherton, Morgan	15	Nuneaton	1:02.85
6	Major, Maximus	14	Co Newport	1:03.10
7	Arch, Dewi	16	Northgate	1:03.31
8	Rixon, Oliver	16	Co Newport	1:03.69

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Meet Program - Session 1 (Warmup 7.45 - 8.45)

Heat 4 Prelims (#105 Men 12 & Over 100 SC Meter Backstroke)

1	Brown, Layton	16	Nuneaton	1:02.37	_____
2	Walker, Freddie	16	Gloucester	1:02.10	_____
3	Foster, Henry	15	Redditch	1:01.97	_____
4	Jasinski, Hubert	17	Co Newport	1:01.06	_____
5	Davies, Iwan	16	Co Cardiff	1:01.80	_____
6	Winstone, Evan	18	Co Cardiff	1:02.09	_____
7	Hodges, Charlie	17	Mt Kelly	1:02.25	_____
8	Montague, Mason	16	Pembs Cty	1:02.70	_____

Heat 5 of 7 Prelims

1	Adams, Fynn	15	Teddington	1:00.30	_____
2	Southwood, Charlie	17	Torfaen D	59.03	_____
3	Golsby-Taylor, Josh	20	Co Cardiff	57.08	_____
4	Barlow, Oscar	19	Swansea Uni	54.45	_____
5	Hollinsky, Gideon	19	Swansea Uni	56.25	_____
6	McCarthy, Benedict	15	Co Cardiff	58.10	_____
7	Edwards, Ross	15	Co Cardiff	59.50	_____
8	Leppert, Oliver	16	Co Hereford	1:01.02	_____

Heat 6 of 7 Prelims

1	West, Dexter	15	Pembs Cty	59.86	_____
2	Arnold, Jack	16	Swansea Aq	58.88	_____
3	Nikolaou, Antonio	21	Swansea Uni	56.90	_____
4	Knight, Jack	21	Co Cardiff	54.00	_____
5	Turner, Harry	25	Co Cardiff	56.10	_____
6	Rodriguez, Antonio	20	Swansea Uni	57.37	_____
7	Kershaw, Harvey	14	Mt Kelly	59.50	_____
8	Gore, Andrew	19	Co Cardiff	1:00.99	_____

Heat 7 of 7 Prelims

1	Wright, Ethan	22	Nofio Bangor	59.66	_____
2	Tinkler, Matthew	19	Bath Univ	58.14	_____
3	Johnstone, Daniel	17	Nofio S Gar	56.57	_____
4	Morgan, Dominic	19	Swansea Uni	53.80	_____
5	John, Finlay	18	Bridgend Cty	56.01	_____
6	Lee, Ethan	18	Bath Univ	57.13	_____
7	Allpress, Ethan	18	Ulverston	59.26	_____
8	Montgomery, Samuel	16	Pembs Cty	1:00.39	_____

Event 106 Female 12 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Prelims

1	Evans, Gwennan	14	Co Newport	1:04.37	_____
2	Gregory, India	12	Mt Kelly	1:04.33	_____
3	Coles, Mya	14	Co Newport	1:04.24	_____
4	Richards, Faith	14	Merthyr Tydf	1:04.20	_____
5	Edwards, Alaw	14	NofioGwynedd	1:04.20	_____
6	Reed, Isabella	13	Co Cardiff	1:04.30	_____
7	Ridgway, Megan	14	Nuneaton	1:04.33	_____
8	Tilley, Ella	13	Royal Wolv	1:04.55	_____

Heat 2 of 11 Prelims

1	Devin, Erin	14	Wrexham	1:03.98	_____
2	Sullivan, Ariana	14	Torfaen D	1:03.70	_____
3	Galbraith, Evelyn	13	Haslemere	1:03.42	_____
4	Ribeiro, Ariana	13	Co Cardiff	1:03.37	_____
5	Robinson, Mia	13	Southport	1:03.40	_____
6	Neumann, Erin	12	Mt Kelly	1:03.49	_____
7	Donaldson, Evie	12	Co Newport	1:03.71	_____
8	Reasons, Darcy	12	Torfaen D	1:04.08	_____

Heat 3 of 11 Prelims

1	Fitzgerald, Mali	14	Bridgend Cty	1:03.13	_____
2	Sherrard, Alex	12	Torfaen D	1:03.00	_____
3	Hughes, Nel	13	NofioGwynedd	1:02.90	_____
4	Rees, Maisie	14	Rct Squad	1:02.60	_____
5	Hands, Ava	13	Nuneaton	1:02.71	_____
6	Burns, Freya	13	Nofio S Gar	1:02.90	_____
7	Roberts, Mali	14	NofioGwynedd	1:03.00	_____
8	Allen, Isabel	13	Co Cardiff	1:03.16	_____

Heat 4 of 11 Prelims

1	Williams, Lucia	13	Kingston Roy	1:02.40	_____
2	Mason, Eliza	13	EllesmereCSA	1:02.21	_____
3	Ach Rhys, Esyllt	14	NofioGwynedd	1:01.60	_____
4	Teggarty-Sparks, Ida	13	Teddington	1:01.54	_____
5	Hill, Emma	13	Teddington	1:01.60	_____
6	Sweet-Roberts, Pip	12	Torfaen D	1:01.87	_____
7	Galdes Cutting, Daisy	13	Pembs Cty	1:02.30	_____
8	Thomas, Serenity	14	Conwy	1:02.60	_____

Heat 5 of 11 Prelims

1	Kugeler, Emma	15	Mt Kelly	1:01.14	_____
2	Givvons, Imogen	14	Co Newport	1:00.80	_____
3	Hernandez Taylor, Ivy	15	Hackney	1:00.80	_____
4	Robinson, Scarlett	16	Copeland	1:00.58	_____
5	Russell, Emilia	14	Kingston Roy	1:00.58	_____
6	Darby, Daisy	16	Teddington	1:00.80	_____
7	Deakin, Ellena	16	Teddington	1:00.84	_____
8	Marshall, Ffion	14	Co Cardiff	1:01.41	_____

Heat 6 of 11 Prelims

1	Morgan, Carys	16	Millfield	1:00.50	_____
2	James, Grace	15	Bridgend Cty	1:00.50	_____
3	Crumpler, Ellie	16	S Bournem'th	1:00.31	_____
4	Jones, Maisie	14	Co Cardiff	59.90	_____
5	Geach, Libbie	15	Neath	1:00.25	_____
6	%Williams, Rose S14	16	Co Cardiff	1:00.40	_____
7	Schumm, Libby	15	Torfaen D	1:00.50	_____
8	King, Marley	16	Penyrheol	1:00.50	_____

Heat 7 of 11 Prelims

1	Vellaud, Hermance	15	Mt Kelly	59.79	_____
2	Johnson, Erin	15	Nuneaton	59.70	_____
3	Neumann, Eva	14	Mt Kelly	59.60	_____
4	Dacey, Mollie	16	Co Cardiff	59.57	_____
5	Hall, Emily	14	Warrington W	59.59	_____
6	Tucker, Holly	16	Swansea Aq	59.70	_____
7	De Torres, Rebecca	20	Co Cardiff	59.76	_____
8	Nichols, Grace	14	Pembs Cty	59.81	_____

Heat 8 of 11 Prelims

1	Dwyfor-Clark, Efa	15	NofioGwynedd	59.50	_____
2	Wheeler, Oriana	19	Swansea Uni	59.30	_____
3	Kroenert, Viktoria	17	Mt Kelly	58.80	_____
4	Willis, Hannah	19	Swansea Uni	58.74	_____
5	Grant, Lucy	17	Co Newport	58.77	_____
6	Boyle, Felicity	18	Mt Kelly	59.01	_____
7	Lush, Emily	22	Swansea Uni	59.30	_____
8	Rautenbach, Tallulah	14	EllesmereCSA	59.50	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 1 (Warmup 7.45 - 8.45)

Heat 9 Prelims (#106 Female 12 & Over 100 SC Meter Freestyle)

1	Sherrard, Emme	15	Torfaen D	58.60	_____
2	Humphreys, Ffion	16	NofioGwynedd	57.97	_____
3	Dickinson, Jessica	19	Swansea Uni	56.95	_____
4	Broder, Libby	18	Co Cardiff	55.20	_____
5	Major, Scarlet	21	Swansea Uni	56.39	_____
6	Winstanley, Elin	15	Co Hereford	57.69	_____
7	Spence, Emilia	13	Co Birm'ham	58.50	_____
8	Evans, Gwenllian	15	Co Cardiff	58.70	_____

Heat 10 of 11 Prelims

1	Anderson, Rosalie	14	Co Cardiff	58.60	_____
2	Crawley, Abigail	19	Swansea Uni	57.79	_____
3	Croke, Carys	17	Torfaen D	56.94	_____
4	Sutton, Rebecca	23	Swansea Uni	54.60	_____
5	Jones, Isabella	19	Nofio S Gar	55.99	_____
6	Donovan, Kelsey	19	Bath Univ	57.20	_____
7	Claxton, Autum	13	Mt Kelly	58.30	_____
8	Stokes, Aimee	20	Swansea Uni	58.68	_____

Heat 11 of 11 Prelims

1	Powell, Kirsten	19	Birm'ham Uni	58.50	_____
2	Davies, Megan	19	Swansea Uni	57.70	_____
3	Fox, Honor	17	Co Cardiff	56.90	_____
4	Taylor, Theodora	15	Torfaen D	53.70	_____
5	Woodcock, Hannah	20	Swansea Uni	55.85	_____
6	Beynon, Annaliese	24	Co Cardiff	57.15	_____
7	Patterson, Millie	18	Swansea Uni	58.30	_____
8	Griffiths, Cerys	14	Pembs Cty	58.60	_____

Event 107 Men 12 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	Williams, Owen	15	Mt Kelly	2:07.61	_____
2	Vong, Joshua	14	Co Newport	2:07.25	_____
3	Wilson, Aidan	15	Conwy	2:06.76	_____
4	Cavill, Jack	14	Co Cardiff	2:05.89	_____
5	Roberts, Daniel	14	Billingham	2:06.40	_____
6	Williams, Thomas	14	Nofio S Gar	2:06.88	_____
7	Platts, Samuel	15	Mt Kelly	2:07.56	_____
8	Davey, Oliver	15	Mt Kelly	2:08.10	_____

Heat 2 of 10 Prelims

1	Foster, Henry	15	Redditch	2:05.17	_____
2	Adams, Fynn	15	Teddington	2:05.00	_____
3	Vinh, Joshua	15	Co Newport	2:04.70	_____
4	Jenkins, Oliver	14	S Bournem'th	2:04.40	_____
5	Zaharewicz, Rowan	16	Teddington	2:04.60	_____
6	Passos, Rafael	15	Nuneaton	2:04.90	_____
7	Deacon, Cameron	14	Co Cardiff	2:05.14	_____
8	Evans, Oscar	15	Co Hereford	2:05.81	_____

Heat 3 of 10 Prelims

1	Brown, Layton	16	Nuneaton	2:03.71	_____
2	Lessard, Gael	16	Hackney	2:03.51	_____
3	Bie, Alfie	16	Nofio Clwyd	2:03.40	_____
4	Lembac, Razvan	17	Mt Kelly	2:02.17	_____
5	Davies, Iwan	16	Co Cardiff	2:02.31	_____
6	Fletcher, Miles	14	Co Cardiff	2:03.40	_____
7	Park, Reggie Samuel	14	Holywell	2:03.61	_____
8	Hewitt, Archie	14	Torfaen D	2:04.06	_____

Heat 4 of 10 Prelims

1	Willis, Kofi	15	Co Cardiff	2:01.50	_____
2	Powell, Zachary	16	TauntonDeane	2:01.30	_____
3	Major, Maximus	14	Co Newport	2:00.90	_____
4	Thomas, Lucas	16	Conwy	2:00.40	_____
5	Davies, William	17	Co Newport	2:00.57	_____
6	Holland, Tyler	16	EllesmereCSA	2:01.20	_____
7	Magelinskas, Juozas	17	Mt Kelly	2:01.45	_____
8	Urban, Michal	16	Mt Kelly	2:02.12	_____

Heat 5 of 10 Prelims

1	Rescigno, Alberto	17	EllesmereCSA	2:00.20	_____
2	Morgan, Lewis	17	Bridgend Cty	1:59.70	_____
3	Walker, Freddie	16	Gloucester	1:59.20	_____
4	Davis, Benjamin	17	Mt Kelly	1:58.74	_____
5	Bruntlett, Theo	15	Nuneaton	1:58.99	_____
6	Haines, Thomas	16	Co Cardiff	1:59.30	_____
7	Silverstone, Solomon	15	Pembs Cty	2:00.02	_____
8	Charman, George	18	Millfield	2:00.20	_____

Heat 6 of 10 Prelims

1	Cressey-Rodgers, Ioan	19	Nofio S Gar	1:58.30	_____
2	Jasinski, Hubert	17	Co Newport	1:58.10	_____
3	Edwards, Dion	17	NofioGwynedd	1:57.73	_____
4	Gaughan, Luke	17	Billingham	1:57.57	_____
5	Dade, Oliver	19	Bath Univ	1:57.62	_____
6	Ellis-Sixsmith, Ethan	21	Nofio Clwyd	1:57.92	_____
7	Twigger, Owen	15	Swansea Aq	1:58.20	_____
8	Keers, Jack	15	Teddington	1:58.60	_____

Heat 7 of 10 Prelims

1	Burton, Luke	21	Swansea Uni	1:56.73	_____
2	McCarthy, Benedict	15	Co Cardiff	1:56.70	_____
3	Darbey, Rhys	17	Nofio Clwyd	1:56.10	_____
4	Burton, Matt	23	Swansea Uni	1:55.41	_____
5	Prysor, Sami	17	EllesmereCSA	1:55.89	_____
6	McKean, Angus	17	Mt Kelly	1:56.43	_____
7	Ellis-Sixsmith, Lucas	17	Nofio Clwyd	1:56.73	_____
8	Pugh, Morgan	17	Torfaen D	1:57.57	_____

Heat 8 of 10 Prelims

1	Galant Draysey, Lucas	16	Teddington	1:54.21	_____
2	Trebilcock, Thomas	21	Swansea Uni	1:52.10	_____
3	Staines, Luca	20	Swansea Uni	1:50.91	_____
4	Rawes, Sebastian	20	Swansea Uni	1:49.27	_____
5	Gillett, Oliver	17	Swansea Aq	1:50.10	_____
6	Gallagher, Dylan	21	Swansea Uni	1:51.53	_____
7	Davies, Evan	18	Co Cardiff	1:53.04	_____
8	%Broom, Dylan S14	22	Swansea Uni	1:55.30	_____

Heat 9 of 10 Prelims

1	Ryan, Samuel	18	Swansea Uni	1:54.20	_____
2	Burns, Harry	19	Bath Univ	1:51.80	_____
3	Geysen-Holley, Max	19	Co Cardiff	1:50.51	_____
4	Williams, Josh	22	Swansea Uni	1:46.79	_____
5	Lee, Jacob	18	Swansea Uni	1:50.06	_____
6	Braddock, Patrick	20	Swansea Uni	1:51.50	_____
7	Bamborough, Jack	16	Co Cardiff	1:52.30	_____
8	Owen, Vinnie	16	Co Cardiff	1:54.73	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024**Meet Program - Session 1 (Warmup 7.45 - 8.45)****Heat 10 Prelims (#107 Men 12 & Over 200 SC Meter Freestyle)**

1	James, Tristyn	18	Bridgend Cty	1:53.70	_____
2	Armon, Jacob	21	Swansea Uni	1:51.74	_____
3	Potter, Nathan	19	Bath Univ	1:50.50	_____
4	Jones, Dan	28	Swansea Uni	1:45.60	_____
5	O'Brien, Joshua	19	Co Cardiff	1:49.60	_____
6	Docking-Smith, Frankie	20	Swansea Uni	1:51.20	_____
7	Adams, Max	20	Swansea Uni	1:52.30	_____
8	Nerushenko, Valeriy	19	Swansea Uni	1:54.60	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 2 (Warmup 11.35 - 12.35)

Event 101S Men 12 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1				—
2				—
3	Batcup, Oliver	12	Swansea Aq	40.99
4	Clarander, William	12	Co Cardiff	40.90
5	Rodrigues Martins, F	12	Okehampton	40.90
6	Smith, Jacob	12	Haverfordwes	41.56
7				—
8				—

Heat 2 of 5 Prelims

1	Thomas, Wilf	12	Aberystwyth	40.50
2	Marques-Jones, Felix	12	Nofio S Gar	40.45
3	Wynne, Jasper	12	Royal Wolv	39.50
4	Woodrow, Leo	13	TauntonDeane	39.00
5	Rowntree, Tom	13	Co Hereford	39.02
6	Winzor, Oliver	12	Royal Wolv	39.80
7	Costello, Triston	12	Nuneaton	40.47
8	Fogarty, Oliver	12	Pembs Cty	40.82

Heat 3 of 5 Prelims

1	Sekula, Mateusz	13	NexusValleys	38.31
2	Volausek, Noah	13	Co Cardiff	36.47
3	Catchpole, Charlie	13	Anaconda	35.70
4	Stuart-Lavender, Jac	14	Nofio S Gar	34.84
5	Murphy, Heath	13	Nuneaton	35.52
6	Mathieson, Edward	14	Mt Kelly	36.06
7	Price-Clishem, Dyfan	13	NofioGwynedd	37.30
8	Williams, Sion	13	Nofio Bangor	38.73

Heat 4 of 5 Prelims

1	Short, Harley	13	Mt Kelly	38.14
2	Taylor, Nicholas	13	Torfaen D	36.40
3	Hewitt, Archie	14	Torfaen D	35.66
4	Miles, Harry	14	Co Cardiff	34.68
5	Castillo, Airam	13	Co Cardiff	35.30
6	Lovell, Logan	13	Swindon Dolp	35.80
7	Jones, Noah	13	Torfaen D	36.78
8	Spruce, Noah	13	AbingdonVale	38.70

Heat 5 of 5 Prelims

1	Greenwalker, Wilfred	12	Teddington	37.80
2	Giles, Brodie	14	Bridgend SC	36.10
3	Weiland, Lennart	13	Teddington	35.60
4	Braine, Tobias	14	Mt Kelly	34.43
5	Bartram, Solomon	14	Bridgend Cty	35.10
6	Hernandez Taylor, Boaz	13	Hackney	35.71
7	Csoban, Benjamin	13	Co Newport	36.50
8	Miguel-Easter, Ruben	13	Mt Kelly	38.62

Event 102S Female 12 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1				—
2				—
3	%Trevor, Caitlin SB14	21	Kingston Roy	52.00
4	Wilde, Ayla	12	NexusValleys	42.34
5	%Soffe, Bronwyn SB9	12	Co Newport/12, +	46.50
6				—
7				—
8				—

Heat 2 of 6 Prelims

1	Pitt, Seren	12	Co Cardiff	42.10
2	Roberts, Rosie	12	Torfaen D	41.82
3	%Willis, Meghan SB9	17	Torfaen D/1, 3, 5	41.57
4	Evans, Cadi	12	Swansea Aq	41.31
5	Morgan-Basini, Ruby-May	12	Merthyr Tydf	41.33
6	Summerfield, Lucy	12	Nofio S Gar	41.58
7	Davies, Indie	12	Co Newport	41.98
8				—

Heat 3 of 6 Prelims

1	Williams, Leah	13	NofioGwynedd	40.90
2	Dash, Amelie	13	Pembs Cty	40.80
3	Hughes, Tirion	13	Swansea Aq	40.32
4	Kinnaird, Darcy	12	Co Cardiff	40.20
5	King, Philippa	12	Brixham	40.30
6	Duggan, Grace	13	Rct Squad	40.72
7	Byron-Daniel, Matilda	13	Co Hereford	40.88
8	Van Zyl, Kiara	12	Co Cardiff	41.03

Heat 4 of 6 Prelims

1	Lee, Seol Lucy	12	Co Cardiff	39.93
2	Davies, Macy	12	Torfaen D	39.30
3	McNamara, Imogen	14	Co Cardiff	38.35
4	Bates, Molly	13	Wrexham	37.90
5	Davies, Sophia	12	Co Cardiff	38.00
6	Szymanska, Julia	13	Nuneaton	38.60
7	Nazar, Antonia	13	Anaconda	39.64
8	Mustey, Elizabeth	13	Monnow	40.14

Heat 5 of 6 Prelims

1	Khinda, India	13	Teddington	39.92
2	Lewis-Jones, Idele	13	Wrexham	39.11
3	Bozic, Sara	12	Hackney	38.27
4	Dearden, Harriet	14	Nuneaton	37.80
5	Davies, Isabella	13	Nofio S Gar	37.99
6	Jones, Isabella	14	Bridgend Cty	38.50
7	Madra, Victoria	13	Wrexham	39.40
8	Williams, Lili	13	Rct Squad	40.11

Heat 6 of 6 Prelims

1	Henderson, Darcy	12	Dinnaton	39.70
2	Patterson, Hollie	13	Nofio S Gar	39.01
3	Knight, Lily	14	Swansea Aq	38.10
4	Reasons, Darcy	12	Torfaen D	37.76
5	Devin, Erin	14	Wrexham	37.96
6	Young, Lily	13	Chirk	38.50
7	Humphreys, Niamh	13	Royal Wolv	39.34
8	Hall, Isabelle	13	Pembs Cty	40.00

Event 103S Men 12 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

1				—
2	Hughes, Freddy	12	NexusValleys	5:55.92
3	Timbrell, George	13	Co Newport	5:44.18
4	Hayward, Harry	13	Nuneaton	5:35.10
5	Jones, Spencer	12	Wrexham	5:38.00
6	Zaharewicz, Rhys	13	Teddington	5:48.20
7				—
8				—

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 2 (Warmup 11.35 - 12.35)

Heat 2 Prelims (#103S Men 12 & Over 400 SC Meter IM)

1					
2	Short, Harley	13	Mt Kelly	5:49.70	
3	Staskus, Daniel	12	Teddington	5:40.10	
4	Payne, Sebastian	13	Droitwich	5:30.80	
5	Weiland, Lennart	13	Teddington	5:35.20	
6	Garnham, Sebastian	12	Teddington	5:44.20	
7	Lawrence, Nicholas	12	Nuneaton	6:09.79	
8					

Event 104S Female 12 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1					
2					
3	Davies, Indie	12	Co Newport	2:56.71	
4	Jones, Jessica	12	Rct Squad	2:56.30	
5	Morris, Ffion	12	Pembs Cty	2:56.49	
6	Price, Seren-Louise	12	Nofio S Gar	2:56.80	
7					
8					

Heat 2 of 6 Prelims

1	Custer, Bronte	12	Chase	2:55.82	
2	Urbanska, Maya	12	Nuneaton	2:54.93	
3	Van Zyl, Kiara	12	Co Cardiff	2:54.60	
4	Jones, Cadi	12	Co Cardiff	2:53.55	
5	McDonough, May	12	Torquay	2:54.11	
6	Gettins, Bethan	12	Co Newport	2:54.91	
7	Pinnock, Betsan	12	Swansea Aq	2:55.55	
8	Francis, Molly	12	Newtown	2:55.92	

Heat 3 of 6 Prelims

1	Olszewska, Maya	12	Co Newport	2:51.78	
2	Chauhan, Amber	12	Nofio Bangor	2:51.46	
3	Morgan, Millie	12	Teddington	2:50.55	
4	Williams, Poppy	13	Nofio Bangor	2:49.90	
5	Simons, Georgia	13	Anaconda	2:50.11	
6	Williams, Gwenno	13	NofioGwynedd	2:50.96	
7	Pawlowski, Isabelle	12	Corby	2:51.50	
8	Williams, Daisy	12	Nofio Bangor	2:53.19	

Heat 4 of 6 Prelims

1	Roberts, Phoebe	12	Conwy	2:48.78	
2	Fordham, Freya	12	Co Newport	2:47.48	
3	Alsop, Maddison	13	Nuneaton	2:44.64	
4	Eyre, Gracie	12	Co Cardiff	2:40.72	
5	Williams, Lili	13	Rct Squad	2:43.25	
6	Davies, Isabella	13	Nofio S Gar	2:45.39	
7	Williams, Leah	13	NofioGwynedd	2:48.06	
8	Roberts, Bethan	12	Wrexham	2:49.87	

Heat 5 of 6 Prelims

1	McCavish, Cara	13	Farnham	2:48.47	
2	Jones, Aimee	12	Newton Abbot	2:45.79	
3	Thurston, Rene	13	Newtown	2:44.46	
4	Cox, Isabelle	14	Co Cardiff	2:40.07	
5	McFarlane, Una	13	Pembs Cty	2:42.20	
6	Thomas-Owen, Efa	12	NofioGwynedd	2:44.88	
7	Scales, Eve	12	EllesmereCSA	2:47.66	
8	Khinda, India	13	Teddington	2:49.83	

Heat 6 of 6 Prelims

1	Jones, Efa	13	Co Cardiff	2:48.43	
2	Jenkins, Elli	13	Swansea Aq	2:45.67	
3	Jasper, Lily	12	Co Cardiff	2:43.96	
4	Hughes, Nel	13	NofioGwynedd	2:39.83	
5	Williams, Paige	12	Swansea Aq	2:40.83	
6	West, Ffion	12	Nuneaton	2:44.76	
7	Ryan, Mia	13	Rct Squad	2:47.64	
8	Davies, Macy	12	Torfaen D	2:48.83	

Event 105S Men 12 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1					
2	%Hobbs, Alex S7	19	Swansea Uni	1:27.36	
3	Chalk, Alistair	12	Co Newport	1:19.08	
4	Wright, Jack	12	Teddington	1:18.84	
5	Morgan, Josh	12	Co Newport	1:18.93	
6	%O'Reilly, McKenzie S8	15	Torfaen D/A, 12+	1:26.00	
7					
8					

Heat 2 of 4 Prelims

1	Hughes, Freddy	12	NexusValleys	1:17.87	
2	Perrins, Taylor	12	Royal Wolv	1:14.76	
3	Taylor, Nicholas	13	Torfaen D	1:12.27	
4	Linge, Reece	13	EllesmereCSA	1:09.47	
5	Staskus, Daniel	12	Teddington	1:10.37	
6	Davies, Ellis	13	Nofio S Gar	1:13.65	
7	Samuel, Jake	13	Merthyr Tydf	1:15.08	
8	Tinsley, Vincent	12	Nuneaton	1:18.83	

Heat 3 of 4 Prelims

1	Winzor, Oliver	12	Royal Wolv	1:17.40	
2	Noden, Rory	12	Pembs Cty	1:14.58	
3	Hamer, Joe	13	Co Hereford	1:11.15	
4	Harwood, Jack	13	Pembs Cty	1:09.42	
5	Woodrow, Leo	13	TauntonDeane	1:09.93	
6	Miguel-Easter, Ruben	13	Mt Kelly	1:13.29	
7	Hayward, Harry	13	Nuneaton	1:15.03	
8	Palmer, Oliver	12	Dinnaton	1:18.75	

Heat 4 of 4 Prelims

1	Garnham, Sebastian	12	Teddington	1:16.69	
2	Iffland, Noah	13	Anaconda	1:14.12	
3	Guest, James	13	Royal Wolv	1:10.65	
4	King, Ethan	12	Penyrheol	1:09.09	
5	Gregory, Jaiden	13	Co Cardiff	1:09.49	
6	Bastyan, Tobias-Luke	13	Torfaen D	1:13.10	
7	Waters, Toby	13	Swansea Aq	1:14.98	
8	Alder, Thomas	12	Mt Kelly	1:18.35	

Event 106S Female 12 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

1					
2					
3	%Philpott, Lowri S14	13	Nofio S Gar	1:34.62	
4	Summerfield, Lucy	12	Nofio S Gar	1:10.64	
5	%Rice, Lily S8	20	Pembs Cty/A 12+	1:11.62	
6	%Trevor, Caitlin S14	21	Kingston Roy	1:35.59	
7					
8					

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 2 (Warmup 11.35 - 12.35)

Heat 2 Prelims (#106S Female 12 & Over 100 SC Meter Freestyle)

1	Scales, Eve	12	EllesmereCSA	1:10.61	_____
2	Jones, Lola-Grace	12	Torfaen D	1:09.70	_____
3	Gettins, Bethan	12	Co Newport	1:09.62	_____
4	Olszewska, Maya	12	Co Newport	1:09.07	_____
5	West, Ffion	12	Nuneaton	1:09.21	_____
6	Munslow, Seren	12	Monnow	1:09.70	_____
7	Mitrjaikina, Kerly	12	Swansea Aq	1:10.50	_____
8	Williams, Layla	12	Newtown	1:10.62	_____

Heat 3 of 8 Prelims

1	Jasper, Lily	12	Co Cardiff	1:08.79	_____
2	Thomas-Owen, Efa	12	NofioGwynedd	1:08.50	_____
3	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	1:08.05	_____
4	Hall, Ellena	13	Pembs Cty	1:07.90	_____
5	Morgan-Basini, Ruby-May	12	Merthyr Tydf	1:07.94	_____
6	Bereznicki, Lilly	12	Mt Kelly	1:08.46	_____
7	Fordham, Freya	12	Co Newport	1:08.56	_____
8	Van Zyl, Kiara	12	Co Cardiff	1:08.90	_____

Heat 4 of 8 Prelims

1	Surowaniec, Agatha	13	Co Hereford	1:07.83	_____
2	Lee, Seol Lucy	12	Co Cardiff	1:07.80	_____
3	Davies, Isabella	13	Nofio S Gar	1:07.49	_____
4	Layland, Seren	13	Penyrheol	1:07.42	_____
5	McCoole-Jones, Elen	13	Ruthin	1:07.42	_____
6	Smith, Sophie	13	Nuneaton	1:07.76	_____
7	Goodman, Evie	13	Swansea Aq	1:07.81	_____
8	Williams, Gwenno	13	NofioGwynedd	1:07.89	_____

Heat 5 of 8 Prelims

1	Jones Churm, Nel	13	NofioGwynedd	1:07.39	_____
2	Thurston, Rene	13	Newtown	1:07.19	_____
3	Cater, Laila	13	Dinnaton	1:06.74	_____
4	McFarlane, Una	13	Pembs Cty	1:06.60	_____
5	Davies, Sophia	12	Co Cardiff	1:06.73	_____
6	Alsop, Maddison	13	Nuneaton	1:07.04	_____
7	Mustey, Elizabeth	13	Monnow	1:07.25	_____
8	Williams, Poppy	13	Nofio Bangor	1:07.40	_____

Heat 6 of 8 Prelims

1	%French, Eva S10	17	Nuneaton/1, 3, 5	1:06.39	_____
2	Byron-Daniel, Matilda	13	Co Hereford	1:06.07	_____
3	Humphreys, Niamh	13	Royal Wolv	1:05.65	_____
4	McNamara, Imogen	14	Co Cardiff	1:04.60	_____
5	Fowler, Maisie	13	Rct Squad	1:05.10	_____
6	Pitt, Seren	12	Co Cardiff	1:05.90	_____
7	Innocent-Woodman, A	13	Co Cardiff	1:06.24	_____
8	Meenagh, Mai Van	12	Co Cardiff	1:06.54	_____

Heat 7 of 8 Prelims

1	Gordon, Mabli	13	Co Cardiff	1:06.38	_____
2	Morgan, Evelyn	13	Nofio S Gar	1:05.99	_____
3	Bissicks, Cari	13	Neath	1:05.44	_____
4	Chillingworth, Sienna	14	Mt Kelly	1:04.59	_____
5	Lewis, Harriet	12	Co Cardiff	1:04.70	_____
6	Mellor, Medi	12	Nofio Bangor	1:05.80	_____
7	Duggan, Ella	13	Rct Squad	1:06.23	_____
8	Jones, Hunydd	13	Nofio S Gar	1:06.53	_____

Heat 8 of 8 Prelims

1	McQuaid, Maria	13	Co Cardiff	1:06.30	_____
2	Dowling, Abigail	13	Co Cardiff	1:05.98	_____
3	Atkins, Amelia	13	Holywell	1:05.33	_____
4	Black, Caitlin	14	Billingham	1:04.59	_____
5	Fowkes, Amelia	13	Royal Wolv	1:04.67	_____
6	%Willis, Meghan S9	17	Torfaen D/1, 3, 5	1:05.70	_____
7	Sedgemore, Lola	12	Neath	1:06.22	_____
8	Bozic, Sara	12	Hackney	1:06.45	_____

Event 107S Men 12 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

1				
2				
3	Tinsley, Vincent	12	Nuneaton	2:31.70
4	Neimanis-Kosarevs, D	12	Nuneaton	2:30.42
5	Morgan, Josh	12	Co Newport	2:30.55
6				
7				
8				

Heat 2 of 8 Prelims

1				
2	Bancroft, Theo	12	Monnow	2:29.50
3	Chalk, Alistair	12	Co Newport	2:28.60
4	Hughes, Freddy	12	NexusValleys	2:27.60
5	Greenwalker, Wilfred	12	Teddington	2:27.75
6	McCullagh, Patrick	12	Holywell	2:28.78
7	Noden, Rory	12	Pembs Cty	2:29.67
8				

Heat 3 of 8 Prelims

1	Palmer, Evan	12	Torfaen D	2:26.28	_____
2	Perrins, Taylor	12	Royal Wolv	2:24.00	_____
3	Williams, Sion	13	Nofio Bangor	2:23.59	_____
4	Hayward, Harry	13	Nuneaton	2:22.27	_____
5	Matsiko, Jerome	13	Mt Kelly	2:22.81	_____
6	Samuel, Jake	13	Merthyr Tydf	2:23.65	_____
7	Jones, Spencer	12	Wrexham	2:24.10	_____
8	Winzor, Oliver	12	Royal Wolv	2:27.00	_____

Heat 4 of 8 Prelims

1	Garnham, Sebastian	12	Teddington	2:20.73	_____
2	Spruce, Noah	13	AbingdonVale	2:20.55	_____
3	Han, Nathan	13	Kingston Roy	2:20.16	_____
4	Hernandez Taylor, Boaz	13	Hackney	2:18.73	_____
5	Mills, Thomas	13	Nofio S Gar	2:18.94	_____
6	Williams, Dylan	13	Wrexham	2:20.21	_____
7	Davies, Ellis	13	Nofio S Gar	2:20.69	_____
8	Miguel-Easter, Ruben	13	Mt Kelly	2:21.04	_____

Heat 5 of 8 Prelims

1	Bowles, Osian	13	Anaconda	2:18.51	_____
2	Weiland, Lennart	13	Teddington	2:18.06	_____
3	Iffland, Noah	13	Anaconda	2:17.55	_____
4	Harvey, Hugo	13	Co Cardiff	2:17.09	_____
5	Jones, Jayden	13	Caerphilly	2:17.18	_____
6	King, Ethan	12	Penyrheol	2:17.63	_____
7	Harwood, Jack	13	Pembs Cty	2:18.23	_____
8	Castillo, Airam	13	Co Cardiff	2:18.70	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 2 (Warmup 11.35 - 12.35)

Heat 6 Prelims (#107S Men 12 & Over 200 SC Meter Freestyle)

1	Woodrow, Leo	13	TauntonDeane	2:15.96	_____
2	Shiland-Griffiths, Enzo	14	NofioGwynedd	2:13.99	_____
3	Duggan, Elliot	13	Bridgend Cty	2:12.30	_____
4	Scholes, James	14	Haslemere	2:10.60	_____
5	Elmes, Max	13	Nofio S Gar	2:11.95	_____
6	Mathieson, Edward	14	Mt Kelly	2:12.81	_____
7	Braine, Tobias	14	Mt Kelly	2:14.48	_____
8	Zaharewicz, Rhys	13	Teddington	2:16.90	_____

Heat 7 of 8 Prelims

1	Payne, Sebastian	13	Droitwich	2:15.40	_____
2	Caldicott, Lewis	14	Co Newport	2:13.20	_____
3	Davies, Tom	14	Co Newport	2:12.06	_____
4	Godden, Finlay	14	Nuneaton	2:10.25	_____
5	Warman-Powell, Ioan	14	Torfaen D	2:11.40	_____
6	Guest, James	13	Royal Wolv	2:12.80	_____
7	Bartram, Solomon	14	Bridgend Cty	2:14.24	_____
8	Bastyan, Tobias-Luke	13	Torfaen D	2:16.55	_____

Heat 8 of 8 Prelims

1	Davies, Callum	13	Okehampton	2:14.70	_____
2	Duggan, Brandon	14	Co Cardiff	2:12.84	_____
3	Miles, Harry	14	Co Cardiff	2:12.03	_____
4	Morgan, Charlie	14	Teddington	2:10.10	_____
5	Staskus, Daniel	12	Teddington	2:10.64	_____
6	Burnell, Rory	13	Mt Kelly	2:12.60	_____
7	Murphy, Heath	13	Nuneaton	2:14.24	_____
8	Taylor, Nicholas	13	Torfaen D	2:16.41	_____

Event 108 Female 12 & Over 1500 SC Meter Freestyle

Fastest 8 swimmers will swim

in the FINALS session

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1				_____	
2				_____	
3	Hall, Ellena	13	Pembs Cty	20:08.70	_____
4	James, Josie Amy	14	Royal Wolv	19:28.70	_____
5	Morgan, Evelyn	13	Nofio S Gar	19:47.42	_____
6				_____	
7				_____	
8				_____	

Heat 2 of 4 Finals

1				_____	
2	Hill, Emma	13	Teddington	19:00.12	_____
3	Ward, Lois	13	Nuneaton	18:44.40	_____
4	Teggarty-Sparks, Ida	13	Teddington	18:38.69	_____
5	Burton, Chloe	15	Royal Wolv	18:43.03	_____
6	Taylor, Rebecca	14	Wrexham	18:52.43	_____
7	McCavish, Cara	13	Farnham	19:19.36	_____
8					_____

Heat 3 of 4 Finals

1	Phillips, Emma	14	Teddington	18:35.18	_____
2	Daniel, Megan	14	Caradon	18:30.90	_____
3	Iles, Jessica	14	Co Cardiff	18:19.16	_____
4	Deakin, Ellena	16	Teddington	18:02.99	_____
5	Mason, Eliza	13	EllesmereCSA	18:09.73	_____
6	Robinson, Scarlett	16	Copeland	18:27.35	_____
7	Philpott, Ffion	15	Nofio S Gar	18:32.69	_____
8	Galdes Cutting, Daisy	13	Pembs Cty	18:36.57	_____

Heat 4 of 4 Finals - Swimming with Finals

1	Cumner, Megan	17	Mt Kelly	17:57.78	_____
2	Wiseman Lee, Thea	16	Teddington	17:53.12	_____
3	Mitchell, Abby	18	Swansea Uni	16:59.91	_____
4	John, Emilia	17	Co Cardiff	16:49.00	_____
5	Forwood, Emily	20	Swansea Uni	16:51.30	_____
6	Slinn, Esmee	15	EllesmereCSA	17:34.10	_____
7	Latimer-Hicks, Madelyn	20	Dinnaton	17:56.34	_____
8	Kugeler, Emma	15	Mt Kelly	17:59.45	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 3 (Warmup 3.35 - 4.35)

Event 108 Female 12 & Over 1500 SC Meter Freestyle				
Fastest 8 swimmers will swim in the FINALS session				
Lane	Name	Age	Team	Seed Time
Heat 4 of 4 Finals				
1	Cumner, Megan	17	Mt Kelly	17:57.78 ____
2	Wiseman Lee, Thea	16	Teddington	17:53.12 ____
3	Mitchell, Abby	18	Swansea Uni	16:59.91 ____
4	John, Emilia	17	Co Cardiff	16:49.00 ____
5	Forwood, Emily	20	Swansea Uni	16:51.30 ____
6	Slinn, Esmee	15	EllesmereCSA	17:34.10 ____
7	Latimer-Hicks, Madelyn	20	Dinnaton	17:56.34 ____
8	Kugeler, Emma	15	Mt Kelly	17:59.45 ____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Event 201 Female 12 & Over 50 SC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Prelims				
1	Atkins, Amelia	13	Holywell	32.47
2	Neumann, Erin	12	Mt Kelly	32.40
3	Kazmiruk, Anastasiia	13	Nofio S Gar	32.35
4	Burns, Freya	13	Nofio S Gar	32.28
5	Thompson, Pippa	14	Teddington	32.30
6	Givvons, Imogen	14	Co Newport	32.37
7	Bereznicki, Lilly	12	Mt Kelly	32.40
8	Linley-Shaw, Elsa	12	Mt Kelly	32.50
Heat 2 of 11 Prelims				
1	Kolev, Maiya	14	Kingston Roy	32.13
2	Sutton, Emily	13	NofioGwynedd	32.03
3	Lewis, Harriet	12	Co Cardiff	31.90
4	Andrews, Bella	14	Co Newport	31.70
5	Rautenbach, Tallulah	14	EllesmereCSA	31.85
6	Williams, Poppy	13	Nofio Bangor	31.90
7	Duggan, Grace	13	Rct Squad	32.10
8	Thomas, Manisha	12	Anaconda	32.21
Heat 3 of 11 Prelims				
1	Williams, Cari	15	Nofio Bangor	31.62
2	Kugeler, Emma	15	Mt Kelly	31.58
3	Spence, Emilia	13	Co Birm'ham	31.50
4	Correa-Garma, Letizia	13	Millfield	31.50
5	Chillingworth, Sienna	14	Mt Kelly	31.50
6	Gerrard, Amelia	15	Co Liverpool	31.52
7	Gregory, India	12	Mt Kelly	31.60
8	Russell, Emilia	14	Kingston Roy	31.62
Heat 4 of 11 Prelims				
1	Griffiths, Cerys	14	Pembs Cty	31.23
2	James, Grace	15	Bridgend Cty	31.10
3	James, Josie Amy	14	Royal Wolv	30.90
4	Fitzgerald, Mali	14	Bridgend Cty	30.88
5	Hughes, Nel	13	NofioGwynedd	30.90
6	Flanagan, Evelyn	14	Co Liverpool	31.00
7	Hughes-Rolls, Ava	15	Torfaen D	31.20
8	Bissicks, Cari	13	Neath	31.27
Heat 5 of 11 Prelims				
1	Gibbs, Harriet	16	Nofio S Gar	30.81
2	Roberts, Mali	14	NofioGwynedd	30.80
3	Martin, Lara	16	Bridgend Cty	30.70
4	Cust, Ciara	17	Conwy	30.60
5	Sweet-Roberts, Pip	12	Torfaen D	30.64
6	Jones, Martha	15	Conwy	30.70
7	Claxton, Autum	13	Mt Kelly	30.80
8	Coffey, Cora-Leigh	14	Neath	30.85
Heat 6 of 11 Prelims				
1	Ach Rhys, Esysllt	14	NofioGwynedd	30.40
2	Hill, Emma	13	Teddington	30.30
3	Geach, Libbie	15	Neath	30.23
4	Salmon, Gwen	17	Rct Squad	30.16
5	Andrews, Joanne	14	Wrexham	30.20
6	Robinson, Scarlett	16	Copeland	30.26
7	O Callaghan, Faye	19	Co Cardiff	30.30
8	Handley, Evie	15	Exeter City	30.40

Heat 7 of 11 Prelims				
1	Hall, Emily	14	Warrington W	30.06
2	Matthews, Elin	14	Co Cardiff	29.90
3	Nichols, Grace	14	Pembs Cty	29.80
4	Smart, Charlotte	17	Swansea Aq	29.80
5	Johnson, Erin	15	Nuneaton	29.80
6	Hadlington, Libby	14	Royal Wolv	29.90
7	Tucker, Holly	16	Swansea Aq	30.00
8	Davies, Rachel	19	Swansea Uni	30.10
Heat 8 of 11 Prelims				
1	Blanch, Janelle Ashley	17	Cirencester	29.63
2	Cranch, Molly	21	Swansea Uni	29.50
3	Hunter, Olivia	20	Swansea Uni	29.44
4	Hudson, Victoria	15	Mt Kelly	29.40
5	Crawley, Abigail	19	Swansea Uni	29.40
6	Vellaud, Hermance	15	Mt Kelly	29.50
7	Jones, Maisie	14	Co Cardiff	29.60
8	Butcher, Katherine	20	Swansea Uni	29.70
Heat 9 of 11 Prelims				
1	Daniel, Megan	14	Caradon	29.20
2	Deakin, Ellena	16	Teddington	28.90
3	Morgan, Isabel	20	Co Cardiff	28.10
4	Pease, Georgia	22	Bath Univ	27.50
5	Rose, Katie	18	Swansea Uni	27.90
6	Dewsbury, Daisy	19	Swansea Uni	28.53
7	De Torres, Rebecca	20	Co Cardiff	28.94
8	Boyle, Felicity	18	Mt Kelly	29.30
Heat 10 of 11 Prelims				
1	Cull, Harriett	17	Co Cardiff	29.20
2	Mortimer, Constance	19	Swansea Uni	28.90
3	Jones, Isabella	19	Nofio S Gar	27.91
4	Sutton, Rebecca	23	Swansea Uni	26.90
5	Beynon, Annaliese	24	Co Cardiff	27.80
6	Roberts, Catherine Elin	21	Swansea Uni	28.42
7	Davis, Bethan	19	Swansea Uni	28.90
8	Schumm, Libby	15	Torfaen D	29.30
Heat 11 of 11 Prelims				
1	Rees, Katie	26	Swansea Uni	29.20
2	Lee, Edith	14	Co Cardiff	28.58
3	Grant, Lucy	17	Co Newport	27.90
4	Taylor, Theodora	15	Torfaen D	26.30
5	Woodcock, Hannah	20	Swansea Uni	27.63
6	Donovan, Kelsey	19	Bath Univ	28.40
7	Dwyfor-Clark, Efa	15	NofioGwynedd	28.90
8	Humphreys, Ffion	16	NofioGwynedd	29.22

Event 202 Men 12 & Over 50 SC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Prelims				
1	Atherton, Morgan	15	Nuneaton	29.30
2	Lazizi, Rassim	15	Hackney	29.10
3	Winpenny, Alfie	14	Teddington	28.90
4	Hewitt, Archie	14	Torfaen D	28.60
5	Kelly, Lewis	15	Okehampton	28.70
6	Park, Reggie Samuel	14	Holywell	29.06
7	Obatoyinbo, Kashope	14	Mt Kelly	29.23
8	Meilleur, Elliot	14	NofioGwynedd	29.30

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Heat 2 Prelims (#202 Men 12 & Over 50 SC Meter Butterfly)

1	Bie, Alfie	16	Nofio Clwyd	28.34	_____
2	Spinks, Owen	16	Torfaen D	28.05	_____
3	Davey, Oliver	15	Mt Kelly	28.00	_____
4	Montgomery, Samuel	16	Pembs Cty	27.80	_____
5	Bie, Addison	17	Nofio Clwyd	27.99	_____
6	Leonard, Ewan	15	Conwy	28.00	_____
7	Mathieson, Edward	14	Mt Kelly	28.30	_____
8	Chapman, Coby	15	Penyrheol	28.60	_____

Heat 3 of 9 Prelims

1	Watkins, William	16	Bridgend SC	27.70	_____
2	West, Dexter	15	Pembs Cty	27.68	_____
3	Owen, Vinnie	16	Co Cardiff	27.55	_____
4	Deacon, Cameron	14	Co Cardiff	27.40	_____
5	Galant Draysey, Lucas	16	Teddington	27.40	_____
6	Wu, Kevin	20	Swansea Uni	27.68	_____
7	Rixon, Oliver	16	Co Newport	27.70	_____
8	Upton-Boorman, Liam	17	Nofio S Gar	27.77	_____

Heat 4 of 9 Prelims

1	Southwood, Charlie	17	Torfaen D	27.30	_____
2	Gjoka, Ilir	18	Mt Kelly	27.20	_____
3	Major, Maximus	14	Co Newport	27.10	_____
4	Rescigno, Alberto	17	EllesmereCSA	27.00	_____
5	Ellis-Sixsmith, Lucas	17	Nofio Clwyd	27.01	_____
6	Kershaw, Harvey	14	Mt Kelly	27.20	_____
7	Grenardo, Sebastian	15	Okehampton	27.27	_____
8	Caddy, Alexander	17	Caradon	27.30	_____

Heat 5 of 9 Prelims

1	Bebb, Lewis	17	Newtown	26.98	_____
2	Jasinski, Hubert	17	Co Newport	26.80	_____
3	Corani, Kalaum	20	Swansea Uni	26.70	_____
4	Thomas, Lucas	16	Conwy	26.60	_____
5	Silverstone, Solomon	15	Pembs Cty	26.67	_____
6	Gaughan, Luke	17	Billingham	26.80	_____
7	Prysor, Sami	17	EllesmereCSA	26.90	_____
8	Allpress, Ethan	18	Ulverston	27.00	_____

Heat 6 of 9 Prelims

1	Darbey, Rhys	17	Nofio Clwyd	26.51	_____
2	Preece, Toby	17	Bridgend Cty	26.50	_____
3	Pugh, Morgan	17	Torfaen D	26.20	_____
4	Blazej, Ivan	17	Mt Kelly	26.10	_____
5	Holland, Tyler	16	EllesmereCSA	26.20	_____
6	Linehan, Oliver	15	Kingston Roy	26.20	_____
7	Cressey-Rodgers, Ioan	19	Nofio S Gar	26.50	_____
8	Wright, Ethan	22	Nofio Bangor	26.56	_____

Heat 7 of 9 Prelims

1	McCarthy, Benedict	15	Co Cardiff	25.80	_____
2	Docking-Smith, Frankie	20	Swansea Uni	25.04	_____
3	Murray, Ross	19	Swansea Uni	24.80	_____
4	Anderson, Maxwell	19	Co Cardiff	24.00	_____
5	Karpisz, Bartek	31	Co Bristol	24.43	_____
6	James, Tristyn	18	Bridgend Cty	24.90	_____
7	Young, Alex	17	Rhyl Dolphin	25.58	_____
8	Thomas, Rhys	19	Swansea Uni	26.00	_____

Heat 8 of 9 Prelims

1	Geysen-Holley, Max	19	Co Cardiff	25.60	_____
2	Larkin, Ryan	23	Swansea Uni	25.00	_____
3	Poole, Dexter	19	Swansea Uni	24.80	_____
4	Rawes, Sebastian	20	Swansea Uni	23.91	_____
5	Morgan-Hughes, Harry	19	Bath Univ	24.40	_____
6	Davies, Evan	18	Co Cardiff	24.84	_____
7	Dade, Oliver	19	Bath Univ	25.30	_____
8	Westwood, Owen	20	Swansea Uni	26.00	_____

Heat 9 of 9 Prelims

1	Lee, Ethan	18	Bath Univ	25.60	_____
2	Greenway, Morgan	21	Swansea Uni	25.00	_____
3	Rodriguez, Antonio	20	Swansea Uni	24.65	_____
4	Jones, Dan	28	Swansea Uni	23.13	_____
5	Edwards, Rhys	22	Swansea Uni	24.24	_____
6	Edwards, Dion	17	NofioGwynedd	24.80	_____
7	Johnstone, Daniel	17	Nofio S Gar	25.20	_____
8	Fowler, Joseph	18	Uni of Nott	26.00	_____

Event 203 Female 12 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1	Reed, Isabella	13	Co Cardiff	4:50.75	_____
2	Williams, Lucia	13	Kingston Roy	4:47.70	_____
3	Teggarty-Sparks, Ida	13	Teddington	4:47.50	_____
4	Beattie, Maisie	15	EllesmereCSA	4:46.10	_____
5	Givvons, Imogen	14	Co Newport	4:46.99	_____
6	Coles, Mya	14	Co Newport	4:47.70	_____
7	Neumann, Erin	12	Mt Kelly	4:49.21	_____
8	Ribeiro, Ariana	13	Co Cardiff	4:51.13	_____

Heat 2 of 6 Prelims

1	Philpott, Ffion	15	Nofio S Gar	4:45.70	_____
2	Roberts, Mali	14	NofioGwynedd	4:45.08	_____
3	Galdes Cutting, Daisy	13	Pembs Cty	4:44.30	_____
4	Thomas, Serenity	14	Conwy	4:43.54	_____
5	Russell, Emilia	14	Kingston Roy	4:43.97	_____
6	Ach Rhys, Esysllt	14	NofioGwynedd	4:44.52	_____
7	Burton, Chloe	15	Royal Wolv	4:45.20	_____
8	Devin, Erin	14	Wrexham	4:45.96	_____

Heat 3 of 6 Prelims

1	Spence, Emilia	13	Co Birm'ham	4:42.13	_____
2	Ward, Lois	13	Nuneaton	4:40.42	_____
3	Iles, Jessica	14	Co Cardiff	4:39.45	_____
4	Humphreys, Ffion	16	NofioGwynedd	4:36.00	_____
5	Deakin, Ellena	16	Teddington	4:37.04	_____
6	Neumann, Eva	14	Mt Kelly	4:39.93	_____
7	Sherrard, Alex	12	Torfaen D	4:40.91	_____
8	Mason, Eliza	13	EllesmereCSA	4:42.50	_____

Heat 4 of 6 Prelims

1	Gerrard, Amelia	15	Co Liverpool	4:35.68	_____
2	Wiseman Lee, Thea	16	Teddington	4:34.86	_____
3	%Williams, Rose S14	16	Co Cardiff	4:34.26	_____
4	Sherrard, Emme	15	Torfaen D	4:33.70	_____
5	Dacey, Mollie	16	Co Cardiff	4:34.20	_____
6	Watts, Olivia	15	EllesmereCSA	4:34.80	_____
7	Anderson, Rosalie	14	Co Cardiff	4:35.12	_____
8	Johnson, Erin	15	Nuneaton	4:35.78	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Heat 5 Prelims (#203 Female 12 & Over 400 SC Meter Freestyle)

1	Grant, Lucy	17	Co Newport	4:33.34	_____
2	Cumner, Megan	17	Mt Kelly	4:30.10	_____
3	Griffiths, Cerys	14	Pembs Cty	4:21.80	_____
4	John, Emilia	17	Co Cardiff	4:16.60	_____
5	Patterson, Millie	18	Swansea Uni	4:21.30	_____
6	Slinn, Esmee	15	EllesmereCSA	4:29.50	_____
7	Handley, Evie	15	Exeter City	4:31.26	_____
8	Weaver, Poppy	17	Teddington	4:33.62	_____

Heat 6 of 6 Prelims

1	Johnson, Charlotte	21	Swansea Uni	4:31.36	_____
2	Hornby, Rachel	20	Swansea Uni	4:29.80	_____
3	Mitchell, Abby	18	Swansea Uni	4:21.73	_____
4	Monks, Aimee	19	Swansea Uni	4:09.46	_____
5	Forwood, Emily	20	Swansea Uni	4:19.90	_____
6	Claxton, Autum	13	Mt Kelly	4:27.90	_____
7	Martin, Cazia	15	Co Sheffield	4:30.30	_____
8	Hall, Emily	14	Warrington W	4:33.50	_____

Event 204 Men 12 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1	Gwynfil, Solomon	14	Co Cardiff	2:24.81	_____
2	Vinh, Joshua	15	Co Newport	2:21.95	_____
3	Brinkworth, James	15	Caradon	2:20.31	_____
4	Fletcher, Miles	14	Co Cardiff	2:19.12	_____
5	Deacon, Cameron	14	Co Cardiff	2:19.51	_____
6	Elmes, Max	13	Nofio S Gar	2:21.00	_____
7	Opiniano, Nathaniel	14	Teddington	2:23.33	_____
8	Mathieson, Edward	14	Mt Kelly	2:24.85	_____

Heat 2 of 5 Prelims

1	Davies, Brynley	14	Co Newport	2:18.05	_____
2	Jenkins, Oliver	14	S Bournem'th	2:17.61	_____
3	Allinson-Rodrigues, J	16	Teddington	2:16.78	_____
4	Winpenny, Alfie	14	Teddington	2:15.53	_____
5	Thomas, Iolo	14	Neath	2:16.45	_____
6	Zaharewicz, Rowan	16	Teddington	2:17.29	_____
7	Montague, Mason	16	Pembs Cty	2:18.00	_____
8	Mills, Ioan	15	Torfaen D	2:18.20	_____

Heat 3 of 5 Prelims

1	Leppert, Oliver	16	Co Hereford	2:14.02	_____
2	Foster, Henry	15	Redditch	2:12.04	_____
3	Edwards, Ross	15	Co Cardiff	2:05.40	_____
4	Hollinsky, Gideon	19	Swansea Uni	2:02.23	_____
5	Clegg, Luke	19	Swansea Uni	2:04.18	_____
6	McCarthy, Benedict	15	Co Cardiff	2:09.60	_____
7	Brown, Layton	16	Nuneaton	2:13.00	_____
8	Montgomery, Samuel	16	Pembs Cty	2:15.38	_____

Heat 4 of 5 Prelims

1	Walker, Freddie	16	Gloucester	2:13.68	_____
2	Gore, Andrew	19	Co Cardiff	2:10.98	_____
3	Arnold, Jack	16	Swansea Aq	2:05.12	_____
4	Morgan, Dominic	19	Swansea Uni	1:58.31	_____
5	Johnstone, Daniel	17	Nofio S Gar	2:03.14	_____
6	Allpress, Ethan	18	Ulverston	2:09.52	_____
7	Holder, Jakob	17	Teddington	2:12.67	_____
8	Ward, Iwan	16	Droitwich	2:14.70	_____

Heat 5 of 5 Prelims

1	Keers, Jack	15	Teddington	2:13.64	_____
2	West, Dexter	15	Pembs Cty	2:09.98	_____
3	Staines, Luca	20	Swansea Uni	2:04.54	_____
4	Barlow, Oscar	19	Swansea Uni	1:57.20	_____
5	John, Finlay	18	Bridgend Cty	2:02.92	_____
6	Adams, Fynn	15	Teddington	2:09.04	_____
7	Davies, Iwan	16	Co Cardiff	2:12.40	_____
8	Atherton, Morgan	15	Nuneaton	2:14.60	_____

Event 205 Female 12 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	Allen, Isabel	13	Co Cardiff	1:13.37	_____
2	Hughes, Nel	13	NofioGwynedd	1:13.14	_____
3	Galbraith, Evelyn	13	Haslemere	1:13.02	_____
4	Burns, Freya	13	Nofio S Gar	1:12.99	_____
5	Taylor, Rebecca	14	Wrexham	1:12.99	_____
6	Galdes Cutting, Daisy	13	Pembs Cty	1:13.08	_____
7	Wood, Hana	14	Dinnaton	1:13.16	_____
8	Atkins, Amelia	13	Holywell	1:13.40	_____

Heat 2 of 10 Prelims

1	Ach Rhys, Eswyllt	14	NofioGwynedd	1:12.57	_____
2	Roberts, Isabel	14	Co Cardiff	1:12.10	_____
3	Roberts, Mali	14	NofioGwynedd	1:11.72	_____
4	Sweet-Roberts, Pip	12	Torfaen D	1:11.60	_____
5	Hands, Ava	13	Nuneaton	1:11.62	_____
6	Hughes-Rolls, Ava	15	Torfaen D	1:11.90	_____
7	Thomas, Serenity	14	Conwy	1:12.11	_____
8	Tilley, Ella	13	Royal Wolv	1:12.70	_____

Heat 3 of 10 Prelims

1	Fitzgerald, Mali	14	Bridgend Cty	1:11.14	_____
2	Fowler, Maisie	13	Rct Squad	1:10.94	_____
3	Flint, Mia	15	Co Cardiff	1:10.85	_____
4	Bennett, Isla	13	Co Cardiff	1:10.77	_____
5	Edwards, Alaw	14	NofioGwynedd	1:10.78	_____
6	Coffey, Cora-Leigh	14	Neath	1:10.94	_____
7	Fowkes, Amelia	13	Royal Wolv	1:11.07	_____
8	Correa-Garma, Letizia	13	Millfield	1:11.41	_____

Heat 4 of 10 Prelims

1	Schumm, Libby	15	Torfaen D	1:10.50	_____
2	Russell, Emilia	14	Kingston Roy	1:10.20	_____
3	Vellaud, Hermance	15	Mt Kelly	1:10.00	_____
4	Taffetsauffer, Isabella	13	Nofio S Gar	1:09.89	_____
5	Teggarty-Sparks, Ida	13	Teddington	1:09.99	_____
6	Parfitt, Kali	14	Torfaen D	1:10.09	_____
7	Sundsbo, Klara	13	Hackney	1:10.21	_____
8	Kindred, Ella	13	Co Hereford	1:10.70	_____

Heat 5 of 10 Prelims

1	Carter, Ava	16	Penyrheol	1:09.71	_____
2	Prosser, Sofia	12	Torfaen D	1:09.40	_____
3	Gregory, India	12	Mt Kelly	1:09.22	_____
4	Slinn, Esmee	15	EllesmereCSA	1:09.05	_____
5	Gregory, Mollie-Zena	16	S Bournem'th	1:09.20	_____
6	Geach, Libbie	15	Neath	1:09.30	_____
7	Martin, Lara	16	Bridgend Cty	1:09.50	_____
8	Deakin, Ellena	16	Teddington	1:09.78	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Heat 6 Prelims (#205 Female 12 & Over 100 SC Meter Backstroke)				
1	Robinson, Scarlett	16	Copeland	1:08.80 ____
2	Arnold, Jessica	14	Swansea Aq	1:08.54 ____
3	Watts, Olivia	15	EllesmereCSA	1:07.94 ____
4	Smart, Charlotte	17	Swansea Aq	1:07.78 ____
5	Shields, Logan	18	Royal Wolv	1:07.79 ____
6	%Williams, Rose S14	16	Co Cardiff	1:08.54 ____
7	Spence, Emilia	13	Co Birm'ham	1:08.70 ____
8	Wardell, Cari	15	Co Cardiff	1:08.82 ____

Heat 7 of 10 Prelims				
1	James, Grace	15	Bridgend Cty	1:07.38 ____
2	Croke, Carys	17	Torfaen D	1:06.78 ____
3	Anderson, Rosalie	14	Co Cardiff	1:06.70 ____
4	Lush, Emily	22	Swansea Uni	1:06.59 ____
5	Parfitt, Lucy	16	Co Cardiff	1:06.66 ____
6	Crawley, Abigail	19	Swansea Uni	1:06.74 ____
7	Keepings, Charlotte	18	Swansea Uni	1:06.90 ____
8	Crumpler, Ellie	16	S Bournem'th	1:07.59 ____

Heat 8 of 10 Prelims				
1	Hernandez Taylor, Ivy	15	Hackney	1:06.37 ____
2	Hall, Emily	14	Warrington W	1:05.55 ____
3	Nichols, Grace	14	Pembs Cty	1:03.77 ____
4	Humphreys, Ffion	16	NofioGwynedd	1:02.30 ____
5	Butcher, Katherine	20	Swansea Uni	1:03.24 ____
6	Titchener, Megan	16	Torfaen D	1:04.50 ____
7	Winstanley, Elin	15	Co Hereford	1:06.04 ____
8	Daniel, Megan	14	Caradon	1:06.46 ____

Heat 9 of 10 Prelims				
1	Salmon, Gwen	17	Rct Squad	1:06.34 ____
2	Dacey, Mollie	16	Co Cardiff	1:04.93 ____
3	Rose, Katie	18	Swansea Uni	1:03.40 ____
4	Sutton, Rebecca	23	Swansea Uni	1:00.80 ____
5	Willis, Hannah	19	Swansea Uni	1:02.79 ____
6	Dwyfor-Clark, Efa	15	NofioGwynedd	1:04.38 ____
7	Holt, Ava	17	Teddington	1:05.92 ____
8	Claxton, Autum	13	Mt Kelly	1:06.46 ____

Heat 10 of 10 Prelims				
1	Leggott, Holly	22	Swansea Uni	1:06.15 ____
2	Johnson, Erin	15	Nuneaton	1:04.81 ____
3	Owen, Gracie	16	Torfaen D	1:03.35 ____
4	Major, Scarlet	21	Swansea Uni	1:00.42 ____
5	Stead, Martha	19	Swansea Uni	1:02.55 ____
6	Fox, Honor	17	Co Cardiff	1:04.33 ____
7	Ford, Katie	18	Swansea Uni	1:05.82 ____
8	Rautenbach, Tallulah	14	EllesmereCSA	1:06.45 ____

Event 206 Men 12 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims				
1	Evans, Oscar	15	Co Hereford	1:12.37 ____
2	Doyle, Alfie	16	Co Newport	1:12.12 ____
3	Powell, Zachary	16	TauntonDeane	1:12.00 ____
4	Richardson, Osian	16	Swansea Aq	1:11.60 ____
5	Roberts, Thomas	16	Hackney	1:11.90 ____
6	Meilleur, Elliot	14	NofioGwynedd	1:12.10 ____
7	Hole, Ethan	15	Co Cardiff	1:12.20 ____
8	Thomas, Archie	14	Co Cardiff	1:12.40 ____

Heat 2 of 6 Prelims				
1	Longworth, Ellis	18	Conwy	1:11.00 ____
2	Phillips, Finley	14	Nofio S Gar	1:10.76 ____
3	Molyneux, Finley	16	Okehampton	1:10.40 ____
4	Williams, Luke	16	Co Newport	1:10.18 ____
5	Preece, Toby	17	Bridgend Cty	1:10.40 ____
6	Bennett, Finley	15	Pembs Cty	1:10.65 ____
7	Neaves, Jake	15	EllesmereCSA	1:10.80 ____
8	Tennant, Cale	16	Eastbourne	1:11.50 ____

Heat 3 of 6 Prelims				
1	Bolwell, Logan	16	Trowbridge	1:10.13 ____
2	Greenslade, Benjamin	14	Tiverton	1:09.99 ____
3	James, Rhys	15	Rct Squad	1:09.90 ____
4	Murphy, Rocco	14	Nuneaton	1:09.86 ____
5	Baker, Ellis	18	Caradon	1:09.86 ____
6	Poynter, Harry	19	Seaclose	1:09.97 ____
7	Estrada Aburto, Diego	27	Swansea Uni	1:10.02 ____
8	Ukkash, Hayam	18	Swansea Uni	1:10.18 ____

Heat 4 of 6 Prelims				
1	Thomas, Lucas	16	Conwy	1:09.20 ____
2	Ellis-Sixsmith, Ethan	21	Nofio Clwyd	1:05.43 ____
3	Stratton, Joe	20	Swansea Uni	1:04.44 ____
4	Ito, Ley	19	Hackney	1:01.90 ____
5	McGregor, Drew	21	Co Cardiff	1:03.73 ____
6	Sin, Yau Cheung	21	Devonport	1:05.09 ____
7	Clarke, Henry	17	Swansea Aq	1:08.10 ____
8	Song, Guangping	15	EllesmereCSA	1:09.72 ____

Heat 5 of 6 Prelims				
1	Caddy, Alexander	17	Caradon	1:09.18 ____
2	Lovell-Pascal, Jean-Luc	19	Swansea Uni	1:05.20 ____
3	Gallagher, Dylan	21	Swansea Uni	1:04.35 ____
4	Anderson, Maxwell	19	Co Cardiff	1:01.60 ____
5	Walford, Nathan	19	Swansea Uni	1:03.25 ____
6	Grenardo, Alexander	17	Okehampton	1:04.89 ____
7	James, Jack	17	Torfaen D	1:06.34 ____
8	Custer, George	14	Royal Wolv	1:09.65 ____

Heat 6 of 6 Prelims				
1	Ma, Ko Kwan	15	Co Cardiff	1:09.03 ____
2	Adams, Luke	22	Co Salford	1:05.09 ____
3	Minshull, Callum	20	Swansea Uni	1:04.15 ____
4	Fraser, Lewis	24	Swansea Uni	58.29 ____
5	Gallagher, Reagan	18	TauntonDeane	1:02.70 ____
6	Sheppard, Rhydian	17	Co Cardiff	1:04.59 ____
7	Hoey, Luke	22	Swansea Uni	1:05.48 ____
8	Bonser, Alfie	15	Royal Wolv	1:09.50 ____

Event 207 Female 12 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Prelims				
1	Bissicks, Cari	13	Neath	2:57.42 ____
2	Lewis-Jones, Idele	13	Wrexham	2:56.84 ____
3	Johnson, Poppy	15	Holywell	2:56.40 ____
4	Powell, Josie	14	Bridgend SC	2:56.30 ____
5	Devin, Erin	14	Wrexham	2:56.38 ____
6	Knight, Lily	14	Swansea Aq	2:56.71 ____
7	Burton, Chloe	15	Royal Wolv	2:57.17 ____
8	Bates, Molly	13	Wrexham	2:57.81 ____

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Meet Program - Session 4 (Warmup 7.45 - 8.45)

Heat 2 Prelims (#207 Female 12 & Over 200 SC Meter Breaststroke)				
1	Phillips, Emma	14	Teddington	2:55.31
2	Stark, Tala	14	Pembs Cty	2:54.29
3	Hill, Emma	13	Teddington	2:54.02
4	Jones, Aimee	12	Newton Abbot	2:53.92
5	Dearden, Harriet	14	Nuneaton	2:53.99
6	Yelland, Yasmin	14	Torquay	2:54.12
7	Galbraith, Evelyn	13	Haslemere	2:54.50
8	Lewis, Harriet	12	Co Cardiff	2:56.28

Heat 3 of 9 Prelims				
1	Hudson, Victoria	15	Mt Kelly	2:53.01
2	Robinson, Mia	13	Southport	2:52.00
3	Robinson, Scarlett	16	Copeland	2:51.67
4	Flanagan, Evelyn	14	Co Liverpool	2:50.82
5	Matthews, Elin	14	Co Cardiff	2:51.10
6	Simons, Georgia	13	Anaconda	2:51.97
7	Bereznicki, Lilly	12	Mt Kelly	2:53.00
8	Williams, Lucia	13	Kingston Roy	2:53.20

Heat 4 of 9 Prelims				
1	Davies, Isabella	13	Nofio S Gar	2:50.50
2	Wright, Jessica	15	Kingston Roy	2:50.30
3	Faulkner, Marie	19	Co Cardiff	2:49.88
4	Hadlington, Libby	14	Royal Wolv	2:49.75
5	Dowling, Abigail	13	Co Cardiff	2:49.85
6	Williams, Emilia	14	Guildford Ct	2:49.90
7	Daniel, Megan	14	Caradon	2:50.36
8	Gibbs, Harriet	16	Nofio S Gar	2:50.60

Heat 5 of 9 Prelims				
1	Ling, Olivia	14	Co Cardiff	2:49.40
2	Lewis, Orla Rose	14	Torfaen D	2:48.85
3	Wheeler, Lucy	14	Woking	2:48.32
4	Jones, Emily	19	Co Newport	2:46.93
5	Taffetsauffer, Isabella	13	Nofio S Gar	2:48.14
6	Turner, Jasmine	15	Caradon	2:48.72
7	Gardener, Hannah	15	Bridgend Cty	2:49.10
8	Worthington, Emma	16	Chirk	2:49.64

Heat 6 of 9 Prelims				
1	Poynter, Grace	22	SurreyUni SC	2:46.82
2	Lythgoe, Manon	15	Swansea Aq	2:46.75
3	Marski, Payton	14	EllesmereCSA	2:46.42
4	Perni, Veronica	15	Co Cardiff	2:45.09
5	Speirs, Maisie	18	Nuneaton	2:45.99
6	Matthews, Lucy	17	Team Bath AS	2:46.51
7	Lee, Edith	14	Co Cardiff	2:46.80
8	Ribeiro, Ariana	13	Co Cardiff	2:46.90

Heat 7 of 9 Prelims				
1	Jones, Neve	18	Nuneaton	2:43.70
2	Gorman, Helen	52	Co Cardiff	2:41.56
3	Morgan, Carys	16	Millfield	2:37.25
4	Crowley, Amy	19	Co Cardiff	2:28.60
5	Wheeler, Oriana	19	Swansea Uni	2:35.12
6	Valentine-Bull, Eleanor	18	Bath Univ	2:39.25
7	Neumann, Erin	12	Mt Kelly	2:43.17
8	Davies, Ellen	15	Chirk	2:45.05

Heat 8 of 9 Prelims				
1	Smith, Amelia	16	Co Cardiff	2:43.50
2	Andrews, Joanne	14	Wrexham	2:41.40
3	Rees, Katie	26	Swansea Uni	2:35.66
4	Brassington, Sophie	18	Swansea Uni	2:28.00
5	Sharp, Laura	22	Swansea Uni	2:33.39
6	Van Der Stroom, Isis	18	S Bournem'th	2:38.04
7	Palmer-Jones, Evie	19	Co Cardiff	2:43.01
8	O Callaghan, Faye	19	Co Cardiff	2:44.88

Heat 9 of 9 Prelims				
1	Williams, Cari	15	Nofio Bangor	2:43.37
2	Daw, Alexandra	15	Okehampton	2:40.06
3	Kugeler, Emma	15	Mt Kelly	2:35.61
4	Taylor, Theodora	15	Torfaen D	2:25.10
5	Gibson, Mari	16	Co Cardiff	2:31.50
6	Evans, Gwenllian	15	Co Cardiff	2:37.80
7	Bruntlett, Amelie	13	Nuneaton	2:41.72
8	Williams, Lowri	14	Swansea Aq	2:43.80

Event 208 Men 12 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Prelims				
1	Shiland-Griffiths, Enzo	14	NofioGwynedd	2:31.09
2	Bostock, Dyfan	14	Wrexham	2:31.02
3	Bartram, Solomon	14	Bridgend Cty	2:29.57
4	Kelly, Lewis	15	Okehampton	2:27.83
5	Vong, Joshua	14	Co Newport	2:28.33
6	Braine, Tobias	14	Mt Kelly	2:29.90
7	Duggan, Brandon	14	Co Cardiff	2:31.02
8	Elmes, Max	13	Nofio S Gar	2:31.72

Heat 2 of 12 Prelims				
1	Hewitt, Archie	14	Torfaen D	2:27.59
2	Custer, George	14	Royal Wolv	2:27.10
3	Opiniano, Nathaniel	14	Teddington	2:26.65
4	Wilson, Aidan	15	Conwy	2:26.05
5	Grenardo, Sebastian	15	Okehampton	2:26.47
6	Atherton, Morgan	15	Nuneaton	2:26.70
7	Evans, Oscar	15	Co Hereford	2:27.41
8	Gwynfil, Solomon	14	Co Cardiff	2:27.67

Heat 3 of 12 Prelims				
1	Lawson, William	15	Billingham	2:25.74
2	Thomas, Archie	14	Co Cardiff	2:24.40
3	Williams, Owen	15	Mt Kelly	2:24.10
4	Doyle, Alfie	16	Co Newport	2:23.31
5	Brock, Freddy	15	Rct Squad	2:23.76
6	Nicolaou, Charlie	14	Mt Kelly	2:24.26
7	Park, Reggie Samuel	14	Holywell	2:24.91
8	Platts, Samuel	15	Mt Kelly	2:25.99

Heat 4 of 12 Prelims				
1	Arch, Dewi	16	Northgate	2:22.90
2	Murphy, Rocco	14	Nuneaton	2:22.14
3	Jenkins, Oliver	14	S Bournem'th	2:21.32
4	Winpenny, Alfie	14	Teddington	2:20.93
5	Phillips, Finley	14	Nofio S Gar	2:21.08
6	Montague, Mason	16	Pembs Cty	2:21.70
7	Meilleur, Elliot	14	NofioGwynedd	2:22.40
8	Gardner, Jack	16	Teddington	2:23.26

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Meet Program - Session 4 (Warmup 7.45 - 8.45)

Heat 5 Prelims (#208 Men 12 & Over 200 SC Meter IM)			
1	Poynter, Harry	19	Seaclose 2:20.80 ____
2	Southwood, Charlie	17	Torfaen D 2:20.60 ____
3	Davies, Iwan	16	Co Cardiff 2:20.19 ____
4	Winpenny, Dylan	14	Teddington 2:20.00 ____
5	McLain, Archie	18	Torfaen D 2:20.01 ____
6	Richardson, Osian	16	Swansea Aq 2:20.50 ____
7	Foster, Henry	15	Redditch 2:20.70 ____
8	Wu, Kevin	20	Swansea Uni 2:20.91 ____

Heat 6 of 12 Prelims			
1	Walker, Freddie	16	Gloucester 2:19.58 ____
2	Corani, Kalaum	20	Swansea Uni 2:19.46 ____
3	Leatherbarrow, Jack	16	Wrexham 2:19.25 ____
4	Winstone, Evan	18	Co Cardiff 2:18.70 ____
5	Jasinski, Hubert	17	Co Newport 2:19.05 ____
6	Lembac, Razvan	17	Mt Kelly 2:19.41 ____
7	Adams, Fynn	15	Teddington 2:19.50 ____
8	Owen, Vinnie	16	Co Cardiff 2:19.73 ____

Heat 7 of 12 Prelims			
1	Silverstone, Solomon	15	Pembs Cty 2:18.52 ____
2	Upton-Boorman, Liam	17	Nofio S Gar 2:17.44 ____
3	Tinkler, Matthew	19	Bath Univ 2:17.40 ____
4	Evans, Ieuan	17	Conwy 2:17.20 ____
5	Pugh, Morgan	17	Torfaen D 2:17.23 ____
6	Greenslade, Benjamin	14	Tiverton 2:17.41 ____
7	Gaughan, Luke	17	Billingham 2:18.02 ____
8	Powell, Zachary	16	TauntonDeane 2:18.55 ____

Heat 8 of 12 Prelims			
1	Holder, Jakob	17	Teddington 2:16.69 ____
2	Keers, Jack	15	Teddington 2:16.13 ____
3	Ward, Iwan	16	Droitwich 2:15.54 ____
4	Major, Maximus	14	Co Newport 2:14.95 ____
5	Holland, Tyler	16	EllesmereCSA 2:15.51 ____
6	West, Dexter	15	Pembs Cty 2:16.03 ____
7	Prysor, Sami	17	EllesmereCSA 2:16.38 ____
8	Thomas, Rhys	19	Swansea Uni 2:16.88 ____

Heat 9 of 12 Prelims			
1	%Broom, Dylan SM14	22	Swansea Uni 2:14.39 ____
2	Allpress, Ethan	18	Ulverston 2:14.18 ____
3	Bruntlett, Theo	15	Nuneaton 2:13.67 ____
4	John, Finlay	18	Bridgend Cty 2:12.92 ____
5	Potter, Nathan	19	Bath Univ 2:13.24 ____
6	McCarthy, Benedict	15	Co Cardiff 2:13.90 ____
7	Rescigno, Alberto	17	EllesmereCSA 2:14.25 ____
8	Grenardo, Alexander	17	Okehampton 2:14.52 ____

Heat 10 of 12 Prelims			
1	Sheppard, Rhydian	17	Co Cardiff 2:10.92 ____
2	Wright, Ethan	22	Nofio Bangor 2:08.42 ____
3	Gillett, Oliver	17	Swansea Aq 2:06.30 ____
4	Kendrick, Elijah	20	Swansea Uni 2:03.21 ____
5	Patsalides, Antonis	22	Swansea Uni 2:04.56 ____
6	Hollinsky, Gideon	19	Swansea Uni 2:07.06 ____
7	Stratton, Joe	20	Swansea Uni 2:09.62 ____
8	Ma, Ko Kwan	15	Co Cardiff 2:12.02 ____

Heat 11 of 12 Prelims			
1	Ellis-Sixsmith, Ethan	21	Nofio Clwyd 2:10.51 ____
2	Gallagher, Reagan	18	TauntonDeane 2:08.35 ____
3	Darbey, Rhys	17	Nofio Clwyd 2:05.50 ____
4	Armon, Jacob	21	Swansea Uni 2:02.00 ____
5	Lee, Tristan	18	Bath Univ 2:04.34 ____
6	Geysen-Holley, Max	19	Co Cardiff 2:07.01 ____
7	Davies, Evan	18	Co Cardiff 2:09.53 ____
8	Edwards, Ross	15	Co Cardiff 2:11.39 ____

Heat 12 of 12 Prelims			
1	Adams, Luke	22	Co Salford 2:10.41 ____
2	Burns, Harry	19	Bath Univ 2:07.40 ____
3	Anderson, Maxwell	19	Co Cardiff 2:05.21 ____
4	Kershaw, Charles	22	Swansea Uni 2:01.70 ____
5	Arch, Rhydian	19	Co Cardiff 2:03.35 ____
6	Staines, Luca	20	Swansea Uni 2:06.32 ____
7	Bamborough, Jack	16	Co Cardiff 2:08.81 ____
8	Lee, Ethan	18	Bath Univ 2:11.16 ____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 5 (Warmup 11.55 - 12.55)

Event 201S Female 12 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1	Morfeý, Megan	12	Chepstow	35.86	_____
2	Henderson, Darcy	12	Dinnaton	35.72	_____
3	Morgan, Millie	12	Teddington	35.60	_____
4	Owen, Gwen	13	Merthyr Tydf	35.50	_____
5	Rowland, Scarlett	12	Neath	35.50	_____
6	Jones, Aimee	12	Newton Abbot	35.71	_____
7	Evans, Cadi	12	Swansea Aq	35.74	_____
8	Jones, Jessica	12	Rct Squad	35.89	_____

Heat 2 of 7 Prelims

1	Ryan, Mia	13	Rct Squad	35.45	_____
2	Jones, Hunydd	13	Nofio S Gar	35.25	_____
3	Thomas-Owen, Efa	12	NofioGwynedd	35.15	_____
4	Cater, Laila	13	Dinnaton	35.10	_____
5	Patterson, Hollie	13	Nofio S Gar	35.11	_____
6	Jones, Efa	13	Co Cardiff	35.24	_____
7	Simons, Georgia	13	Anaconda	35.41	_____
8	Lee, Seol Lucy	12	Co Cardiff	35.50	_____

Heat 3 of 7 Prelims

1	Jasper, Lily	12	Co Cardiff	35.00	_____
2	Williams, Gwenno	13	NofioGwynedd	34.81	_____
3	Goodman, Lola	13	Swansea Aq	34.76	_____
4	McFarlane, Una	13	Pembs Cty	34.70	_____
5	Hnoiana, Valentyna	12	Swansea Aq	34.73	_____
6	Bloomer, Molly	12	Anaconda	34.79	_____
7	Morgan, Evelyn	13	Nofio S Gar	34.90	_____
8	Lewis-Jones, Idele	13	Wrexham	35.10	_____

Heat 4 of 7 Prelims

1	Bozic, Sara	12	Hackney	34.45	_____
2	Williams, Kiera	13	Conwy	34.29	_____
3	Butler, Olivia	13	Bridgend SC	34.19	_____
4	Williams, Daisy	12	Nofio Bangor	34.11	_____
5	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	34.19	_____
6	Thurston, Rene	13	Newtown	34.20	_____
7	Short, Amelia	13	NexusValleys	34.30	_____
8	Williams, Paige	12	Swansea Aq	34.59	_____

Heat 5 of 7 Prelims

1	Godovanuka, Sofia	12	Nuneaton	34.00	_____
2	Pitt, Seren	12	Co Cardiff	33.43	_____
3	McCoole-Jones, Elen	13	Ruthin	33.10	_____
4	Williams, Layla	12	Newtown	32.70	_____
5	Williams, Lili	13	Rct Squad	32.80	_____
6	Morgan-Basini, Ruby-May	12	Merthyr Tydf	33.20	_____
7	Byron-Daniel, Matilda	13	Co Hereford	33.61	_____
8	Alsop, Maddison	13	Nuneaton	34.10	_____

Heat 6 of 7 Prelims

1	Mustey, Elizabeth	13	Monnow	33.71	_____
2	Galbraith, Evelyn	13	Haslemere	33.40	_____
3	Jones, Lola-Grace	12	Torfaen D	33.00	_____
4	Dash, Amelie	13	Pembs Cty	32.53	_____
5	Fowkes, Amelia	13	Royal Wolv	32.80	_____
6	Fowler, Maisie	13	Rct Squad	33.13	_____
7	Sundsbo, Klara	13	Hackney	33.50	_____
8	Griffiths, Jessica	13	Evesham	34.10	_____

Heat 7 of 7 Prelims

1	Williams, Leah	13	NofioGwynedd	33.70	_____
2	Gordon, Mabli	13	Co Cardiff	33.37	_____
3	Mason, Eliza	13	EllesmereCSA	32.90	_____
4	Mellor, Medi	12	Nofio Bangor	32.50	_____
5	Meenagh, Mai Van	12	Co Cardiff	32.70	_____
6	Tilley, Ella	13	Royal Wolv	33.13	_____
7	Scofield, Niamh	13	Rct Squad	33.48	_____
8	Ballinger, Scarlett	13	Rhondda	34.06	_____

Event 202S Men 12 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1	Evans, Jake	12	Wrexham	35.91	_____
2	Palmer, Oliver	12	Dinnaton	35.83	_____
3	Palmer, Evan	12	Torfaen D	35.65	_____
4	Neimanis-Kosarevs, D	12	Nuneaton	35.20	_____
5	Watkins, Dylan	12	Torfaen D	35.61	_____
6	Hughes, Freddy	12	NexusValleys	35.75	_____
7	Noden, Rory	12	Pembs Cty	35.87	_____
8	Bancroft, Theo	12	Monnow	35.99	_____

Heat 2 of 6 Prelims

1	Morgan, Josh	12	Co Newport	34.20	_____
2	Mills, Thomas	13	Nofio S Gar	34.07	_____
3	Smith, Declan	13	Nofio S Gar	33.90	_____
4	Bowles, Osian	13	Anaconda	33.63	_____
5	Hayward, Harry	13	Nuneaton	33.80	_____
6	Matsiko, Jerome	13	Mt Kelly	33.91	_____
7	Hughes, Fraser	12	Rhondda	34.08	_____
8	Lawrence, Nicholas	12	Nuneaton	35.10	_____

Heat 3 of 6 Prelims

1	Williams, Dylan	13	Wrexham	33.30	_____
2	Garnham, Sebastian	12	Teddington	33.00	_____
3	Catchpole, Charlie	13	Anaconda	32.98	_____
4	Duggan, Elliot	13	Bridgend Cty	32.11	_____
5	Taylor, Nicholas	13	Torfaen D	32.51	_____
6	Jones, Noah	13	Torfaen D	33.00	_____
7	Zaharewicz, Rhys	13	Teddington	33.10	_____
8	Han, Nathan	13	Kingston Roy	33.50	_____

Heat 4 of 6 Prelims

1	Payne, Sebastian	13	Droitwich	31.30	_____
2	Jenkins, Oliver	14	S Bournem'th	30.54	_____
3	Braine, Tobias	14	Mt Kelly	30.20	_____
4	Evans, Thomas	15	Kingston Roy	29.59	_____
5	Miles, Harry	14	Co Cardiff	29.75	_____
6	Roberts, Daniel	14	Billingham	30.50	_____
7	Gilligan, Henry	14	Rct Squad	30.69	_____
8	Woodrow, Leo	13	TauntonDeane	31.94	_____

Heat 5 of 6 Prelims

1	Gruffydd, Ned	14	Co Cardiff	30.91	_____
2	Elmes, Max	13	Nofio S Gar	30.54	_____
3	Castillo, Airam	13	Co Cardiff	30.12	_____
4	Willis, Kofi	15	Co Cardiff	29.50	_____
5	Scholes, James	14	Haslemere	29.72	_____
6	Jones, Sebastien	14	Torfaen D	30.50	_____
7	Bastyan, Tobias-Luke	13	Torfaen D	30.60	_____
8	Gregory, Jaiden	13	Co Cardiff	31.56	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 5 (Warmup 11.55 - 12.55)

Heat 6 Prelims (#202S Men 12 & Over 50 SC Meter Butterfly)

1	Davies, Blake	14	Co Cardiff	30.70	_____
2	Jones, Jayden	13	Caerphilly	30.50	_____
3	Williams, Thomas	14	Nofio S Gar	30.10	_____
4	Winpenny, Dylan	14	Teddington	29.50	_____
5	Brock, Freddy	15	Rct Squad	29.59	_____
6	Duggan, Brandon	14	Co Cardiff	30.31	_____
7	Powell, Xander	14	TauntonDeane	30.55	_____
8	Hernandez Taylor, Boaz	13	Hackney	31.42	_____

Event 203S Female 12 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	Godovanuka, Sofia	12	Nuneaton	5:15.71	_____
2	Olszewska, Maya	12	Co Newport	5:15.04	_____
3	Morgan, Millie	12	Teddington	5:12.45	_____
4	Thomas-Owen, Efa	12	NofioGwynedd	5:08.92	_____
5	McFarlane, Una	13	Pembs Cty	5:09.80	_____
6	Fordham, Freya	12	Co Newport	5:14.50	_____
7	West, Ffion	12	Nuneaton	5:15.68	_____
8	Chauhan, Amber	12	Nofio Bangor	5:15.85	_____

Heat 2 of 4 Prelims

1	Donaldson, Evie	12	Co Newport	5:06.19	_____
2	Humphreys, Niamh	13	Royal Wolv	5:04.40	_____
3	Davies, Isabella	13	Nofio S Gar	5:03.27	_____
4	Alsop, Maddison	13	Nuneaton	5:01.00	_____
5	Atkins, Amelia	13	Holywell	5:02.54	_____
6	%Willis, Meghan S9	17	Torfaen D/1, 3, 5	5:03.98	_____
7	Gordon, Mabli	13	Co Cardiff	5:05.70	_____
8	Davies, Macy	12	Torfaen D	5:08.70	_____

Heat 3 of 4 Prelims

1	Morgan, Evelyn	13	Nofio S Gar	4:58.44	_____
2	Kindred, Ella	13	Co Hereford	4:55.28	_____
3	Evans, Gwennan	14	Co Newport	4:53.30	_____
4	George, Ellie	13	Rct Squad	4:52.30	_____
5	McQuaid, Maria	13	Co Cardiff	4:53.19	_____
6	Jones, Annabelle	14	Wrexham	4:53.58	_____
7	Tilley, Ella	13	Royal Wolv	4:56.85	_____
8	Smith, Sophie	13	Nuneaton	5:00.63	_____

Heat 4 of 4 Prelims

1	Hill, Emma	13	Teddington	4:56.86	_____
2	James, Josie Amy	14	Royal Wolv	4:54.18	_____
3	Phillips, Emma	14	Teddington	4:53.29	_____
4	Williams, Emilia	14	Guildford Ct	4:52.15	_____
5	Allen, Isabel	13	Co Cardiff	4:52.34	_____
6	Black, Caitlin	14	Billingham	4:53.31	_____
7	McCavish, Cara	13	Farnham	4:56.50	_____
8	Bates, Molly	13	Wrexham	4:59.58	_____

Event 204S Men 12 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	Wright, Jack	12	Teddington	2:49.53	_____
2	Hughes, Freddy	12	NexusValleys	2:47.03	_____
3	Jones, Spencer	12	Wrexham	2:44.50	_____
4	Samuel, Jake	13	Merthyr Tydf	2:40.19	_____
5	Jadhav, Shlok	12	Mt Kelly	2:42.57	_____
6	Tinsley, Vincent	12	Nuneaton	2:46.40	_____
7	Alder, Thomas	12	Mt Kelly	2:48.40	_____
8	Winpenny, Billy	12	Teddington	2:49.64	_____

Heat 2 of 4 Prelims

1	Staskus, Daniel	12	Teddington	2:37.40	_____
2	Davies, Ellis	13	Nofio S Gar	2:33.64	_____
3	King, Ethan	12	Penyrheol	2:28.10	_____
4	Braine, Tobias	14	Mt Kelly	2:26.36	_____
5	Morgan, Charlie	14	Teddington	2:27.66	_____
6	Shillingford, Tait	13	Royal Wolv	2:29.63	_____
7	Hamer, Joe	13	Co Hereford	2:35.20	_____
8	Garnham, Sebastian	12	Teddington	2:38.37	_____

Heat 3 of 4 Prelims

1	Miguel-Easter, Ruben	13	Mt Kelly	2:36.60	_____
2	Gregory, Jaiden	13	Co Cardiff	2:32.67	_____
3	Powell, Xander	14	TauntonDeane	2:27.90	_____
4	Burnell, Rory	13	Mt Kelly	2:26.04	_____
5	Woodrow, Leo	13	TauntonDeane	2:27.57	_____
6	Parfitt, Sebastian	14	Co Cardiff	2:28.95	_____
7	Noden, Rory	12	Pembs Cty	2:34.53	_____
8	Zaharewicz, Rhys	13	Teddington	2:38.30	_____

Heat 4 of 4 Prelims

1	Iffland, Noah	13	Anaconda	2:35.23	_____
2	Davies, Callum	13	Okehampton	2:31.96	_____
3	Harwood, Jack	13	Pembs Cty	2:27.74	_____
4	Hernandez Taylor, Boaz	13	Hackney	2:24.86	_____
5	Duggan, Brandon	14	Co Cardiff	2:26.90	_____
6	Linge, Reece	13	EllesmereCSA	2:28.24	_____
7	Hayward, Harry	13	Nuneaton	2:34.36	_____
8	Perrins, Taylor	12	Royal Wolv	2:37.82	_____

Event 205S Female 12 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1	Price, Seren-Louise	12	Nofio S Gar	1:20.94	_____
2	Chauhan, Amber	12	Nofio Bangor	1:20.75	_____
3	Pawlowski, Isabelle	12	Corby	1:20.01	_____
4	Van Zyl, Kiara	12	Co Cardiff	1:19.61	_____
5	Williams, Layla	12	Newtown	1:20.00	_____
6	Evans, Cadi	12	Swansea Aq	1:20.45	_____
7	Munslow, Seren	12	Monnow	1:20.86	_____
8	%Philpott, Lowri S14	13	Nofio S Gar	1:49.40	_____

Heat 2 of 6 Prelims

1	Williams, Daisy	12	Nofio Bangor	1:19.34	_____
2	Griffiths, Ffion	13	Pembs Cty	1:18.89	_____
3	McCavish, Cara	13	Farnham	1:18.66	_____
4	Jones, Jessica	12	Rct Squad	1:18.47	_____
5	Mustey, Elizabeth	13	Monnow	1:18.60	_____
6	Custer, Bronte	12	Chase	1:18.76	_____
7	Linley-Shaw, Elsa	12	Mt Kelly	1:19.23	_____
8	Jones, Lola-Grace	12	Torfaen D	1:19.61	_____

Heat 3 of 6 Prelims

1	Jasper, Lily	12	Co Cardiff	1:18.38	_____
2	Kazmiruk, Anastasiia	13	Nofio S Gar	1:18.10	_____
3	Thomas, Manisha	12	Anaconda	1:18.07	_____
4	Henderson, Darcy	12	Dinnaton	1:17.96	_____
5	Olszewska, Maya	12	Co Newport	1:17.98	_____
6	Roberts, Bethan	12	Wrexham	1:18.07	_____
7	Jones, Aimee	12	Newton Abbot	1:18.11	_____
8	West, Ffion	12	Nuneaton	1:18.44	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 5 (Warmup 11.55 - 12.55)

Heat 4 Prelims (#205S Female 12 & Over 100 SC Meter Backstroke)

1	Thomas-Owen, Efa	12	NofioGwynedd	1:17.55	_____
2	Lewis-Jones, Idele	13	Wrexham	1:15.83	_____
3	Dash, Amelie	13	Pembs Cty	1:14.93	_____
4	%Webb, Saskia S14	17	Pembs Cty	1:13.54	_____
5	McCoole-Jones, Elen	13	Ruthin	1:13.94	_____
6	Williams, Leah	13	NofioGwynedd	1:15.21	_____
7	Fordham, Freya	12	Co Newport	1:16.59	_____
8	McFarlane, Una	13	Pembs Cty	1:17.81	_____

Heat 5 of 6 Prelims

1	Morgan-Basini, Ruby-May	12	Merthyr Tydf	1:17.03	_____
2	Donaldson, Evie	12	Co Newport	1:15.80	_____
3	Godovanuka, Sofia	12	Nuneaton	1:14.50	_____
4	Cressey-Rodgers, G	14	Nofio S Gar	1:13.49	_____
5	Chillingworth, Sienna	14	Mt Kelly	1:13.77	_____
6	Thurston, Rene	13	Newtown	1:15.06	_____
7	Williams, Poppy	13	Nofio Bangor	1:15.98	_____
8	Jenkins, Elli	13	Swansea Aq	1:17.67	_____

Heat 6 of 6 Prelims

1	Williams, Lili	13	Rct Squad	1:16.62	_____
2	Alsop, Maddison	13	Nuneaton	1:15.40	_____
3	Roberts, Rosie	12	Torfaen D	1:14.01	_____
4	Ridgway, Megan	14	Nuneaton	1:13.44	_____
5	Jones, Hunydd	13	Nofio S Gar	1:13.55	_____
6	Williams, Paige	12	Swansea Aq	1:15.02	_____
7	Sutton, Emily	13	NofioGwynedd	1:15.95	_____
8	Gordon, Mabli	13	Co Cardiff	1:17.62	_____

Event 206S Men 12 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	Marques-Jones, Felix	12	Nofio S Gar	1:29.70	_____
2	Thomas, Wilf	12	Aberystwyth	1:27.56	_____
3	Wynne, Jasper	12	Royal Wolv	1:26.41	_____
4	Greenwalker, Wilfred	12	Teddington	1:25.70	_____
5	Winzor, Oliver	12	Royal Wolv	1:26.21	_____
6	Frampton, Rhydian	12	Millfield	1:27.51	_____
7	Rodrigues Martins, F	12	Okehampton	1:28.58	_____
8	Fogarty, Oliver	12	Pembs Cty	1:30.61	_____

Heat 2 of 4 Prelims

1	Williams, Sion	13	Nofio Bangor	1:24.03	_____
2	Weiland, Lennart	13	Teddington	1:19.62	_____
3	Braine, Tobias	14	Mt Kelly	1:17.13	_____
4	Bostock, Dyfan	14	Wrexham	1:13.70	_____
5	Miles, Harry	14	Co Cardiff	1:16.51	_____
6	Volausek, Noah	13	Co Cardiff	1:18.50	_____
7	Lovell, Logan	13	Swindon Dolp	1:22.40	_____
8	Timbrell, George	13	Co Newport	1:25.17	_____

Heat 3 of 4 Prelims

1	Sekula, Mateusz	13	NexusValleys	1:23.78	_____
2	Spruce, Noah	13	AbingdonVale	1:18.99	_____
3	Phillips, Ioan	14	Neath	1:16.91	_____
4	Nicolaou, Charlie	14	Mt Kelly	1:13.31	_____
5	Warman-Powell, Ioan	14	Torfaen D	1:16.10	_____
6	Stuart-Lavender, Jac	14	Nofio S Gar	1:17.90	_____
7	Price-Clishem, Dyfan	13	NofioGwynedd	1:21.62	_____
8	Miguel-Easter, Ruben	13	Mt Kelly	1:24.77	_____

Heat 4 of 4 Prelims

1	Taylor, Nicholas	13	Torfaen D	1:23.30	_____
2	Jones, Noah	13	Torfaen D	1:18.96	_____
3	Bartram, Solomon	14	Bridgend Cty	1:16.87	_____
4	Kershaw, Harvey	14	Mt Kelly	1:13.00	_____
5	Murphy, Heath	13	Nuneaton	1:14.58	_____
6	Catchpole, Charlie	13	Anaconda	1:17.75	_____
7	Csoban, Benjamin	13	Co Newport	1:20.19	_____
8	Short, Harley	13	Mt Kelly	1:24.51	_____

Event 207S Female 12 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	%Soffe, Bronwyn SB9	12	Co Newport/12, +	3:58.80	_____
2	McCavish, Cara	13	Farnham	3:12.09	_____
3	Van Zyl, Kiara	12	Co Cardiff	3:11.32	_____
4	Summerfield, Lucy	12	Nofio S Gar	3:10.57	_____
5	Khinda, India	13	Teddington	3:11.07	_____
6	Scales, Eve	12	EllesmereCSA	3:11.33	_____
7	Roberts, Phoebe	12	Conwy	3:13.37	_____
8	%Trevor, Caitlin SB14	21	Kingston Roy	4:19.17	_____

Heat 2 of 4 Prelims

1	Madra, Victoria	13	Wrexham	3:10.20	_____
2	Patterson, Hollie	13	Nofio S Gar	3:04.33	_____
3	Mellor, Medi	12	Nofio Bangor	3:01.74	_____
4	Jones, Isabella	14	Bridgend Cty	2:59.68	_____
5	Reasons, Darcy	12	Torfaen D	3:00.89	_____
6	Marsden, Phoebe	13	Conwy	3:03.08	_____
7	Szymanska, Julia	13	Nuneaton	3:07.81	_____
8	Pitt, Seren	12	Co Cardiff	3:10.50	_____

Heat 3 of 4 Prelims

1	Dash, Amelie	13	Pembs Cty	3:08.70	_____
2	Bozic, Sara	12	Hackney	3:03.85	_____
3	Nazar, Antonia	13	Anaconda	3:01.66	_____
4	Morgan-Basini, Roca-Jay	14	Merthyr Tydf	2:58.96	_____
5	Lee, Seol Lucy	12	Co Cardiff	3:00.01	_____
6	Bloomer, Molly	12	Anaconda	3:02.21	_____
7	Humphreys, Niamh	13	Royal Wolv	3:05.83	_____
8	Evans, Cadi	12	Swansea Aq	3:10.32	_____

Heat 4 of 4 Prelims

1	Hall, Ellena	13	Pembs Cty	3:08.68	_____
2	Williams, Lili	13	Rct Squad	3:03.70	_____
3	Hayde, Olivia	14	Co Hereford	3:01.61	_____
4	Coles, Mya	14	Co Newport	2:57.90	_____
5	Graves, Abigail	14	Okehampton	2:59.81	_____
6	Hughes, Tirion	13	Swansea Aq	3:01.97	_____
7	%French, Eva SB9	17	Nuneaton/1, 3, 5	3:05.75	_____
8	Smith, Sophie	13	Nuneaton	3:10.27	_____

Event 208S Men 12 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1	Hughes, Freddy	12	NexusValleys	2:54.00	_____
2	Palmer, Evan	12	Torfaen D	2:53.16	_____
3	Greenwalker, Wilfred	12	Teddington	2:51.70	_____
4	Morgan, Josh	12	Co Newport	2:50.70	_____
5	Noden, Rory	12	Pembs Cty	2:50.75	_____
6	Subba, Ayan	12	Nuneaton	2:53.16	_____
7	Lawrence, Nicholas	12	Nuneaton	2:53.88	_____
8	%O'Reilly, McKenzie SM8	15	Torfaen D/A, 12+	3:25.00	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 5 (Warmup 11.55 - 12.55)

Heat 2 Prelims (#208S Men 12 & Over 200 SC Meter IM)

1	Hale, Oliver	13	Swansea Aq	2:45.13	_____
2	Smith, Declan	13	Nofio S Gar	2:44.81	_____
3	Zaharewicz, Rhys	13	Teddington	2:44.07	_____
4	Winzor, Oliver	12	Royal Wolv	2:43.90	_____
5	Garnham, Sebastian	12	Teddington	2:44.00	_____
6	Rowntree, Tom	13	Co Hereford	2:44.42	_____
7	Timbrell, George	13	Co Newport	2:44.95	_____
8	Pope, Alexander	13	Teddington	2:45.16	_____

Heat 3 of 6 Prelims

1	Staskus, Daniel	12	Teddington	2:43.20	_____
2	Castillo, Airam	13	Co Cardiff	2:42.20	_____
3	Williams, Sion	13	Nofio Bangor	2:41.86	_____
4	Taylor, Nicholas	13	Torfaen D	2:41.30	_____
5	Spruce, Noah	13	AbingdonVale	2:41.33	_____
6	Csoban, Benjamin	13	Co Newport	2:42.20	_____
7	Hayward, Harry	13	Nuneaton	2:42.68	_____
8	Price-Clissem, Dyfan	13	NofioGwynedd	2:43.35	_____

Heat 4 of 6 Prelims

1	Jones, Jayden	13	Caerphilly	2:40.03	_____
2	Payne, Sebastian	13	Droitwich	2:34.60	_____
3	Giles, Brodie	14	Bridgend SC	2:33.35	_____
4	Woodrow, Leo	13	TauntonDeane	2:32.10	_____
5	Reece, Liam	14	Co Newport	2:32.98	_____
6	Trapp, William	14	Mt Kelly	2:34.07	_____
7	Duggan, Elliot	13	Bridgend Cty	2:37.23	_____
8	Bastyan, Tobias-Luke	13	Torfaen D	2:40.34	_____

Heat 5 of 6 Prelims

1	Weiland, Lennart	13	Teddington	2:37.57	_____
2	Davies, Blake	14	Co Cardiff	2:34.39	_____
3	Mathieson, Edward	14	Mt Kelly	2:33.17	_____
4	Linge, Reece	13	EllesmereCSA	2:32.00	_____
5	Parfitt, Sebastian	14	Co Cardiff	2:32.87	_____
6	Hernandez Taylor, Boaz	13	Hackney	2:33.43	_____
7	Gregory, Jaiden	13	Co Cardiff	2:37.10	_____
8	Catchpole, Charlie	13	Anaconda	2:40.26	_____

Heat 6 of 6 Prelims

1	Williams, Dylan	13	Wrexham	2:37.29	_____
2	Guest, James	13	Royal Wolv	2:34.20	_____
3	Jones, Noah	13	Torfaen D	2:33.15	_____
4	Davies, Tom	14	Co Newport	2:31.82	_____
5	Caldicott, Lewis	14	Co Newport	2:32.41	_____
6	Morgan, Charlie	14	Teddington	2:33.37	_____
7	Murphy, Heath	13	Nuneaton	2:34.61	_____
8	Harwood, Jack	13	Pembs Cty	2:40.10	_____

Event 209 Men 12 & Over 800 SC Meter Freestyle

Fastest 8 swimmers will swim
in the FINALS session

Lane	Name	Age	Team	Seed Time	
Heat 1 of 8 Finals					
1	Morgan, Josh	12	Co Newport	10:53.27	_____
2	Frampton, Rhydian	12	Millfield	10:49.90	_____
3	Neimanis-Kosarevs, D	12	Nuneaton	10:47.01	_____
4	Woodrow, Leo	13	TauntonDeane	10:24.70	_____
5	Greenwalker, Wilfred	12	Teddington	10:45.39	_____
6	Hughes, Freddy	12	NexusValleys	10:48.74	_____
7	Subba, Ayan	12	Nuneaton	10:51.67	_____
8	Dixon, Jamie	12	Mt Kelly	10:57.21	_____

Heat 2 of 8 Finals

1	Jones, Spencer	12	Wrexham	10:20.42	_____
2	Harwood, Jack	13	Pembs Cty	10:15.22	_____
3	Iffland, Noah	13	Anaconda	10:12.04	_____
4	Pope, Alexander	13	Teddington	10:07.77	_____
5	Davies, Ellis	13	Nofio S Gar	10:11.64	_____
6	Hayward, Harry	13	Nuneaton	10:13.31	_____
7	Perrins, Taylor	12	Royal Wolv	10:19.70	_____
8	Miguel-Easter, Ruben	13	Mt Kelly	10:23.17	_____

Heat 3 of 8 Finals

1	Davies, Callum	13	Okehampton	9:56.10	_____
2	Weiland, Lennart	13	Teddington	9:46.87	_____
3	Trapp, William	14	Mt Kelly	9:41.31	_____
4	Davies, Tom	14	Co Newport	9:39.44	_____
5	Burnell, Rory	13	Mt Kelly	9:40.66	_____
6	Garnham, Sebastian	12	Teddington	9:46.87	_____
7	Zaharewicz, Rhys	13	Teddington	9:54.09	_____
8	Bowles, Osian	13	Anaconda	9:58.02	_____

Heat 4 of 8 Finals

1	Reece, Liam	14	Co Newport	9:34.93	_____
2	Scholes, James	14	Haslemere	9:27.30	_____
3	Winpenny, Dylan	14	Teddington	9:23.20	_____
4	Jenkins, Oliver	14	S Bournem'th	9:17.95	_____
5	Godden, Finlay	14	Nuneaton	9:18.53	_____
6	Staskus, Daniel	12	Teddington	9:23.68	_____
7	Caldicott, Lewis	14	Co Newport	9:31.97	_____
8	Cavill, Jack	14	Co Cardiff	9:36.05	_____

Heat 5 of 8 Finals

1	Leonard, Ewan	15	Conwy	9:14.97	_____
2	Williams, Thomas	14	Nofio S Gar	9:11.60	_____
3	Williams, Owen	15	Mt Kelly	9:10.41	_____
4	Morgan, Charlie	14	Teddington	9:02.50	_____
5	Thomas, Iolo	14	Neath	9:08.00	_____
6	Davies, Brynley	14	Co Newport	9:11.08	_____
7	Passos, Rafael	15	Nuneaton	9:11.80	_____
8	Vong, Joshua	14	Co Newport	9:16.40	_____

Heat 6 of 8 Finals

1	Twigger, Owen	15	Swansea Aq	9:00.42	_____
2	Allinson-Rodrigues, J	16	Teddington	8:59.34	_____
3	Davies, William	17	Co Newport	8:47.75	_____
4	Flack, Oliver	17	Teddington	8:46.05	_____
5	Morgan, Lewis	17	Bridgend Cty	8:47.00	_____
6	Bruntlett, Theo	15	Nuneaton	8:50.58	_____
7	Park, Reggie Samuel	14	Holywell	8:59.47	_____
8	Bennett, Finley	15	Pembs Cty	9:00.69	_____

Heat 7 of 8 Finals

1	Chapman, Nathan	20	Swansea Uni	8:41.91	_____
2	Meggitt, Patrick	36	Co Hereford	8:39.59	_____
3	Keers, Jack	15	Teddington	8:37.10	_____
4	Adams, Max	20	Swansea Uni	8:26.58	_____
5	Keeble, Alex	20	Swansea Uni	8:31.06	_____
6	Galant Draysey, Lucas	16	Teddington	8:39.14	_____
7	Lawson, Oliver	16	Co Cardiff	8:40.60	_____
8	Adams, Fynn	15	Teddington	8:43.30	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024
Meet Program - Session 5 (Warmup 11.55 - 12.55)

Heat 8 Finals - Swimming with Finals (#209)

1	Parsons, Joseph	17	Co Cardiff	8:23.11	_____
2	Clegg, Luke	19	Swansea Uni	8:20.12	_____
3	Staines, Luca	20	Swansea Uni	8:12.82	_____
4	Sargeant, Alexander	22	Swansea Uni	7:51.90	_____
5	Trebilcock, Thomas	21	Swansea Uni	7:55.00	_____
6	O Brien, Joshua	19	Co Cardiff	8:20.10	_____
7	Potter, Nathan	19	Bath Univ	8:22.34	_____
8	Bamborough, Jack	16	Co Cardiff	8:23.30	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024
Meet Program - Session 6 (Warmup 4.15 - 5.15)

Event 209 Men 12 & Over 800 SC Meter Freestyle

Fastest 8 swimmers will swim
in the FINALS session

Lane	Name	Age	Team	Seed Time
Heat 8 of 8 Finals				
1	Parsons, Joseph	17	Co Cardiff	8:23.11 ____
2	Clegg, Luke	19	Swansea Uni	8:20.12 ____
3	Staines, Luca	20	Swansea Uni	8:12.82 ____
4	Sargeant, Alexander	22	Swansea Uni	7:51.90 ____
5	Trebilcock, Thomas	21	Swansea Uni	7:55.00 ____
6	O'Brien, Joshua	19	Co Cardiff	8:20.10 ____
7	Potter, Nathan	19	Bath Univ	8:22.34 ____
8	Bamborough, Jack	16	Co Cardiff	8:23.30 ____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Event 301 Men 12 & Over 50 SC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Prelims				
1	Wilson, Aidan	15	Conwy	26.83
2	Thomas, Iolo	14	Neath	26.73
3	Phillips, Ioan	14	Neath	26.61
4	Lawson, William	15	Billingham	26.60
5	Brinkworth, James	15	Caradon	26.60
6	Roberts, Daniel	14	Billingham	26.70
7	Evans, Oscar	15	Co Hereford	26.81
8	Miles, Harry	14	Co Cardiff	27.00
Heat 2 of 12 Prelims				
1	Hewitt, Archie	14	Torfaen D	26.41
2	Keers, Jack	15	Teddington	26.20
3	Park, Reggie Samuel	14	Holywell	26.20
4	Chapman, Coby	15	Penyrheol	26.10
5	Vinh, Joshua	15	Co Newport	26.10
6	Kelly, Lewis	15	Okehampton	26.20
7	Deacon, Cameron	14	Co Cardiff	26.20
8	Fletcher, Miles	14	Co Cardiff	26.50
Heat 3 of 12 Prelims				
1	Bie, Alfie	16	Nofio Clwyd	25.85
2	Willis, Kofi	15	Co Cardiff	25.80
3	Walker, Freddie	16	Gloucester	25.70
4	Rixon, Oliver	16	Co Newport	25.64
5	Urban, Michal	16	Mt Kelly	25.68
6	Lessard, Gael	16	Hackney	25.70
7	Spinks, Owen	16	Torfaen D	25.80
8	Richardson, Osian	16	Swansea Aq	25.90
Heat 4 of 12 Prelims				
1	Divers, Connor	17	Caerphilly	25.60
2	Kershaw, Harvey	14	Mt Kelly	25.50
3	Walford, Nathan	19	Swansea Uni	25.50
4	Ward, Iwan	16	Droitwich	25.50
5	Webster, Benjamin	16	Okehampton	25.50
6	Davies, William	17	Co Newport	25.50
7	Foster, Henry	15	Redditch	25.60
8	Clarke, Henry	17	Swansea Aq	25.60
Heat 5 of 12 Prelims				
1	Ukkash, Hayam	18	Swansea Uni	25.49
2	Atherton, Morgan	15	Nuneaton	25.45
3	Brown, Layton	16	Nuneaton	25.40
4	Bebb, Lewis	17	Newtown	25.40
5	Upton-Boorman, Liam	17	Nofio S Gar	25.40
6	Powell, Zachary	16	TauntonDeane	25.41
7	Linehan, Oliver	15	Kingston Roy	25.48
8	Magelinskas, Juozas	17	Mt Kelly	25.50
Heat 6 of 12 Prelims				
1	Hodges, Charlie	17	Mt Kelly	25.35
2	Montague, Mason	16	Pembs Cty	25.30
3	Jasinski, Hubert	17	Co Newport	25.21
4	Wu, Kevin	20	Swansea Uni	25.15
5	Bie, Addison	17	Nofio Clwyd	25.20
6	Cressey-Rodgers, Ioan	19	Nofio S Gar	25.30
7	Holland, Tyler	16	EllesmereCSA	25.34
8	Galant Draysey, Lucas	16	Teddington	25.37

Heat 7 of 12 Prelims				
1	Watkins, William	16	Bridgend SC	25.08
2	Arnold, Jack	16	Swansea Aq	25.00
3	Rosser, Ellis	15	Torfaen D	24.90
4	Mathieson, Edward	14	Mt Kelly	24.90
5	Greenwalker, Arthur	15	Teddington	24.90
6	Anderson, Maxwell	19	Co Cardiff	24.91
7	Wright, Ethan	22	Nofio Bangor	25.02
8	Montgomery, Samuel	16	Pembs Cty	25.08
Heat 8 of 12 Prelims				
1	Preece, Toby	17	Bridgend Cty	24.80
2	Davey, Oliver	15	Mt Kelly	24.70
3	Bamborough, Jack	16	Co Cardiff	24.64
4	Thomas, Lucas	16	Conwy	24.50
5	Blazej, Ivan	17	Mt Kelly	24.50
6	Silverstone, Solomon	15	Pembs Cty	24.70
7	%Broom, Dylan S14	22	Swansea Uni	24.80
8	Obatoyinbo, Kashope	14	Mt Kelly	24.87
Heat 9 of 12 Prelims				
1	Westwood, Owen	20	Swansea Uni	24.50
2	Southwood, Charlie	17	Torfaen D	24.32
3	Lee, Jacob	18	Swansea Uni	24.30
4	Charman, George	18	Millfield	24.20
5	Davis, Benjamin	17	Mt Kelly	24.25
6	Gaughan, Luke	17	Billingham	24.30
7	Thomas, Rhys	19	Swansea Uni	24.40
8	Major, Maximus	14	Co Newport	24.50
Heat 10 of 12 Prelims				
1	Edwards, Dion	17	NofioGwynedd	24.00
2	Poole, Dexter	19	Swansea Uni	23.41
3	Potter, Nathan	19	Bath Univ	23.20
4	Davies, Evan	18	Co Cardiff	22.80
5	Larkin, Ryan	23	Swansea Uni	23.00
6	Gillett, Oliver	17	Swansea Aq	23.20
7	Karpisz, Bartek	31	Co Bristol	23.67
8	Darbey, Rhys	17	Nofio Clwyd	24.20
Heat 11 of 12 Prelims				
1	Young, Alex	17	Rhyl Dolphin	23.72
2	Johnstone, Daniel	17	Nofio S Gar	23.40
3	Greenway, Morgan	21	Swansea Uni	23.09
4	Docking-Smith, Frankie	20	Swansea Uni	22.78
5	Burton, Matt	23	Swansea Uni	22.98
6	James, Tristyn	18	Bridgend Cty	23.20
7	Barlow, Oscar	19	Swansea Uni	23.59
8	Morgan-Hughes, Harry	19	Bath Univ	24.01
Heat 12 of 12 Prelims				
1	Mruk, Lucas	16	Torfaen D	23.70
2	McCarthy, Samuel	19	Co Cardiff	23.40
3	Dade, Oliver	19	Bath Univ	23.00
4	Jones, Dan	28	Swansea Uni	21.52
5	Cannon, Aidan	24	Co B'Ton & H	22.83
6	James, Harley	19	Co Cardiff	23.20
7	Lee, Ethan	18	Bath Univ	23.50
8	McCarthy, Benedict	15	Co Cardiff	24.00

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Event 302 Female 12 & Over 50 SC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Prelims				
1	Prevete, Sofia	12	Wrexham	30.18
2	Donaldson, Evie	12	Co Newport	30.10
3	Thurston, Rene	13	Newtown	29.99
4	Sherrard, Alex	12	Torfaen D	29.92
5	Byron-Daniel, Matilda	13	Co Hereford	29.98
6	Kazmiruk, Anastasiia	13	Nofio S Gar	30.00
7	Sundsbo, Klara	13	Hackney	30.16
8	%French, Eva S10	17	Nuneaton/1, 3, 5	30.20
Heat 2 of 14 Prelims				
1	Flanagan, Evelyn	14	Co Liverpool	29.90
2	Burns, Freya	13	Nofio S Gar	29.81
3	Bozic, Sara	12	Hackney	29.77
4	Sutton, Emily	13	NofioGwynedd	29.70
5	Ridgway, Megan	14	Nuneaton	29.73
6	Richards, Faith	14	Merthyr Tydf	29.78
7	Thompson, Pippa	14	Teddington	29.88
8	Teggarty-Sparks, Ida	13	Teddington	29.90
Heat 3 of 14 Prelims				
1	Black, Caitlin	14	Billingham	29.70
2	Mustey, Elizabeth	13	Monnow	29.69
3	Sedgemore, Lola	12	Neath	29.60
4	Mellor, Medi	12	Nofio Bangor	29.59
5	Bissicks, Cari	13	Neath	29.60
6	Chillingworth, Sienna	14	Mt Kelly	29.65
7	Atkins, Amelia	13	Holywell	29.69
8	McNamara, Imogen	14	Co Cardiff	29.70
Heat 4 of 14 Prelims				
1	Parfitt, Kali	14	Torfaen D	29.50
2	Evans, Gwennan	14	Co Newport	29.48
3	Sullivan, Ariana	14	Torfaen D	29.45
4	Duggan, Ella	13	Rct Squad	29.30
5	Wood, Hana	14	Dinnaton	29.35
6	Coffey, Cora-Leigh	14	Neath	29.46
7	Mason, Eliza	13	EllesmereCSA	29.49
8	Reasons, Darcy	12	Torfaen D	29.57
Heat 5 of 14 Prelims				
1	Gregory, India	12	Mt Kelly	29.23
2	James, Josie Amy	14	Royal Wolv	29.21
3	Galdes Cutting, Daisy	13	Pembs Cty	29.10
4	Fitzgerald, Mali	14	Bridgend Cty	29.10
5	Roberts, Mali	14	NofioGwynedd	29.10
6	Allen, Isabel	13	Co Cardiff	29.20
7	Thomas, Serenity	14	Conwy	29.23
8	Reed, Isabella	13	Co Cardiff	29.30
Heat 6 of 14 Prelims				
1	Ach Rhys, Esysllt	14	NofioGwynedd	29.00
2	Daniel, Megan	14	Caradon	28.90
3	Rees, Maisie	14	Rct Squad	28.80
4	Burton, Chloe	15	Royal Wolv	28.74
5	Hill, Emma	13	Teddington	28.80
6	Chadwick, Millie	14	Teddington	28.87
7	Roberts, Isabel	14	Co Cardiff	28.90
8	Devin, Erin	14	Wrexham	29.10

Heat 7 of 14 Prelims				
1	Hughes, Nel	13	NofioGwynedd	28.70
2	Edwards, Alaw	14	NofioGwynedd	28.62
3	Leon Soon, Poppy	15	Kingston Roy	28.35
4	Jones, Lola	15	Monnow	28.30
5	Sweet-Roberts, Pip	12	Torfaen D	28.34
6	Bishop-Miller, Isabella	15	Co Hereford	28.54
7	Nicholls, Esther	14	Caerphilly	28.68
8	Hudson, Victoria	15	Mt Kelly	28.70
Heat 8 of 14 Prelims				
1	Geach, Libbie	15	Neath	28.20
2	Clissold, Bronwyn	16	Pembs Cty	28.20
3	Robinson, Scarlett	16	Copeland	28.12
4	King, Marley	16	Penyrheol	28.10
5	Hall, Emily	14	Warrington W	28.11
6	Kugeler, Emma	15	Mt Kelly	28.15
7	Wayman, Chloe	16	Teddington	28.20
8	James, Grace	15	Bridgend Cty	28.20
Heat 9 of 14 Prelims				
1	Deakin, Ellena	16	Teddington	28.09
2	%Williams, Rose S14	16	Co Cardiff	28.02
3	Worthington, Emma	16	Chirk	27.94
4	Johnson, Erin	15	Nuneaton	27.92
5	Darby, Daisy	16	Teddington	27.94
6	Crumpler, Ellie	16	S Bournem'th	27.94
7	Russell, Emilia	14	Kingston Roy	28.03
8	Hernandez Taylor, Ivy	15	Hackney	28.10
Heat 10 of 14 Prelims				
1	Claxton, Autum	13	Mt Kelly	27.88
2	Tucker, Holly	16	Swansea Aq	27.80
3	Schumm, Libby	15	Torfaen D	27.70
4	Dewsbury, Daisy	19	Swansea Uni	27.60
5	Rautenbach, Tallulah	14	EllesmereCSA	27.60
6	Jones, Maisie	14	Co Cardiff	27.70
7	Flint, Mia	15	Co Cardiff	27.80
8	Givvons, Imogen	14	Co Newport	27.90
Heat 11 of 14 Prelims				
1	Leggott, Holly	22	Swansea Uni	27.60
2	Vellaud, Hermance	15	Mt Kelly	27.48
3	Millar, Connie	17	Bridgend Cty	27.40
4	Evans, Lili	17	Co Newport	27.36
5	Offside, Poppy	17	Cwmbran	27.40
6	Stokes, Aimee	20	Swansea Uni	27.40
7	Stork, Niamh	20	Co Cardiff	27.50
8	Chadwick, Phoebe	16	Teddington	27.60
Heat 12 of 14 Prelims				
1	Boyle, Felicity	18	Mt Kelly	27.27
2	Lush, Emily	22	Swansea Uni	26.84
3	Stead, Martha	19	Swansea Uni	26.42
4	Jones, Isabella	19	Nofio S Gar	25.55
5	Beynon, Annaliese	24	Co Cardiff	26.26
6	Fox, Honor	17	Co Cardiff	26.60
7	Anderson, Rosalie	14	Co Cardiff	27.04
8	Spence, Emilia	13	Co Birm'ham	27.35

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 13 Prelims (#302 Female 12 & Over 50 SC Meter Freestyle)

1	Sherrard, Emme	15	Torfaen D	27.20	_____
2	De Torres, Rebecca	20	Co Cardiff	26.77	_____
3	Crawley, Abigail	19	Swansea Uni	26.41	_____
4	Broder, Libby	18	Co Cardiff	25.50	_____
5	Woodcock, Hannah	20	Swansea Uni	25.90	_____
6	Powell, Kirsten	19	Birm'ham Uni	26.60	_____
7	Kroenert, Viktoria	17	Mt Kelly	26.99	_____
8	Nichols, Grace	14	Pembs Cty	27.30	_____

Heat 14 of 14 Prelims

1	Griffiths, Cerys	14	Pembs Cty	27.20	_____
2	Humphreys, Ffion	16	NofioGwynedd	26.73	_____
3	Donovan, Kelsey	19	Bath Univ	26.40	_____
4	Taylor, Theodora	15	Torfaen D	24.40	_____
5	Major, Scarlet	21	Swansea Uni	25.70	_____
6	Dickinson, Jessica	19	Swansea Uni	26.46	_____
7	Owen, Gracie	16	Torfaen D	26.90	_____
8	Dwyfor-Clark, Efa	15	NofioGwynedd	27.30	_____

Event 303 Men 12 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims

1	Hernandez Taylor, Boaz	13	Hackney	4:50.65	_____
2	%Broom, Dylan S14	22	Swansea Uni	4:48.70	_____
3	Pope, Alexander	13	Teddington	4:47.54	_____
4	Harvey, Hugo	13	Co Cardiff	4:47.11	_____
5	Zaharewicz, Rhys	13	Teddington	4:47.50	_____
6	Guest, James	13	Royal Wolv	4:48.60	_____
7	Shillingford, Tait	13	Royal Wolv	4:49.69	_____
8	Bowles, Osian	13	Anaconda	4:50.72	_____

Heat 2 of 9 Prelims

1	Weiland, Lennart	13	Teddington	4:44.62	_____
2	Burnell, Rory	13	Mt Kelly	4:41.38	_____
3	Scholes, James	14	Haslemere	4:39.87	_____
4	Davies, Tom	14	Co Newport	4:33.49	_____
5	Caldicott, Lewis	14	Co Newport	4:37.90	_____
6	Duggan, Brandon	14	Co Cardiff	4:41.16	_____
7	Staskus, Daniel	12	Teddington	4:42.00	_____
8	Davies, Callum	13	Okehampton	4:46.70	_____

Heat 3 of 9 Prelims

1	Winpenny, Dylan	14	Teddington	4:31.70	_____
2	Vong, Joshua	14	Co Newport	4:30.69	_____
3	Williams, Thomas	14	Nofio S Gar	4:29.81	_____
4	Jenkins, Oliver	14	S Bournem'th	4:28.78	_____
5	Roberts, Daniel	14	Billingham	4:29.60	_____
6	Godden, Finlay	14	Nuneaton	4:30.13	_____
7	Cavill, Jack	14	Co Cardiff	4:30.90	_____
8	Thomas, Iolo	14	Neath	4:33.16	_____

Heat 4 of 9 Prelims

1	Vinh, Joshua	15	Co Newport	4:26.61	_____
2	Williams, Owen	15	Mt Kelly	4:25.26	_____
3	Passos, Rafael	15	Nuneaton	4:23.75	_____
4	Morgan, Charlie	14	Teddington	4:22.20	_____
5	Leonard, Ewan	15	Conwy	4:23.20	_____
6	Park, Reggie Samuel	14	Holywell	4:24.36	_____
7	Davies, Brynley	14	Co Newport	4:26.04	_____
8	Fletcher, Miles	14	Co Cardiff	4:26.80	_____

Heat 5 of 9 Prelims

1	Edwards, Ross	15	Co Cardiff	4:20.30	_____
2	Zaharewicz, Rowan	16	Teddington	4:18.80	_____
3	Willis, Kofi	15	Co Cardiff	4:18.16	_____
4	Haines, Thomas	16	Co Cardiff	4:17.30	_____
5	Powell, Zachary	16	TauntonDeane	4:17.44	_____
6	Walker, Freddie	16	Gloucester	4:18.62	_____
7	Leatherbarrow, Jack	16	Wrexham	4:20.28	_____
8	Bennett, Finley	15	Pembs Cty	4:21.23	_____

Heat 6 of 9 Prelims

1	Lawson, Oliver	16	Co Cardiff	4:14.30	_____
2	Twigger, Owen	15	Swansea Aq	4:13.69	_____
3	Southwood, Charlie	17	Torfaen D	4:12.88	_____
4	Meggitt, Patrick	36	Co Hereford	4:10.58	_____
5	Adams, Fynn	15	Teddington	4:12.10	_____
6	Morgan, Lewis	17	Bridgend Cty	4:13.10	_____
7	Bruntlett, Theo	15	Nuneaton	4:13.80	_____
8	Ward, Iwan	16	Droitwich	4:15.67	_____

Heat 7 of 9 Prelims

1	Galant Draysey, Lucas	16	Teddington	4:09.03	_____
2	Neaves, Archie	19	Swansea Uni	4:08.38	_____
3	Gillett, Oliver	17	Swansea Aq	4:08.00	_____
4	Clegg, Luke	19	Swansea Uni	4:07.30	_____
5	McKean, Angus	17	Mt Kelly	4:07.70	_____
6	Prysor, Sami	17	EllesmereCSA	4:08.25	_____
7	Armon, Jacob	21	Swansea Uni	4:08.90	_____
8	Keers, Jack	15	Teddington	4:09.70	_____

Heat 8 of 9 Prelims

1	Ellis-Sixsmith, Lucas	17	Nofio Clwyd	4:05.41	_____
2	Nerushenko, Valeriy	19	Swansea Uni	4:03.61	_____
3	Geysen-Holley, Max	19	Co Cardiff	3:58.35	_____
4	Williams, Josh	22	Swansea Uni	3:48.12	_____
5	O'Brien, Joshua	19	Co Cardiff	3:53.99	_____
6	Adams, Max	20	Swansea Uni	4:00.62	_____
7	Parsons, Joseph	17	Co Cardiff	4:04.19	_____
8	Burton, Luke	21	Swansea Uni	4:07.19	_____

Heat 9 of 9 Prelims

1	Owen, Vinnie	16	Co Cardiff	4:05.10	_____
2	Gallagher, Dylan	21	Swansea Uni	4:01.00	_____
3	Staines, Luca	20	Swansea Uni	3:56.07	_____
4	Sargeant, Alexander	22	Swansea Uni	3:44.90	_____
5	Trebilcock, Thomas	21	Swansea Uni	3:50.80	_____
6	Bamborough, Jack	16	Co Cardiff	4:00.11	_____
7	Potter, Nathan	19	Bath Univ	4:04.01	_____
8	Keeble, Alex	20	Swansea Uni	4:06.31	_____

Event 304 Female 12 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	McNamara, Imogen	14	Co Cardiff	1:22.64	_____
2	Mellor, Medi	12	Nofio Bangor	1:22.22	_____
3	Beattie, Maisie	15	EllesmereCSA	1:21.70	_____
4	Dearden, Harriet	14	Nuneaton	1:21.43	_____
5	Chillingworth, Sienna	14	Mt Kelly	1:21.68	_____
6	Bereznicki, Lilly	12	Mt Kelly	1:21.70	_____
7	Bloomer, Molly	12	Anaconda	1:22.57	_____
8	Graves, Abigail	14	Okehampton	1:22.88	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 2 Prelims (#304 Female 12 & Over 100 SC Meter Breaststroke)				
1	Simons, Georgia	13	Anaconda	1:21.04 ____
2	Phillips, Emma	14	Teddington	1:20.96 ____
3	Leon Soon, Poppy	15	Kingston Roy	1:20.71 ____
4	Stark, Tala	14	Pembs Cty	1:20.20 ____
5	Powell, Josie	14	Bridgend SC	1:20.56 ____
6	Ling, Olivia	14	Co Cardiff	1:20.76 ____
7	Jones, Aimee	12	Newton Abbot	1:20.98 ____
8	Ribeiro, Ariana	13	Co Cardiff	1:21.25 ____

Heat 3 of 10 Prelims				
1	Robinson, Mia	13	Southport	1:19.85 ____
2	Marski, Payton	14	EllesmereCSA	1:19.69 ____
3	Yelland, Yasmin	14	Torquay	1:19.50 ____
4	Lewis, Orla Rose	14	Torfaen D	1:19.18 ____
5	Johnson, Poppy	15	Holywell	1:19.50 ____
6	Galbraith, Evelyn	13	Haslemere	1:19.65 ____
7	Williams, Lucia	13	Kingston Roy	1:19.70 ____
8	Turner, Jasmine	15	Caradon	1:20.15 ____

Heat 4 of 10 Prelims				
1	Dowling, Abigail	13	Co Cardiff	1:19.08 ____
2	Dunn, Olivia	16	Mt Kelly	1:18.56 ____
3	Bruntlett, Amelie	13	Nuneaton	1:18.50 ____
4	Owen, Kessie	16	Neath	1:18.12 ____
5	Wright, Jessica	15	Kingston Roy	1:18.30 ____
6	Hadlington, Libby	14	Royal Wolv	1:18.55 ____
7	Matthews, Elin	14	Co Cardiff	1:18.67 ____
8	Robinson, Scarlett	16	Copeland	1:19.13 ____

Heat 5 of 10 Prelims				
1	Taffetsauffer, Isabella	13	Nofio S Gar	1:18.05 ____
2	Matthews, Lucy	17	Team Bath AS	1:17.90 ____
3	Speirs, Maisie	18	Nuneaton	1:17.60 ____
4	Lewis, Cara	17	Bridgend SC	1:17.43 ____
5	Roberts, Megan	17	Wrexham	1:17.53 ____
6	Lythgoe, Manon	15	Swansea Aq	1:17.80 ____
7	Gardener, Hannah	15	Bridgend Cty	1:17.93 ____
8	Neumann, Erin	12	Mt Kelly	1:18.08 ____

Heat 6 of 10 Prelims				
1	Wheeler, Lucy	14	Woking	1:17.06 ____
2	Andrews, Bella	14	Co Newport	1:17.00 ____
3	Palmer-Jones, Evie	19	Co Cardiff	1:16.81 ____
4	Jones, Emily	19	Co Newport	1:16.56 ____
5	Davies, Ellen	15	Chirk	1:16.75 ____
6	Flanagan, Evelyn	14	Co Liverpool	1:16.82 ____
7	Worthington, Emma	16	Chirk	1:17.03 ____
8	Daniel, Megan	14	Caradon	1:17.22 ____

Heat 7 of 10 Prelims				
1	Andrews, Joanne	14	Wrexham	1:16.50 ____
2	Williams, Emilia	14	Guildford Ct	1:16.18 ____
3	Smith, Amelia	16	Co Cardiff	1:15.90 ____
4	Jones, Neve	18	Nuneaton	1:15.70 ____
5	Hudson, Victoria	15	Mt Kelly	1:15.75 ____
6	Mercer, Olivia	20	Swansea Uni	1:16.15 ____
7	Gibbs, Harriet	16	Nofio S Gar	1:16.47 ____
8	Stoddart, Imogen	19	Co Cardiff	1:16.50 ____

Heat 8 of 10 Prelims				
1	Perni, Veronica	15	Co Cardiff	1:15.06 ____
2	Williams, Cari	15	Nofio Bangor	1:13.58 ____
3	Court, Iris	16	Anaconda	1:12.00 ____
4	Woodcock, Hannah	20	Swansea Uni	1:09.35 ____
5	Major, Scarlet	21	Swansea Uni	1:10.73 ____
6	Kugeler, Emma	15	Mt Kelly	1:13.31 ____
7	Sharp, Laura	22	Swansea Uni	1:14.50 ____
8	Poynter, Grace	22	SurreyUni SC	1:15.40 ____

Heat 9 of 10 Prelims				
1	Van Der Stroom, Isis	18	S Bournem'th	1:14.89 ____
2	Mortimer, Constance	19	Swansea Uni	1:13.43 ____
3	Bissicks, Ella	17	Swansea Aq	1:11.37 ____
4	Crowley, Amy	19	Co Cardiff	1:07.60 ____
5	Gibson, Mari	16	Co Cardiff	1:10.70 ____
6	Valentine-Bull, Eleanor	18	Bath Univ	1:13.30 ____
7	Gorman, Helen	52	Co Cardiff	1:14.50 ____
8	Wheeler, Oriana	19	Swansea Uni	1:15.30 ____

Heat 10 of 10 Prelims				
1	Neumann, Eva	14	Mt Kelly	1:14.70 ____
2	Daw, Alexandra	15	Okehampton	1:13.37 ____
3	Beynon, Annaliese	24	Co Cardiff	1:10.88 ____
4	Taylor, Theodora	15	Torfaen D	1:06.70 ____
5	Brassington, Sophie	18	Swansea Uni	1:10.56 ____
6	Evans, Gwenllian	15	Co Cardiff	1:12.60 ____
7	Morgan, Carys	16	Millfield	1:14.30 ____
8	Williams, Lowri	14	Swansea Aq	1:15.17 ____

Event 305 Men 12 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims				
1	Murphy, Heath	13	Nuneaton	2:43.65 ____
2	Nicolaou, Charlie	14	Mt Kelly	2:42.13 ____
3	Powell, Zachary	16	TauntonDeane	2:38.57 ____
4	Pool, Noah	15	Kingston Roy	2:37.24 ____
5	Bolwell, Logan	16	Trowbridge	2:37.60 ____
6	Doyle, Alfie	16	Co Newport	2:38.66 ____
7	Evans, Oscar	15	Co Hereford	2:42.87 ____
8	Miles, Harry	14	Co Cardiff	2:43.82 ____

Heat 2 of 6 Prelims				
1	Bostock, Dyfan	14	Wrexham	2:36.00 ____
2	Richardson, Osian	16	Swansea Aq	2:35.77 ____
3	Thomas, Archie	14	Co Cardiff	2:35.10 ____
4	Poynter, Harry	19	Seaclose	2:34.36 ____
5	Baker, Ellis	18	Caradon	2:34.77 ____
6	James, Rhys	15	Rct Squad	2:35.20 ____
7	Tennant, Cale	16	Eastbourne	2:35.78 ____
8	Hole, Ethan	15	Co Cardiff	2:36.30 ____

Heat 3 of 6 Prelims				
1	Phillips, Finley	14	Nofio S Gar	2:33.40 ____
2	Thomas, Lucas	16	Conwy	2:32.35 ____
3	Bennett, Finley	15	Pembs Cty	2:31.80 ____
4	Roberts, Thomas	16	Hackney	2:31.10 ____
5	Bruntlett, Theo	15	Nuneaton	2:31.50 ____
6	Song, Guangping	15	EllesmereCSA	2:32.00 ____
7	Custer, George	14	Royal Wolv	2:32.35 ____
8	Meilleur, Elliot	14	NofioGwynedd	2:33.55 ____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 4 Prelims (#305 Men 12 & Over 200 SC Meter Breaststroke)

1	Neaves, Jake	15	EllesmereCSA	2:30.48	_____
2	Stratton, Joe	20	Swansea Uni	2:22.76	_____
3	Sheppard, Rhydian	17	Co Cardiff	2:19.29	_____
4	Kershaw, Charles	22	Swansea Uni	2:15.16	_____
5	Gallagher, Reagan	18	TauntonDeane	2:18.30	_____
6	McGregor, Drew	21	Co Cardiff	2:21.46	_____
7	Greenwalker, Arthur	15	Teddington	2:25.95	_____
8	Greenslade, Benjamin	14	Tiverton	2:30.99	_____

Heat 5 of 6 Prelims

1	Murphy, Rocco	14	Nuneaton	2:30.31	_____
2	Hoey, Luke	22	Swansea Uni	2:22.23	_____
3	Grenardo, Alexander	17	Okehampton	2:18.84	_____
4	Fraser, Lewis	24	Swansea Uni	2:13.61	_____
5	Lee, Tristan	18	Bath Univ	2:18.10	_____
6	Adams, Luke	22	Co Salford	2:21.29	_____
7	Patsalides, Antonis	22	Swansea Uni	2:24.10	_____
8	Winstone, Evan	18	Co Cardiff	2:30.89	_____

Heat 6 of 6 Prelims

1	Evans, Ieuan	17	Conwy	2:29.10	_____
2	Lovell-Pascal, Jean-Luc	19	Swansea Uni	2:22.20	_____
3	Kendrick, Elijah	20	Swansea Uni	2:18.55	_____
4	Anderson, Maxwell	19	Co Cardiff	2:10.90	_____
5	Ito, Ley	19	Hackney	2:17.60	_____
6	Walford, Nathan	19	Swansea Uni	2:19.50	_____
7	Minshull, Callum	20	Swansea Uni	2:23.64	_____
8	Bonser, Alfie	15	Royal Wolv	2:30.59	_____

Event 306 Female 12 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

1	Baker, Piper	16	Teddington	2:32.11	_____
2	Iles, Jessica	14	Co Cardiff	2:27.86	_____
3	Claxton, Autum	13	Mt Kelly	2:24.86	_____
4	Davies, Megan	19	Swansea Uni	2:16.00	_____
5	Owen, Gracie	16	Torfaen D	2:17.58	_____
6	Handley, Evie	15	Exeter City	2:25.40	_____
7	Ward, Lois	13	Nuneaton	2:28.20	_____
8	Bates, Molly	13	Wrexham	2:34.10	_____

Heat 2 of 3 Prelims

1	Hadlington, Libby	14	Royal Wolv	2:32.00	_____
2	Deakin, Ellena	16	Teddington	2:26.80	_____
3	Grant, Lucy	17	Co Newport	2:20.77	_____
4	Johnson, Charlotte	21	Swansea Uni	2:13.90	_____
5	Hunter, Olivia	20	Swansea Uni	2:17.09	_____
6	Hall, Emily	14	Warrington W	2:25.20	_____
7	West, Megan	16	Nuneaton	2:28.10	_____
8	Daniel, Megan	14	Caradon	2:33.20	_____

Heat 3 of 3 Prelims

1	Sweet-Roberts, Pip	12	Torfaen D	2:31.53	_____
2	Chadwick, Phoebe	16	Teddington	2:26.41	_____
3	Hornby, Rachel	20	Swansea Uni	2:19.52	_____
4	Roberts, Catherine Elin	21	Swansea Uni	2:12.00	_____
5	Dickinson, Jessica	19	Swansea Uni	2:16.81	_____
6	Andrews, Joanne	14	Wrexham	2:24.93	_____
7	Cust, Ciara	17	Conwy	2:28.10	_____
8	James, Josie Amy	14	Royal Wolv	2:33.01	_____

Event 307 Men 12 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1	Major, Maximus	14	Co Newport	1:01.52	_____
2	Gaughan, Luke	17	Billingham	1:01.10	_____
3	Rixon, Oliver	16	Co Newport	1:00.60	_____
4	Allpress, Ethan	18	Ulverston	1:00.30	_____
5	West, Dexter	15	Pembs Cty	1:00.36	_____
6	Grenardo, Alexander	17	Okehampton	1:00.90	_____
7	Keeble, Alex	20	Swansea Uni	1:01.40	_____
8					_____

Heat 2 of 7 Prelims

1	Jasinski, Hubert	17	Co Newport	1:00.04	_____
2	Grenardo, Sebastian	15	Okehampton	59.90	_____
3	Keers, Jack	15	Teddington	59.60	_____
4	Sockett, Harley	16	Torfaen D	59.40	_____
5	Ma, Ko Kwan	15	Co Cardiff	59.41	_____
6	Chapman, Nathan	20	Swansea Uni	59.70	_____
7	Blazej, Ivan	17	Mt Kelly	1:00.00	_____
8	Silverstone, Solomon	15	Pembs Cty	1:00.24	_____

Heat 3 of 7 Prelims

1	Fowler, Joseph	18	Uni of Nott	59.00	_____
2	Holland, Tyler	16	EllesmereCSA	58.70	_____
3	Wright, Ethan	22	Nofio Bangor	58.60	_____
4	Rescigno, Alberto	17	EllesmereCSA	58.40	_____
5	Prysor, Sami	17	EllesmereCSA	58.54	_____
6	Ryan, Samuel	18	Swansea Uni	58.64	_____
7	Bebb, Lewis	17	Newtown	58.72	_____
8	Johnstone, Daniel	17	Nofio S Gar	59.00	_____

Heat 4 of 7 Prelims

1	Bamborough, Jack	16	Co Cardiff	58.22	_____
2	Cressey-Rodgers, Ioan	19	Nofio S Gar	57.60	_____
3	Burton, Luke	21	Swansea Uni	57.32	_____
4	Arch, Rhydian	19	Co Cardiff	56.80	_____
5	Morgan-Hughes, Harry	19	Bath Univ	57.10	_____
6	Gillett, Oliver	17	Swansea Aq	57.50	_____
7	McCarthy, Benedict	15	Co Cardiff	58.00	_____
8	Linehan, Oliver	15	Kingston Roy	58.40	_____

Heat 5 of 7 Prelims

1	Barlow, Oscar	19	Swansea Uni	56.41	_____
2	Dade, Oliver	19	Bath Univ	55.70	_____
3	Armon, Jacob	21	Swansea Uni	54.70	_____
4	Gallagher, Dylan	21	Swansea Uni	54.40	_____
5	Knight, Jack	21	Co Cardiff	54.60	_____
6	James, Tristyn	18	Bridgend Cty	55.30	_____
7	Davies, Evan	18	Co Cardiff	56.10	_____
8	Lee, Tristan	18	Bath Univ	56.70	_____

Heat 6 of 7 Prelims

1	Darbey, Rhys	17	Nofio Clwyd	56.40	_____
2	James, Harley	19	Co Cardiff	55.66	_____
3	Morgan, Dominic	19	Swansea Uni	54.60	_____
4	Rodriguez, Antonio	20	Swansea Uni	53.64	_____
5	Karpisz, Bartek	31	Co Bristol	54.58	_____
6	Rawes, Sebastian	20	Swansea Uni	55.19	_____
7	Docking-Smith, Frankie	20	Swansea Uni	56.09	_____
8	Murray, Ross	19	Swansea Uni	56.68	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 7 Prelims (#307 Men 12 & Over 100 SC Meter Butterfly)

1	Geysen-Holley, Max	19	Co Cardiff	56.20	_____
2	Lee, Ethan	18	Bath Univ	55.40	_____
3	Anderson, Maxwell	19	Co Cardiff	54.60	_____
4	Edwards, Rhys	22	Swansea Uni	52.40	_____
5	Braddock, Patrick	20	Swansea Uni	54.57	_____
6	Edwards, Dion	17	NofioGwynedd	54.80	_____
7	Burns, Harry	19	Bath Univ	55.90	_____
8	Lee, Jacob	18	Swansea Uni	56.56	_____

Event 308 Female 12 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Prelims

1	Hands, Ava	13	Nuneaton	2:39.80	_____
2	Jones, Martha	15	Conwy	2:39.54	_____
3	Galbraith, Evelyn	13	Haslemere	2:39.40	_____
4	Evans, Gwennan	14	Co Newport	2:39.29	_____
5	Givvons, Imogen	14	Co Newport	2:39.30	_____
6	Parfitt, Kali	14	Torfaen D	2:39.50	_____
7	Allen, Isabel	13	Co Cardiff	2:39.68	_____
8	Chillingworth, Sienna	14	Mt Kelly	2:39.80	_____

Heat 2 of 14 Prelims

1	Davies, Ellen	15	Chirk	2:38.75	_____
2	Reed, Isabella	13	Co Cardiff	2:38.56	_____
3	Edwards, Alaw	14	NofioGwynedd	2:38.48	_____
4	%Webb, Saskia SM14	17	Pembs Cty	2:38.07	_____
5	Gregory, India	12	Mt Kelly	2:38.19	_____
6	George, Ellie	13	Rct Squad	2:38.54	_____
7	Flanagan, Evelyn	14	Co Liverpool	2:38.64	_____
8	Goddard, Amy	15	Rct Squad	2:38.86	_____

Heat 3 of 14 Prelims

1	Flint, Mia	15	Co Cardiff	2:37.64	_____
2	Leon Soon, Poppy	15	Kingston Roy	2:37.50	_____
3	Mason, Eliza	13	EllesmereCSA	2:37.05	_____
4	Burns, Freya	13	Nofio S Gar	2:36.79	_____
5	Taffetsauffer, Isabella	13	Nofio S Gar	2:36.92	_____
6	Bennett, Isla	13	Co Cardiff	2:37.10	_____
7	Teggarty-Sparks, Ida	13	Teddington	2:37.56	_____
8	James, Josie Amy	14	Royal Wolv	2:37.71	_____

Heat 4 of 14 Prelims

1	Andrews, Bella	14	Co Newport	2:36.50	_____
2	Bruntlett, Amelie	13	Nuneaton	2:36.43	_____
3	Williams, Lucia	13	Kingston Roy	2:35.90	_____
4	Burton, Chloe	15	Royal Wolv	2:35.40	_____
5	Williams, Emilia	14	Guildford Ct	2:35.40	_____
6	Bereznicki, Lilly	12	Mt Kelly	2:36.00	_____
7	Ling, Olivia	14	Co Cardiff	2:36.49	_____
8	Dowling, Abigail	13	Co Cardiff	2:36.55	_____

Heat 5 of 14 Prelims

1	Marski, Payton	14	EllesmereCSA	2:35.26	_____
2	Crumpler, Ellie	16	S Bournem'th	2:35.21	_____
3	Thomas, Serenity	14	Conwy	2:34.93	_____
4	Williams, Marys	15	Swansea Aq	2:34.74	_____
5	Phillips, Emma	14	Teddington	2:34.90	_____
6	Wheeler, Lucy	14	Woking	2:35.14	_____
7	Matthews, Elin	14	Co Cardiff	2:35.21	_____
8	Hadlington, Libby	14	Royal Wolv	2:35.33	_____

Heat 6 of 14 Prelims

1	King, Marley	16	Penyrheol	2:34.62	_____
2	Robinson, Mia	13	Southport	2:34.24	_____
3	Jones, Myia	16	Wrexham	2:34.09	_____
4	Ribeiro, Ariana	13	Co Cardiff	2:33.93	_____
5	Lewis, Harriet	12	Co Cardiff	2:33.99	_____
6	Ach Rhys, Eysyllt	14	NofioGwynedd	2:34.12	_____
7	Roberts, Mali	14	NofioGwynedd	2:34.59	_____
8	Gardener, Hannah	15	Bridgend Cty	2:34.72	_____

Heat 7 of 14 Prelims

1	Lewis, Orla Rose	14	Torfaen D	2:33.78	_____
2	Williams, Cari	15	Nofio Bangor	2:33.57	_____
3	Gibbs, Harriet	16	Nofio S Gar	2:32.95	_____
4	Ward, Lois	13	Nuneaton	2:32.58	_____
5	%Williams, Rose SM14	16	Co Cardiff	2:32.82	_____
6	Parfitt, Lucy	16	Co Cardiff	2:33.05	_____
7	Perni, Veronica	15	Co Cardiff	2:33.64	_____
8	Humphreys, Holly	16	Swansea Aq	2:33.91	_____

Heat 8 of 14 Prelims

1	Blanch, Janelle Ashley	17	Cirencester	2:32.53	_____
2	Powell, Kirsten	19	Birm'ham Uni	2:32.40	_____
3	Faulkner, Marie	19	Co Cardiff	2:31.92	_____
4	Lythgoe, Manon	15	Swansea Aq	2:31.84	_____
5	Hill, Emma	13	Teddington	2:31.90	_____
6	Martin, Lara	16	Bridgend Cty	2:31.96	_____
7	Wardell, Cari	15	Co Cardiff	2:32.50	_____
8	Hudson, Victoria	15	Mt Kelly	2:32.54	_____

Heat 9 of 14 Prelims

1	Ezard, Emily	22	Neath	2:31.45	_____
2	Holt, Ava	17	Teddington	2:31.30	_____
3	Griffiths, Cerys	14	Pembs Cty	2:30.90	_____
4	Neumann, Erin	12	Mt Kelly	2:30.40	_____
5	Tree, Charlotte	20	Swansea Uni	2:30.89	_____
6	Smith, Amelia	16	Co Cardiff	2:30.92	_____
7	Geach, Libbie	15	Neath	2:31.30	_____
8	Van Der Stroom, Isis	18	S Bournem'th	2:31.69	_____

Heat 10 of 14 Prelims

1	Spence, Emilia	13	Co Birm'ham	2:30.27	_____
2	Daw, Alexandra	15	Okehampton	2:30.00	_____
3	Deakin, Ellena	16	Teddington	2:29.79	_____
4	Valentine-Bull, Eleanor	18	Bath Univ	2:29.02	_____
5	Hickman, Eve	19	Bridgend Cty	2:29.36	_____
6	Neumann, Eva	14	Mt Kelly	2:29.89	_____
7	Jones, Neve	18	Nuneaton	2:30.20	_____
8	Dwyfor-Clark, Efa	15	NofioGwynedd	2:30.38	_____

Heat 11 of 14 Prelims

1	Vellaud, Hermance	15	Mt Kelly	2:28.70	_____
2	Robinson, Scarlett	16	Copeland	2:28.61	_____
3	Dewsbury, Daisy	19	Swansea Uni	2:27.76	_____
4	Weaver, Poppy	17	Teddington	2:27.37	_____
5	Nichols, Grace	14	Pembs Cty	2:27.51	_____
6	Williams, Lowri	14	Swansea Aq	2:28.59	_____
7	Davis, Bethan	19	Swansea Uni	2:28.70	_____
8	Pease, Georgia	22	Bath Univ	2:28.90	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024**Meet Program - Session 7 (Warmup 7.45 - 8.45)****Heat 12 Prelims (#308 Female 12 & Over 200 SC Meter IM)**

1	Kugeler, Emma	15	Mt Kelly	2:26.74	_____
2	Bissicks, Ella	17	Swansea Aq	2:25.06	_____
3	Titchener, Megan	16	Torfaen D	2:21.50	_____
4	Rees, Katie	26	Swansea Uni	2:19.15	_____
5	Brassington, Sophie	18	Swansea Uni	2:20.77	_____
6	Grant, Lucy	17	Co Newport	2:23.62	_____
7	Dacey, Mollie	16	Co Cardiff	2:26.00	_____
8	O Callaghan, Faye	19	Co Cardiff	2:27.27	_____

Heat 13 of 14 Prelims

1	Roberts, Megan	17	Wrexham	2:26.68	_____
2	Humphreys, Ffion	16	NofioGwynedd	2:24.77	_____
3	Wheeler, Oriana	19	Swansea Uni	2:21.18	_____
4	Sharp, Laura	22	Swansea Uni	2:16.34	_____
5	Gibson, Mari	16	Co Cardiff	2:20.70	_____
6	Willis, Hannah	19	Swansea Uni	2:23.09	_____
7	Morgan, Carys	16	Millfield	2:25.70	_____
8	Hall, Emily	14	Warrington W	2:27.24	_____

Heat 14 of 14 Prelims

1	Claxton, Autum	13	Mt Kelly	2:26.40	_____
2	Anderson, Rosalie	14	Co Cardiff	2:24.45	_____
3	Hornby, Rachel	20	Swansea Uni	2:20.91	_____
4	Taylor, Theodora	15	Torfaen D	2:13.69	_____
5	Croke, Carys	17	Torfaen D	2:20.51	_____
6	Winstanley, Elin	15	Co Hereford	2:21.91	_____
7	Lee, Edith	14	Co Cardiff	2:25.09	_____
8	Andrews, Joanne	14	Wrexham	2:27.05	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 8 (Warmup 11.55 - 12.55)

Event 301S Men 12 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

1				—
2				—
3	Jones, Dafydd	12	Nofio S Gar	31.80
4	Morgan, Josh	12	Co Newport	31.70
5	Dixon, Jamie	12	Mt Kelly	31.76
6	%Hobbs, Alex S7	19	Swansea Uni	38.70
7				—
8				—

Heat 2 of 8 Prelims

1	Davis, Quinn	12	Mt Kelly	31.58
2	Garnham, Sebastian	12	Teddington	31.55
3	Smith, Jacob	12	Haverfordwes	31.06
4	Neimanis-Kosarevs, D	12	Nuneaton	30.95
5	Fogarty, Oliver	12	Pembs Cty	31.01
6	Evans, Sam	12	Pembs Cty	31.11
7	Hughes, Freddy	12	NexusValleys	31.56
8	Hughes, Fraser	12	Rhondda	31.58

Heat 3 of 8 Prelims

1	Mrozinski, Michal	12	Conwy	30.90
2	Palmer, Evan	12	Torfaen D	30.40
3	Price-Clishem, Dyfan	13	NofioGwynedd	30.20
4	Williams, Dylan	13	Wrexham	29.94
5	Bancroft, Theo	12	Monnow	30.17
6	Jones, Spencer	12	Wrexham	30.30
7	Watkins, Dylan	12	Torfaen D	30.64
8	Greenwalker, Wilfred	12	Teddington	30.90

Heat 4 of 8 Prelims

1	Mills, Thomas	13	Nofio S Gar	29.50
2	Taylor, Nicholas	13	Torfaen D	29.20
3	Zaharewicz, Rhys	13	Teddington	29.10
4	Weiland, Lennart	13	Teddington	29.00
5	Iffland, Noah	13	Anaconda	29.05
6	Hernandez Taylor, Boaz	13	Hackney	29.20
7	Bowles, Osian	13	Anaconda	29.20
8	Hale, Oliver	13	Swansea Aq	29.60

Heat 5 of 8 Prelims

1	Williams, Sion	13	Nofio Bangor	28.90
2	Staskus, Daniel	12	Teddington	28.80
3	Rowntree, Tom	13	Co Hereford	28.77
4	Jones, Noah	13	Torfaen D	28.68
5	Volausek, Noah	13	Co Cardiff	28.70
6	Gregory, Jaiden	13	Co Cardiff	28.77
7	King, Ethan	12	Penyrheol	28.86
8	Catchpole, Charlie	13	Anaconda	28.94

Heat 6 of 8 Prelims

1	Duggan, Elliot	13	Bridgend Cty	28.10
2	Davies, Blake	14	Co Cardiff	27.90
3	Powell, Xander	14	TauntonDeane	27.40
4	Meilleur, Elliot	14	NofioGwynedd	27.13
5	Braine, Tobias	14	Mt Kelly	27.30
6	Roberts-Truman, Harri	14	Neath	27.67
7	Davies, Tom	14	Co Newport	28.02
8	Han, Nathan	13	Kingston Roy	28.60

Heat 7 of 8 Prelims

1	Jones, Sebastien	14	Torfaen D	28.10
2	Elmes, Max	13	Nofio S Gar	27.78
3	Jenkins, Oliver	14	S Bournem'th	27.37
4	Phillips, Finley	14	Nofio S Gar	27.10
5	Guest, James	13	Royal Wolv	27.30
6	Linge, Reece	13	EllesmereCSA	27.60
7	Bastyan, Tobias-Luke	13	Torfaen D	28.00
8	Matsiko, Jerome	13	Mt Kelly	28.55

Heat 8 of 8 Prelims

1	Shiland-Griffiths, Enzo	14	NofioGwynedd	28.02
2	Vong, Joshua	14	Co Newport	27.77
3	Scholes, James	14	Haslemere	27.33
4	Woodrow, Leo	13	TauntonDeane	27.10
5	Morgan, Charlie	14	Teddington	27.30
6	Castillo, Airam	13	Co Cardiff	27.50
7	Jones, Jayden	13	Caerphilly	27.90
8	Warman-Powell, Ioan	14	Torfaen D	28.10

Event 302S Female 12 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1				—
2				—
3	%Trevor, Caitlin S14	21	Kingston Roy	40.10
4	Davies, Indie	12	Co Newport	32.74
5	Roberts, Bethan	12	Wrexham	32.80
6				—
7				—
8				—

Heat 2 of 10 Prelims

1	Evans, Cadi	12	Swansea Aq	32.49
2	Price, Seren-Louise	12	Nofio S Gar	32.42
3	Mitrjaikina, Kerly	12	Swansea Aq	32.40
4	Jones, Jessica	12	Rct Squad	32.34
5	Scott, Lucy	12	Conwy	32.39
6	Boxall-Leggett, A	12	Okehampton	32.41
7	Morgan, Millie	12	Teddington	32.48
8	Reqica, Amara	12	Nuneaton	32.64

Heat 3 of 10 Prelims

1	West, Ffion	12	Nuneaton	32.28
2	Williams, Daisy	12	Nofio Bangor	32.20
3	Scales, Eve	12	EllesmereCSA	32.10
4	Thomas-Owen, Efa	12	NofioGwynedd	31.95
5	Jasper, Lily	12	Co Cardiff	32.08
6	Hnoiana, Valentyna	12	Swansea Aq	32.20
7	Duggan, Grace	12	Bridgend Cty	32.22
8	Henderson, Darcy	12	Dinnaton	32.30

Heat 4 of 10 Prelims

1	Williams, Paige	12	Swansea Aq	31.87
2	Edge, Fiona	12	Nuneaton	31.80
3	Williams, Layla	12	Newtown	31.73
4	Llewellyn, Mali	12	Bridgend Cty	31.68
5	Filmer, Gwennan	12	Nofio S Gar	31.73
6	Van Zyl, Kiara	12	Co Cardiff	31.74
7	Jones, Aimee	12	Newton Abbot	31.87
8	Jones, Lola-Grace	12	Torfaen D	31.88

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 8 (Warmup 11.55 - 12.55)

Heat 5 Prelims (#302S Female 12 & Over 50 SC Meter Freestyle)				
1	Price, Amie	13	Rct Squad	31.61
2	Smith, Sophie	13	Nuneaton	31.50
3	Davies, Erin	13	C Dolphins	31.40
4	Olszewska, Maya	12	Co Newport	31.39
5	Munslow, Seren	12	Monnow	31.40
6	Morfey, Megan	12	Chepstow	31.44
7	Owen, Gwen	13	Merthyr Tydf	31.50
8	Jones, Efa	13	Co Cardiff	31.64
Heat 6 of 10 Prelims				
1	Williams, Gwenno	13	NofioGwynedd	31.37
2	Madra, Victoria	13	Wrexham	31.35
3	Morgan, Evelyn	13	Nofio S Gar	31.30
4	Long, Sadie	13	Bridgend Cty	31.20
5	Cater, Laila	13	Dinnaton	31.30
6	Williams, Lili	13	Rct Squad	31.31
7	Butler, Olivia	13	Bridgend SC	31.36
8	Patterson, Hollie	13	Nofio S Gar	31.39
Heat 7 of 10 Prelims				
1	McCoole-Jones, Elen	13	Ruthin	31.11
2	Bloomer, Molly	12	Anaconda	31.09
3	Fordham, Freya	12	Co Newport	31.03
4	Tilley, Ella	13	Royal Wolv	31.00
5	Williams, Leah	13	NofioGwynedd	31.00
6	Jones, Hunydd	13	Nofio S Gar	31.03
7	McFarlane, Una	13	Pembs Cty	31.10
8	Hughes, Tirion	13	Swansea Aq	31.20
Heat 8 of 10 Prelims				
1	Goodman, Lola	13	Swansea Aq	30.89
2	Goodman, Evie	13	Swansea Aq	30.70
3	Edwards, Nia	13	Caerphilly	30.50
4	Ribeiro, Ariana	13	Co Cardiff	30.30
5	Innocent-Woodman, A	13	Co Cardiff	30.48
6	Fowkes, Amelia	13	Royal Wolv	30.65
7	Bereznicki, Lilly	12	Mt Kelly	30.80
8	Gettins, Bethan	12	Co Newport	31.00
Heat 9 of 10 Prelims				
1	Godovanuka, Sofia	12	Nuneaton	30.85
2	Jones Churm, Nel	13	NofioGwynedd	30.70
3	Griffiths, Ffion	13	Pembs Cty	30.50
4	Davies, Sophia	12	Co Cardiff	30.20
5	Layland, Seren	13	Penyrheol	30.40
6	Roberts, Rosie	12	Torfaen D	30.57
7	Thomas, Manisha	12	Anaconda	30.78
8	Linley-Shaw, Elsa	12	Mt Kelly	30.93
Heat 10 of 10 Prelims				
1	Williams, Poppy	13	Nofio Bangor	30.84
2	Morgan-Basini, Ruby-May	12	Merthyr Tydf	30.69
3	%Willis, Meghan S9	17	Torfaen D/1, 3, 5	30.50
4	Duggan, Grace	13	Rct Squad	30.20
5	Galbraith, Evelyn	13	Haslemere	30.30
6	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	30.56
7	Alsop, Maddison	13	Nuneaton	30.70
8	Lewis-Jones, Idele	13	Wrexham	30.91

Event 303S Men 12 & Over 400 SC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1				
2	%O'Reilly, McKenzie S8	15	Torfaen D/A, 12+	6:06.41
3	Frampton, Rhydian	12	Millfield	5:16.00
4	Hughes, Freddy	12	NexusValleys	5:14.58
5	Noden, Rory	12	Pembs Cty	5:15.48
6	Davis, Quinn	12	Mt Kelly	5:16.64
7				
8				
Heat 2 of 3 Prelims				
1	Mills, Thomas	13	Nofio S Gar	5:03.20
2	Davies, Ellis	13	Nofio S Gar	4:58.99
3	Harwood, Jack	13	Pembs Cty	4:53.46
4	Payne, Sebastian	13	Droitwich	4:51.40
5	Iffland, Noah	13	Anaconda	4:52.37
6	Murphy, Heath	13	Nuneaton	4:57.29
7	Woodrow, Leo	13	TauntonDeane	5:01.40
8	Winpenny, Billy	12	Teddington	5:12.96
Heat 3 of 3 Prelims				
1	Csoban, Benjamin	13	Co Newport	5:02.62
2	Timbrell, George	13	Co Newport	4:58.36
3	Taylor, Nicholas	13	Torfaen D	4:52.68
4	Garnham, Sebastian	12	Teddington	4:50.80
5	Hayward, Harry	13	Nuneaton	4:51.60
6	Elmes, Max	13	Nofio S Gar	4:54.50
7	Jones, Spencer	12	Wrexham	4:59.70
8	Chalk, Alistair	12	Co Newport	5:12.23
Event 304S Female 12 & Over 100 SC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims				
1	%Philpott, Lowri SB14	13	Nofio S Gar	1:57.26
2	%Lawn, Philippa SB14	14	Torfaen D	1:44.91
3	Munslow, Seren	12	Monnow	1:32.72
4	Scales, Eve	12	EllesmereCSA	1:32.35
5	Filmer, Gwennan	12	Nofio S Gar	1:32.37
6	Van Zyl, Kiara	12	Co Cardiff	1:32.97
7	%Soffe, Bronwyn SB9	12	Co Newport/12, +	1:46.70
8	%Trevor, Caitlin SB14	21	Kingston Roy	2:01.86
Heat 2 of 6 Prelims				
1	King, Phillipa	12	Brixham	1:31.66
2	Kinnaird, Darcy	12	Co Cardiff	1:30.91
3	Godovanuka, Sofia	12	Nuneaton	1:29.92
4	Khinda, India	13	Teddington	1:28.80
5	Williams, Leah	13	NofioGwynedd	1:29.45
6	Evans, Cadi	12	Swansea Aq	1:30.12
7	Morgan-Basini, Ruby-May	12	Merthyr Tydf	1:31.44
8	Roberts, Phoebe	12	Conwy	1:32.08
Heat 3 of 6 Prelims				
1	Mustey, Elizabeth	13	Monnow	1:28.47
2	Davies, Macy	12	Torfaen D	1:28.23
3	Young, Lily	13	Chirk	1:28.07
4	Hall, Ellena	13	Pembs Cty	1:27.82
5	Summerfield, Lucy	12	Nofio S Gar	1:27.89
6	Pitt, Seren	12	Co Cardiff	1:28.21
7	Smith, Sophie	13	Nuneaton	1:28.34
8	Williams, Lili	13	Rct Squad	1:28.55

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 8 (Warmup 11.55 - 12.55)

Heat 4 Prelims (#304S Female 12 & Over 100 SC Meter Breaststroke)

1	McQuaid, Maria	13	Co Cardiff	1:27.00	_____
2	Roberts, Rosie	12	Torfaen D	1:25.75	_____
3	Lewis-Jones, Idele	13	Wrexham	1:23.94	_____
4	Lewis, Harriet	12	Co Cardiff	1:23.11	_____
5	Devin, Erin	14	Wrexham	1:23.59	_____
6	Davies, Sophia	12	Co Cardiff	1:25.06	_____
7	Lee, Seol Lucy	12	Co Cardiff	1:26.33	_____
8	Patterson, Hollie	13	Nofio S Gar	1:27.63	_____

Heat 5 of 6 Prelims

1	Marsden, Phoebe	13	Conwy	1:26.43	_____
2	Bozic, Sara	12	Hackney	1:25.48	_____
3	Jones, Isabella	14	Bridgend Cty	1:23.91	_____
4	%French, Eva SB9	17	Nuneaton/1, 3, 5	1:23.10	_____
5	Kazmiruk, Anastasiia	13	Nofio S Gar	1:23.17	_____
6	Sundsbo, Klara	13	Hackney	1:24.94	_____
7	Szymanska, Julia	13	Nuneaton	1:26.22	_____
8	Henderson, Darcy	12	Dinnaton	1:27.45	_____

Heat 6 of 6 Prelims

1	Hall, Isabelle	13	Pembs Cty	1:26.40	_____
2	Hughes, Tirion	13	Swansea Aq	1:25.27	_____
3	Reasons, Darcy	12	Torfaen D	1:23.61	_____
4	Davies, Isabella	13	Nofio S Gar	1:22.96	_____
5	Coles, Mya	14	Co Newport	1:23.15	_____
6	Knight, Lily	14	Swansea Aq	1:24.29	_____
7	Nazar, Antonia	13	Anaconda	1:25.96	_____
8	Madra, Victoria	13	Wrexham	1:27.39	_____

Event 305S Men 12 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1					_____
2					_____
3	Marques-Jones, Felix	12	Nofio S Gar	3:15.40	_____
4	Costello, Triston	12	Nuneaton	3:10.77	_____
5	McCullagh, Patrick	12	Holywell	3:15.07	_____
6					_____
7					_____
8					_____

Heat 2 of 4 Prelims

1	Wynne, Jasper	12	Royal Wolv	3:07.06	_____
2	Sekula, Szymon	13	NexusValleys	3:02.82	_____
3	Short, Harley	13	Mt Kelly	2:57.81	_____
4	Braine, Tobias	14	Mt Kelly	2:48.28	_____
5	Shiland-Griffiths, Enzo	14	NofioGwynedd	2:51.38	_____
6	Weiland, Lennart	13	Teddington	2:59.50	_____
7	Winzor, Oliver	12	Royal Wolv	3:04.50	_____
8					_____

Heat 3 of 4 Prelims

1	Thomas, Wilf	12	Aberystwyth	3:06.96	_____
2	Price-Clishem, Dyfan	13	NofioGwynedd	3:02.80	_____
3	Sekula, Mateusz	13	NexusValleys	2:56.54	_____
4	Warman-Powell, Ioan	14	Torfaen D	2:47.03	_____
5	Catchpole, Charlie	13	Anaconda	2:50.82	_____
6	Williams, Sion	13	Nofio Bangor	2:58.93	_____
7	Taylor, Nicholas	13	Torfaen D	3:03.60	_____
8					_____

Heat 4 of 4 Prelims

1	Greenwalker, Wilfred	12	Teddington	3:06.59	_____
2	Lovell, Logan	13	Swindon Dolp	3:00.40	_____
3	Volausek, Noah	13	Co Cardiff	2:54.94	_____
4	Jones, Noah	13	Torfaen D	2:46.77	_____
5	Stuart-Lavender, Jac	14	Nofio S Gar	2:49.04	_____
6	Hernandez Taylor, Boaz	13	Hackney	2:58.49	_____
7	Castillo, Airam	13	Co Cardiff	3:03.30	_____
8	Rodrigues Martins, F	12	Okehampton	3:08.99	_____

Event 306S Female 12 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

1	Godovanuka, Sofia	12	Nuneaton	2:56.01	_____
2	Dash, Amelie	13	Pembs Cty	2:45.11	_____
3	Coffey, Cora-Leigh	14	Neath	2:40.56	_____
4	Tejedo, Lola	13	Co Cardiff	2:38.71	_____
5	Humphreys, Niamh	13	Royal Wolv	2:39.73	_____
6	Jones, Maisie	14	Co Cardiff	2:42.20	_____
7	Thomas, Manisha	12	Anaconda	2:48.40	_____
8	Linley-Shaw, Elsa	12	Mt Kelly	2:59.98	_____

Heat 2 of 2 Prelims

1	Williams, Poppy	13	Nofio Bangor	2:51.60	_____
2	McCavish, Cara	13	Farnham	2:44.78	_____
3	Marski, Payton	14	EllesmereCSA	2:39.78	_____
4	Taylor, Rebecca	14	Wrexham	2:35.11	_____
5	Chadwick, Millie	14	Teddington	2:39.46	_____
6	Meenagh, Mai Van	12	Co Cardiff	2:40.89	_____
7	Hill, Emma	13	Teddington	2:45.28	_____
8	Williams, Layla	12	Newtown	2:57.50	_____

Event 307S Men 12 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	Lawrence, Nicholas	12	Nuneaton	1:18.50	_____
2	Garnham, Sebastian	12	Teddington	1:15.20	_____
3	Jones, Spencer	12	Wrexham	1:12.60	_____
4	Duggan, Elliot	13	Bridgend Cty	1:11.59	_____
5	Jones, Jayden	13	Caerphilly	1:11.87	_____
6	Jones, Noah	13	Torfaen D	1:12.93	_____
7	Hughes, Fraser	12	Rhondda	1:18.50	_____
8	Morgan, Josh	12	Co Newport	1:19.00	_____

Heat 2 of 4 Prelims

1	Payne, Sebastian	13	Droitwich	1:09.42	_____
2	Gwynfil, Solomon	14	Co Cardiff	1:07.33	_____
3	Williams, Thomas	14	Nofio S Gar	1:05.50	_____
4	Spinks, Owen	16	Torfaen D	1:02.03	_____
5	Davey, Oliver	15	Mt Kelly	1:02.90	_____
6	Hewitt, Archie	14	Torfaen D	1:06.13	_____
7	Mathieson, Edward	14	Mt Kelly	1:07.72	_____
8	Linge, Reece	13	EllesmereCSA	1:10.60	_____

Heat 3 of 4 Prelims

1	Bastyan, Tobias-Luke	13	Torfaen D	1:09.41	_____
2	Scholes, James	14	Haslemere	1:06.79	_____
3	Foster, Henry	15	Redditch	1:04.35	_____
4	Ward, Iwan	16	Droitwich	1:01.94	_____
5	Lazizi, Rassim	15	Hackney	1:02.60	_____
6	Winpenny, Alfie	14	Teddington	1:05.80	_____
7	Jones, Sebastien	14	Torfaen D	1:07.40	_____
8	Williams, Dylan	13	Wrexham	1:09.94	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 8 (Warmup 11.55 - 12.55)

Heat 4 Prelims (#307S Men 12 & Over 100 SC Meter Butterfly)

1	Gruffydd, Ned	14	Co Cardiff	1:08.01	_____
2	Nicolaou, Charlie	14	Mt Kelly	1:06.74	_____
3	Kershaw, Harvey	14	Mt Kelly	1:03.40	_____
4	Deacon, Cameron	14	Co Cardiff	1:01.70	_____
5	Leonard, Ewan	15	Conwy	1:02.10	_____
6	Meilleur, Elliot	14	NofioGwynedd	1:05.64	_____
7	Roberts, Daniel	14	Billingham	1:07.40	_____
8	Harvey, Hugo	13	Co Cardiff	1:09.71	_____

Event 308S Female 12 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims

1					_____
2					_____
3	%Lawn, Philippa SM14	14	Torfaen D	3:19.60	_____
4	Munslow, Seren	12	Monnow	2:59.13	_____
5	James, Isabelle	12	Rhondda	2:59.35	_____
6	%Trevor, Caitlin SM14	21	Kingston Roy	3:54.86	_____
7					_____
8					_____

Heat 2 of 9 Prelims

1	Morfey, Megan	12	Chepstow	2:58.58	_____
2	Van Zyl, Kiara	12	Co Cardiff	2:58.04	_____
3	McShane, Anya	12	Co Cardiff	2:57.15	_____
4	Roberts, Phoebe	12	Conwy	2:56.79	_____
5	Bozic, Sara	12	Hackney	2:57.04	_____
6	Jones, Cadi	12	Co Cardiff	2:57.85	_____
7	Pawlowski, Isabelle	12	Corby	2:58.31	_____
8	Roberts, Bethan	12	Wrexham	2:58.97	_____

Heat 3 of 9 Prelims

1	Jasper, Lily	12	Co Cardiff	2:54.80	_____
2	Morgan, Millie	12	Teddington	2:54.43	_____
3	Short, Amelia	13	NexusValleys	2:52.52	_____
4	Madra, Victoria	13	Wrexham	2:52.23	_____
5	Patterson, Hollie	13	Nofio S Gar	2:52.31	_____
6	Henderson, Darcy	12	Dinnaton	2:53.88	_____
7	Jones, Lola-Grace	12	Torfaen D	2:54.56	_____
8	Jones, Jessica	12	Rct Squad	2:55.62	_____

Heat 4 of 9 Prelims

1	Jones, Hunydd	13	Nofio S Gar	2:51.18	_____
2	Olszewska, Maya	12	Co Newport	2:50.74	_____
3	Simons, Georgia	13	Anaconda	2:50.52	_____
4	Hall, Ellena	13	Pembs Cty	2:50.44	_____
5	Summerfield, Lucy	12	Nofio S Gar	2:50.47	_____
6	Smith, Sophie	13	Nuneaton	2:50.66	_____
7	Williams, Layla	12	Newtown	2:51.09	_____
8	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	2:51.91	_____

Heat 5 of 9 Prelims

1	Williams, Leah	13	NofioGwynedd	2:50.00	_____
2	Chauhan, Amber	12	Nofio Bangor	2:49.98	_____
3	Williams, Gwenno	13	NofioGwynedd	2:49.58	_____
4	Hughes, Tirion	13	Swansea Aq	2:47.96	_____
5	Thurston, Rene	13	Newtown	2:49.40	_____
6	Thomas-Owen, Efa	12	NofioGwynedd	2:49.92	_____
7	Thomas, Manisha	12	Anaconda	2:49.99	_____
8	Alsop, Maddison	13	Nuneaton	2:50.32	_____

Heat 6 of 9 Prelims

1	McFarlane, Una	13	Pembs Cty	2:47.66	_____
2	Davies, Sophia	12	Co Cardiff	2:47.31	_____
3	Williams, Lili	13	Rct Squad	2:46.81	_____
4	McCoole-Jones, Elen	13	Ruthin	2:45.62	_____
5	Lee, Seol Lucy	12	Co Cardiff	2:45.99	_____
6	Williams, Paige	12	Swansea Aq	2:47.12	_____
7	Innocent-Woodman, A	13	Co Cardiff	2:47.45	_____
8	Scales, Eve	12	EllesmereCSA	2:47.82	_____

Heat 7 of 9 Prelims

1	Davies, Macy	12	Torfaen D	2:44.52	_____
2	%Willis, Meghan SM9	17	Torfaen D/1, 3, 5	2:42.60	_____
3	Jones, Isabella	14	Bridgend Cty	2:41.38	_____
4	Davies, Isabella	13	Nofio S Gar	2:40.24	_____
5	Lewis-Jones, Idele	13	Wrexham	2:40.71	_____
6	Fowler, Maisie	13	Rct Squad	2:42.51	_____
7	Donaldson, Evie	12	Co Newport	2:43.23	_____
8	Sutton, Emily	13	NofioGwynedd	2:45.57	_____

Heat 8 of 9 Prelims

1	McCavish, Cara	13	Farnham	2:44.24	_____
2	Pitt, Seren	12	Co Cardiff	2:42.53	_____
3	Galdes Cutting, Daisy	13	Pembs Cty	2:41.04	_____
4	Bissicks, Cari	13	Neath	2:40.23	_____
5	Dash, Amelie	13	Pembs Cty	2:40.69	_____
6	Roberts, Isabel	14	Co Cardiff	2:42.20	_____
7	Godovanuka, Sofia	12	Nuneaton	2:42.84	_____
8	Hurley, Sienna-Grace	14	Bridgend Cty	2:44.83	_____

Heat 9 of 9 Prelims

1	Williams, Poppy	13	Nofio Bangor	2:43.78	_____
2	Sullivan, Ariana	14	Torfaen D	2:42.52	_____
3	Jones, Annabelle	14	Wrexham	2:40.95	_____
4	Jones, Aimee	12	Newton Abbot	2:39.84	_____
5	Tilley, Ella	13	Royal Wolv	2:40.64	_____
6	Hughes, Nel	13	NofioGwynedd	2:41.67	_____
7	Mellor, Medi	12	Nofio Bangor	2:42.69	_____
8	Connolly, Juliette	14	Conwy	2:44.81	_____

Event 309 Female 12 & Over 800 SC Meter Freestyle

Fastest 8 swimmers will swim
in the FINALS session

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1					_____
2	Price, Seren-Louise	12	Nofio S Gar	11:14.68	_____
3	Donaldson, Evie	12	Co Newport	10:56.76	_____
4	Alsop, Maddison	13	Nuneaton	10:52.27	_____
5	Pawlowski, Isabelle	12	Corby	10:55.00	_____
6	Filmer, Gwennan	12	Nofio S Gar	10:58.44	_____
7					_____
8					_____

Heat 2 of 8 Finals

1	Chauhan, Amber	12	Nofio Bangor	10:45.81	_____
2	Hands, Ava	13	Nuneaton	10:41.02	_____
3	Hall, Ellena	13	Pembs Cty	10:35.41	_____
4	McFarlane, Una	13	Pembs Cty	10:31.07	_____
5	Morgan, Evelyn	13	Nofio S Gar	10:31.15	_____
6	Ballinger, Scarlett	13	Rhondda	10:37.80	_____
7	Humphreys, Niamh	13	Royal Wolv	10:42.12	_____
8	Morgan, Millie	12	Teddington	10:51.90	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 8 (Warmup 11.55 - 12.55)

Heat 3 Finals (#309 Female 12 & Over 800 SC Meter Freestyle)

1	McQuaid, Maria	13	Co Cardiff	10:16.57	_____
2	Edwards, Carys	14	Caerphilly	10:15.05	_____
3	McCavish, Cara	13	Farnham	10:08.94	_____
4	Bates, Molly	13	Wrexham	9:59.17	_____
5	Jones, Annabelle	14	Wrexham	10:03.11	_____
6	Neumann, Erin	12	Mt Kelly	10:13.30	_____
7	Atkins, Amelia	13	Holywell	10:15.76	_____
8	Richards, Faith	14	Merthyr Tydf	10:21.30	_____

Heat 4 of 8 Finals

1	Beattie, Maisie	15	EllesmereCSA	9:58.50	_____
2	Ach Rhys, Esyllt	14	NofioGwynedd	9:56.03	_____
3	George, Ellie	13	Rct Squad	9:54.22	_____
4	Hill, Chloe	15	Kingston Roy	9:52.80	_____
5	Roberts, Mali	14	NofioGwynedd	9:54.02	_____
6	Hernandez Taylor, Ivy	15	Hackney	9:54.90	_____
7	Russell, Emilia	14	Kingston Roy	9:57.93	_____
8	Coles, Mya	14	Co Newport	9:58.66	_____

Heat 5 of 8 Finals

1	Johnson, Poppy	15	Holywell	9:49.63	_____
2	O'Mahoney, Kaitlin	16	Bridgend Cty	9:47.11	_____
3	Thomas, Serenity	14	Conwy	9:45.15	_____
4	Galdes Cutting, Daisy	13	Pembs Cty	9:42.14	_____
5	Philpott, Ffion	15	Nofio S Gar	9:44.60	_____
6	Darby, Daisy	16	Teddington	9:46.40	_____
7	Phillips, Emma	14	Teddington	9:47.13	_____
8	Teggarty-Sparks, Ida	13	Teddington	9:50.80	_____

Heat 6 of 8 Finals

1	Chadwick, Millie	14	Teddington	9:36.65	_____
2	Humphreys, Holly	16	Swansea Aq	9:33.67	_____
3	Cust, Ciara	17	Conwy	9:32.34	_____
4	Mason, Eliza	13	EllesmereCSA	9:26.98	_____
5	Watts, Olivia	15	EllesmereCSA	9:32.20	_____
6	Iles, Jessica	14	Co Cardiff	9:32.92	_____
7	Holt, Ava	17	Teddington	9:34.90	_____
8	Devin, Erin	14	Wrexham	9:39.59	_____

Heat 7 of 8 Finals

1	Deakin, Ellena	16	Teddington	9:23.28	_____
2	Wiseman Lee, Thea	16	Teddington	9:20.65	_____
3	Gerrard, Amelia	15	Co Liverpool	9:19.56	_____
4	Griffiths, Cerys	14	Pembs Cty	9:17.74	_____
5	Chadwick, Phoebe	16	Teddington	9:19.29	_____
6	Patterson, Millie	18	Swansea Uni	9:19.83	_____
7	Claxton, Autum	13	Mt Kelly	9:20.80	_____
8	Latimer-Hicks, Madelyn	20	Dinnaton	9:25.97	_____

Heat 8 of 8 Finals - Swimming with Finals

1	Handley, Evie	15	Exeter City	9:16.00	_____
2	Martin, Cazia	15	Co Sheffield	9:13.90	_____
3	Mitchell, Abby	18	Swansea Uni	8:55.60	_____
4	John, Emilia	17	Co Cardiff	8:49.22	_____
5	Forwood, Emily	20	Swansea Uni	8:52.60	_____
6	Cumner, Megan	17	Mt Kelly	9:13.65	_____
7	Slinn, Esmee	15	EllesmereCSA	9:14.40	_____
8	Marshall, Polly	19	Birm'ham Uni	9:17.58	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024
Meet Program - Session 9 (Warmup 4.15 - 5.15)

Event 309 Female 12 & Over 800 SC Meter Freestyle					
Fastest 8 swimmers will swim in the FINALS session					
Lane	Name	Age	Team	Seed Time	
Heat 8 of 8 Finals					
1	Handley, Evie	15	Exeter City	9:16.00	_____
2	Martin, Cazia	15	Co Sheffield	9:13.90	_____
3	Mitchell, Abby	18	Swansea Uni	8:55.60	_____
4	John, Emilia	17	Co Cardiff	8:49.22	_____
5	Forwood, Emily	20	Swansea Uni	8:52.60	_____
6	Cumner, Megan	17	Mt Kelly	9:13.65	_____
7	Slinn, Esmee	15	EllesmereCSA	9:14.40	_____
8	Marshall, Polly	19	Birm'ham Uni	9:17.58	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 10 (Warmup 7.45 - 8.45)

Event 401 Female 12 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

1	Long, Sadie	13	Bridgend Cty	35.65	_____
2	Williams, Poppy	13	Nofio Bangor	35.39	_____
3	Gordon, Mabli	13	Co Cardiff	35.29	_____
4	Alsop, Maddison	13	Nuneaton	35.17	_____
5	Fordham, Freya	12	Co Newport	35.23	_____
6	Roberts, Rosie	12	Torfaen D	35.31	_____
7	Williams, Leah	13	NofioGwynedd	35.62	_____
8	Morgan-Basini, Ruby-May	12	Merthyr Tydf	35.65	_____

Heat 2 of 12 Prelims

1	Williams, Paige	12	Swansea Aq	34.93	_____
2	Upton-Boorman, Isabella	14	Nofio S Gar	34.90	_____
3	Mustey, Elizabeth	13	Monnow	34.83	_____
4	Chillingworth, Sienna	14	Mt Kelly	34.60	_____
5	Teggarty-Sparks, Ida	13	Teddington	34.70	_____
6	Cox, Isabelle	14	Co Cardiff	34.88	_____
7	Bozic, Sara	12	Hackney	34.91	_____
8	Lewis-Jones, Idele	13	Wrexham	35.06	_____

Heat 3 of 12 Prelims

1	McCoole-Jones, Elen	13	Ruthin	34.53	_____
2	Burns, Freya	13	Nofio S Gar	34.42	_____
3	Jones, Hunydd	13	Nofio S Gar	34.28	_____
4	Reasons, Darcy	12	Torfaen D	34.01	_____
5	Black, Caitlin	14	Billingham	34.25	_____
6	Rees, Maisie	14	Rct Squad	34.40	_____
7	Tilley, Ella	13	Royal Wolv	34.50	_____
8	Eyre, Gracie	12	Co Cardiff	34.59	_____

Heat 4 of 12 Prelims

1	Hands, Ava	13	Nuneaton	33.82	_____
2	Roberts, Mali	14	NofioGwynedd	33.51	_____
3	Allen, Isabel	13	Co Cardiff	33.48	_____
4	Taffetsauffer, Isabella	13	Nofio S Gar	33.37	_____
5	Daw, Alexandra	15	Okehampton	33.42	_____
6	Duggan, Ella	13	Rct Squad	33.50	_____
7	Donaldson, Evie	12	Co Newport	33.76	_____
8	Thurston, Rene	13	Newtown	34.01	_____

Heat 5 of 12 Prelims

1	Fitzgerald, Mali	14	Bridgend Cty	33.33	_____
2	Fowler, Maisie	13	Rct Squad	33.19	_____
3	Ridgway, Megan	14	Nuneaton	33.05	_____
4	Hughes-Rolls, Ava	15	Torfaen D	32.97	_____
5	Hughes, Nel	13	NofioGwynedd	33.00	_____
6	Hudson, Victoria	15	Mt Kelly	33.10	_____
7	Wood, Hana	14	Dinnaton	33.29	_____
8	Matthews, Elin	14	Co Cardiff	33.36	_____

Heat 6 of 12 Prelims

1	Worthington, Emma	16	Chirk	32.76	_____
2	Correa-Garma, Letizia	13	Millfield	32.73	_____
3	Thomas, Serenity	14	Conwy	32.58	_____
4	Edwards, Alaw	14	NofioGwynedd	32.55	_____
5	Gregory, India	12	Mt Kelly	32.56	_____
6	Russell, Emilia	14	Kingston Roy	32.61	_____
7	Roberts, Isabel	14	Co Cardiff	32.75	_____
8	Schumm, Libby	15	Torfaen D	32.92	_____

Heat 7 of 12 Prelims

1	Coffey, Cora-Leigh	14	Neath	32.48	_____
2	Parfitt, Kali	14	Torfaen D	32.42	_____
3	Carter, Ava	16	Penyrheol	32.38	_____
4	Carey, Lucy	16	Bridgend Cty	32.22	_____
5	Bennett, Isla	13	Co Cardiff	32.24	_____
6	Prosser, Sofia	12	Torfaen D	32.40	_____
7	Huws, Awen	16	NexusValleys	32.44	_____
8	Arnold, Jessica	14	Swansea Aq	32.54	_____

Heat 8 of 12 Prelims

1	Flint, Mia	15	Co Cardiff	32.00	_____
2	Jones, Myia	16	Wrexham	31.91	_____
3	Deakin, Ellena	16	Teddington	31.87	_____
4	Robinson, Scarlett	16	Copeland	31.83	_____
5	James, Grace	15	Bridgend Cty	31.84	_____
6	Smart, Charlotte	17	Swansea Aq	31.88	_____
7	Darby, Daisy	16	Teddington	31.94	_____
8	Sundsbo, Klara	13	Hackney	32.11	_____

Heat 9 of 12 Prelims

1	Stork, Niamh	20	Co Cardiff	31.80	_____
2	Wardell, Cari	15	Co Cardiff	31.69	_____
3	Evans, Lili	17	Co Newport	31.52	_____
4	Parfitt, Lucy	16	Co Cardiff	31.39	_____
5	Fowkes, Amelia	13	Royal Wolv	31.43	_____
6	Stokes, Aimee	20	Swansea Uni	31.61	_____
7	Spence, Emilia	13	Co Birm'ham	31.70	_____
8	Martin, Lara	16	Bridgend Cty	31.83	_____

Heat 10 of 12 Prelims

1	Winstanley, Elin	15	Co Hereford	31.00	_____
2	Daniel, Megan	14	Caradon	30.65	_____
3	Nichols, Grace	14	Pembs Cty	30.10	_____
4	Butcher, Katherine	20	Swansea Uni	29.16	_____
5	Willis, Hannah	19	Swansea Uni	29.50	_____
6	Vellaud, Hermance	15	Mt Kelly	30.46	_____
7	Rautenbach, Tallulah	14	EllesmereCSA	30.83	_____
8	Holt, Ava	17	Teddington	31.34	_____

Heat 11 of 12 Prelims

1	Crumpler, Ellie	16	S Bournem'th	30.97	_____
2	Johnson, Erin	15	Nuneaton	30.63	_____
3	Dwyfor-Clark, Efa	15	NofioGwynedd	29.90	_____
4	Major, Scarlet	21	Swansea Uni	28.61	_____
5	Stead, Martha	19	Swansea Uni	29.50	_____
6	Lush, Emily	22	Swansea Uni	30.38	_____
7	Salmon, Gwen	17	Rct Squad	30.70	_____
8	Hernandez Taylor, Ivy	15	Hackney	31.24	_____

Heat 12 of 12 Prelims

1	Hall, Emily	14	Warrington W	30.96	_____
2	Leggott, Holly	22	Swansea Uni	30.56	_____
3	Ford, Katie	18	Swansea Uni	29.80	_____
4	Sutton, Rebecca	23	Swansea Uni	27.89	_____
5	Humphreys, Ffion	16	NofioGwynedd	29.40	_____
6	Fox, Honor	17	Co Cardiff	30.34	_____
7	Keepings, Charlotte	18	Swansea Uni	30.67	_____
8	Sweet-Roberts, Pip	12	Torfaen D	31.17	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 10 (Warmup 7.45 - 8.45)

Event 402 Men 12 & Over 50 SC Meter Backstroke					
Lane	Name	Age	Team	Seed	Time
Heat 1 of 9 Prelims					
1	Miles, Harry	14	Co Cardiff	31.90	_____
2	Woodrow, Leo	13	TauntonDeane	31.73	_____
3	Meilleur, Elliot	14	NofioGwynedd	31.17	_____
4	Elmes, Max	13	Nofio S Gar	31.00	_____
5	Powell, Xander	14	TauntonDeane	31.00	_____
6	Gilligan, Henry	14	Rct Squad	31.54	_____
7	Opiniano, Nathaniel	14	Teddington	31.84	_____
8					_____
Heat 2 of 9 Prelims					
1	Guest, James	13	Royal Wolv	30.82	_____
2	Nicolaou, Charlie	14	Mt Kelly	30.72	_____
3	Vinh, Joshua	15	Co Newport	30.54	_____
4	Jenkins, Oliver	14	S Bournem'th	30.33	_____
5	Fletcher, Miles	14	Co Cardiff	30.36	_____
6	Phillips, Finley	14	Nofio S Gar	30.63	_____
7	Davies, Brynley	14	Co Newport	30.75	_____
8	Linge, Reece	13	EllesmereCSA	30.90	_____
Heat 3 of 9 Prelims					
1	Rosser, Ellis	15	Torfaen D	30.10	_____
2	Powell, Zachary	16	TauntonDeane	29.85	_____
3	Braine, Tobias	14	Mt Kelly	29.70	_____
4	Webster, Benjamin	16	Okehampton	29.46	_____
5	Mills, Ioan	15	Torfaen D	29.61	_____
6	Brinkworth, James	15	Caradon	29.77	_____
7	Hole, Ethan	15	Co Cardiff	29.92	_____
8	Davey, Oliver	15	Mt Kelly	30.10	_____
Heat 4 of 9 Prelims					
1	Mathieson, Edward	14	Mt Kelly	29.41	_____
2	Blazej, Ivan	17	Mt Kelly	29.30	_____
3	Grenardo, Sebastian	15	Okehampton	29.28	_____
4	Ward, Iwan	16	Droitwich	29.25	_____
5	Bebb, Lewis	17	Newtown	29.26	_____
6	Atherton, Morgan	15	Nuneaton	29.30	_____
7	Deacon, Cameron	14	Co Cardiff	29.41	_____
8	Thomas, Iolo	14	Neath	29.43	_____
Heat 5 of 9 Prelims					
1	Davies, Iwan	16	Co Cardiff	29.12	_____
2	Hodges, Charlie	17	Mt Kelly	29.04	_____
3	Holder, Jakob	17	Teddington	28.87	_____
4	Wu, Kevin	20	Swansea Uni	28.77	_____
5	Brown, Layton	16	Nuneaton	28.80	_____
6	Major, Maximus	14	Co Newport	28.90	_____
7	Rixon, Oliver	16	Co Newport	29.05	_____
8	Arch, Dewi	16	Northgate	29.24	_____
Heat 6 of 9 Prelims					
1	Silverstone, Solomon	15	Pembs Cty	28.64	_____
2	Montague, Mason	16	Pembs Cty	28.60	_____
3	Kershaw, Harvey	14	Mt Kelly	28.50	_____
4	Walker, Freddie	16	Gloucester	28.29	_____
5	Gore, Andrew	19	Co Cardiff	28.40	_____
6	West, Dexter	15	Pembs Cty	28.52	_____
7	Morgan-Hughes, Harry	19	Bath Univ	28.63	_____
8	Mitchell, James	19	Winchester	28.70	_____

Heat 7 of 9 Prelims					
1	Wright, Ethan	22	Nofio Bangor	27.72	_____
2	Johnson, Louis	20	Swansea Uni	27.24	_____
3	Johnstone, Daniel	17	Nofio S Gar	26.45	_____
4	Edwards, Rhys	22	Swansea Uni	25.52	_____
5	Davies, Evan	18	Co Cardiff	26.13	_____
6	Golsby-Taylor, Josh	20	Co Cardiff	26.69	_____
7	Montgomery, Samuel	16	Pembs Cty	27.48	_____
8	Adams, Fynn	15	Teddington	28.25	_____
Heat 8 of 9 Prelims					
1	Southwood, Charlie	17	Torfaen D	27.57	_____
2	Tinkler, Matthew	19	Bath Univ	27.02	_____
3	Nikolaou, Antonio	21	Swansea Uni	26.30	_____
4	Turner, Harry	25	Co Cardiff	25.40	_____
5	Hollinsky, Gideon	19	Swansea Uni	26.10	_____
6	McCarthy, Benedict	15	Co Cardiff	26.60	_____
7	Lee, Ethan	18	Bath Univ	27.43	_____
8	Jasinski, Hubert	17	Co Newport	28.14	_____
Heat 9 of 9 Prelims					
1	Kershaw, Charles	22	Swansea Uni	27.49	_____
2	Burton, Matt	23	Swansea Uni	27.00	_____
3	Barlow, Oscar	19	Swansea Uni	26.20	_____
4	Knight, Jack	21	Co Cardiff	24.99	_____
5	Morgan, Dominic	19	Swansea Uni	26.10	_____
6	John, Finlay	18	Bridgend Cty	26.60	_____
7	Lee, Tristan	18	Bath Univ	27.36	_____
8	Allpress, Ethan	18	Ulverston	27.96	_____

Event 403 Female 12 & Over 100 SC Meter Butterfly					
Lane	Name	Age	Team	Seed	Time
Heat 1 of 10 Prelims					
1	Sutton, Emily	13	NofioGwynedd	1:11.38	_____
2	Bates, Molly	13	Wrexham	1:11.30	_____
3	Tejedo, Lola	13	Co Cardiff	1:11.20	_____
4	Hughes, Nel	13	NofioGwynedd	1:10.30	_____
5	Mason, Eliza	13	EllesmereCSA	1:11.17	_____
6	Williams, Marys	15	Swansea Aq	1:11.23	_____
7	Fitzgerald, Mali	14	Bridgend Cty	1:11.37	_____
8	Gregory, India	12	Mt Kelly	1:11.59	_____
Heat 2 of 10 Prelims					
1	Roberts, Mali	14	NofioGwynedd	1:09.90	_____
2	Baker, Piper	16	Teddington	1:09.60	_____
3	Brook, Cerys	16	Stourbridge	1:09.39	_____
4	Gerrard, Amelia	15	Co Liverpool	1:09.23	_____
5	%Webb, Saskia S14	17	Pembs Cty	1:09.27	_____
6	Matthews, Elin	14	Co Cardiff	1:09.60	_____
7	Jones, Myia	16	Wrexham	1:09.68	_____
8	Coffey, Cora-Leigh	14	Neath	1:09.90	_____
Heat 3 of 10 Prelims					
1	Neumann, Eva	14	Mt Kelly	1:08.90	_____
2	Jones, Martha	15	Conwy	1:08.80	_____
3	James, Josie Amy	14	Royal Wolv	1:08.54	_____
4	Adams, Jaimee	18	Co Cardiff	1:08.49	_____
5	Sweet-Roberts, Pip	12	Torfaen D	1:08.51	_____
6	Robinson, Scarlett	16	Copeland	1:08.71	_____
7	Parfitt, Lucy	16	Co Cardiff	1:08.81	_____
8	Johnson, Erin	15	Nuneaton	1:08.93	_____

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Heat 4 Prelims (#403 Female 12 & Over 100 SC Meter Butterfly)

1	Griffiths, Cerys	14	Pembs Cty	1:08.26	_____
2	Wildin, Lacey	17	Co Hereford	1:08.11	_____
3	Hadlington, Libby	14	Royal Wolv	1:08.09	_____
4	Martin, Lara	16	Bridgend Cty	1:07.82	_____
5	Andrews, Bella	14	Co Newport	1:07.90	_____
6	Cust, Ciara	17	Conwy	1:08.10	_____
7	Ach Rhys, Esyllt	14	NofioGwynedd	1:08.14	_____
8	Goodliffe, Faith	24	C Dolphins	1:08.44	_____

Heat 5 of 10 Prelims

1	Vellaud, Hermance	15	Mt Kelly	1:07.60	_____
2	Blanch, Janelle Ashley	17	Cirencester	1:07.46	_____
3	West, Megan	16	Nuneaton	1:07.42	_____
4	Cyster, Rowan	20	Nofio Bangor	1:07.01	_____
5	Handley, Evie	15	Exeter City	1:07.10	_____
6	Hudson, Victoria	15	Mt Kelly	1:07.42	_____
7	Tucker, Holly	16	Swansea Aq	1:07.60	_____
8	Ward, Lois	13	Nuneaton	1:07.74	_____

Heat 6 of 10 Prelims

1	O Callaghan, Faye	19	Co Cardiff	1:06.77	_____
2	Dwyfor-Clark, Efa	15	NofioGwynedd	1:06.70	_____
3	Nichols, Grace	14	Pembs Cty	1:06.58	_____
4	Cull, Harriett	17	Co Cardiff	1:06.36	_____
5	Morgan, Carys	16	Millfield	1:06.49	_____
6	Smart, Charlotte	17	Swansea Aq	1:06.59	_____
7	Cranch, Molly	21	Swansea Uni	1:06.70	_____
8	Hill, Emma	13	Teddington	1:07.00	_____

Heat 7 of 10 Prelims

1	Davis, Bethan	19	Swansea Uni	1:06.10	_____
2	Schumm, Libby	15	Torfaen D	1:06.00	_____
3	Andrews, Joanne	14	Wrexham	1:05.73	_____
4	Jones, Maisie	14	Co Cardiff	1:05.60	_____
5	Geach, Libbie	15	Neath	1:05.67	_____
6	Claxton, Autum	13	Mt Kelly	1:05.80	_____
7	Daniel, Megan	14	Caradon	1:06.10	_____
8	Davies, Abigail	19	Bridgend Cty	1:06.32	_____

Heat 8 of 10 Prelims

1	Deakin, Ellena	16	Teddington	1:04.90	_____
2	De Torres, Rebecca	20	Co Cardiff	1:03.73	_____
3	Davies, Megan	19	Swansea Uni	1:02.28	_____
4	Owen, Gracie	16	Torfaen D	1:01.40	_____
5	Dickinson, Jessica	19	Swansea Uni	1:01.62	_____
6	Rose, Katie	18	Swansea Uni	1:02.80	_____
7	Powell, Kirsten	19	Birm'ham Uni	1:04.47	_____
8	Hall, Emily	14	Warrington W	1:05.49	_____

Heat 9 of 10 Prelims

1	Gibson, Mari	16	Co Cardiff	1:04.70	_____
2	Morgan, Isabel	20	Co Cardiff	1:03.40	_____
3	Grant, Lucy	17	Co Newport	1:02.00	_____
4	Roberts, Catherine Elin	21	Swansea Uni	1:00.60	_____
5	Sutton, Rebecca	23	Swansea Uni	1:01.60	_____
6	Donovan, Kelsey	19	Bath Univ	1:02.70	_____
7	Jones, Isabella	19	Nofio S Gar	1:04.29	_____
8	Croke, Carys	17	Torfaen D	1:05.40	_____

Heat 10 of 10 Prelims

1	Lee, Edith	14	Co Cardiff	1:04.52	_____
2	Major, Scarlet	21	Swansea Uni	1:03.06	_____
3	Dewsbury, Daisy	19	Swansea Uni	1:01.96	_____
4	Taylor, Theodora	15	Torfaen D	58.80	_____
5	Pease, Georgia	22	Bath Univ	1:01.50	_____
6	Willis, Hannah	19	Swansea Uni	1:02.40	_____
7	Hunter, Olivia	20	Swansea Uni	1:03.91	_____
8	Crawley, Abigail	19	Swansea Uni	1:05.18	_____

Event 404 Men 12 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

1	Davies, Iwan	16	Co Cardiff	2:17.90	_____
2	Hornby, Alexander	17	Wigan Best	2:13.42	_____
3	Ryan, Samuel	18	Swansea Uni	2:07.55	_____
4	Arch, Rhydian	19	Co Cardiff	2:00.20	_____
5	Edwards, Dion	17	NofioGwynedd	2:05.90	_____
6	Keers, Jack	15	Teddington	2:09.30	_____
7	Socket, Harley	16	Torfaen D	2:16.03	_____
8	Neaves, Jake	15	EllesmereCSA	2:25.20	_____

Heat 2 of 3 Prelims

1	Leonard, Ewan	15	Conwy	2:17.50	_____
2	Bebb, Lewis	17	Newtown	2:12.38	_____
3	Keeble, Alex	20	Swansea Uni	2:06.88	_____
4	Braddock, Patrick	20	Swansea Uni	1:58.70	_____
5	Cressey-Rodgers, Ioan	19	Nofio S Gar	2:05.05	_____
6	Rescigno, Alberto	17	EllesmereCSA	2:09.10	_____
7	Linehan, Oliver	15	Kingston Roy	2:15.83	_____
8	Cavill, Jack	14	Co Cardiff	2:23.10	_____

Heat 3 of 3 Prelims

1	West, Dexter	15	Pembs Cty	2:16.32	_____
2	Bamborough, Jack	16	Co Cardiff	2:11.70	_____
3	Burton, Luke	21	Swansea Uni	2:06.87	_____
4	Rodriguez, Antonio	20	Swansea Uni	1:57.70	_____
5	Chapman, Nathan	20	Swansea Uni	2:04.69	_____
6	Prysor, Sami	17	EllesmereCSA	2:07.99	_____
7	Holland, Tyler	16	EllesmereCSA	2:15.70	_____
8	Lazizi, Rassim	15	Hackney	2:19.50	_____

Event 405 Female 12 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1	Dash, Amelie	13	Pembs Cty	5:48.47	_____
2	Connolly, Juliette	14	Conwy	5:46.20	_____
3	Humphreys, Niamh	13	Royal Wolv	5:39.16	_____
4	Teggarty-Sparks, Ida	13	Teddington	5:37.74	_____
5	Bereznicki, Lilly	12	Mt Kelly	5:38.04	_____
6	Correa-Garma, Letizia	13	Millfield	5:41.80	_____
7	McQuaid, Maria	13	Co Cardiff	5:47.80	_____
8					_____

Heat 2 of 7 Prelims

1	Wheeler, Lucy	14	Woking	5:36.70	_____
2	Jones, Annabelle	14	Wrexham	5:35.12	_____
3	Dowling, Abigail	13	Co Cardiff	5:31.97	_____
4	Taffetsauffer, Isabella	13	Nofio S Gar	5:29.42	_____
5	Chadwick, Millie	14	Teddington	5:30.00	_____
6	Phillips, Emma	14	Teddington	5:32.25	_____
7	George, Ellie	13	Rct Squad	5:35.50	_____
8	McCavish, Cara	13	Farnham	5:36.90	_____

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Heat 3 Prelims (#405 Female 12 & Over 400 SC Meter IM)

1	Tejedo, Lola	13	Co Cardiff	5:27.60	_____
2	Ling, Olivia	14	Co Cardiff	5:27.12	_____
3	Marski, Payton	14	EllesmereCSA	5:26.10	_____
4	Spence, Emilia	13	Co Birm'ham	5:24.40	_____
5	Lewis, Orla Rose	14	Torfaen D	5:24.77	_____
6	Hill, Emma	13	Teddington	5:26.82	_____
7	Bates, Molly	13	Wrexham	5:27.30	_____
8	Burton, Chloe	15	Royal Wolv	5:28.56	_____

Heat 4 of 7 Prelims

1	Hadlington, Libby	14	Royal Wolv	5:23.08	_____
2	Lythgoe, Manon	15	Swansea Aq	5:20.95	_____
3	Cust, Ciara	17	Conwy	5:18.35	_____
4	Weaver, Poppy	17	Teddington	5:18.20	_____
5	Williams, Lowri	14	Swansea Aq	5:18.30	_____
6	Valentine-Bull, Eleanor	18	Bath Univ	5:20.35	_____
7	Lewis, Harriet	12	Co Cardiff	5:21.82	_____
8	Jones, Myia	16	Wrexham	5:23.11	_____

Heat 5 of 7 Prelims

1	Martin, Cazia	15	Co Sheffield	5:16.74	_____
2	Latimer-Hicks, Madelyn	20	Dinnaton	5:15.57	_____
3	Handley, Evie	15	Exeter City	5:15.31	_____
4	Dacey, Mollie	16	Co Cardiff	5:15.00	_____
5	Winstanley, Elin	15	Co Hereford	5:15.19	_____
6	Daniel, Megan	14	Caradon	5:15.50	_____
7	Smith, Amelia	16	Co Cardiff	5:16.68	_____
8	Ward, Lois	13	Nuneaton	5:17.42	_____

Heat 6 of 7 Prelims

1	Roberts, Megan	17	Wrexham	5:11.40	_____
2	Grant, Lucy	17	Co Newport	5:05.18	_____
3	Rees, Katie	26	Swansea Uni	5:00.16	_____
4	Sharp, Laura	22	Swansea Uni	4:50.90	_____
5	Brassington, Sophie	18	Swansea Uni	4:55.80	_____
6	Gibson, Mari	16	Co Cardiff	5:01.04	_____
7	Claxton, Autum	13	Mt Kelly	5:09.01	_____
8	Iles, Jessica	14	Co Cardiff	5:14.63	_____

Heat 7 of 7 Prelims

1	Andrews, Joanne	14	Wrexham	5:10.58	_____
2	Bissicks, Ella	17	Swansea Aq	5:04.59	_____
3	Hornby, Rachel	20	Swansea Uni	4:57.00	_____
4	Taylor, Theodora	15	Torfaen D	4:50.43	_____
5	Wheeler, Oriana	19	Swansea Uni	4:55.44	_____
6	Mitchell, Abby	18	Swansea Uni	5:00.31	_____
7	Cumner, Megan	17	Mt Kelly	5:08.26	_____
8	Hall, Emily	14	Warrington W	5:11.53	_____

Event 406 Men 12 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 12 Prelims					
1	Phillips, Ioan	14	Neath	59.10	_____
2	Thomas, Iolo	14	Neath	58.62	_____
3	Scholes, James	14	Haslemere	58.43	_____
4	Obatoyinbo, Kashope	14	Mt Kelly	57.58	_____
5	Jenkins, Oliver	14	S Bournem'th	57.88	_____
6	Phillips, Finley	14	Nofio S Gar	58.57	_____
7	Meilleur, Elliot	14	NofioGwynedd	58.84	_____
8	Vong, Joshua	14	Co Newport	59.20	_____

Heat 2 of 12 Prelims

1	Deacon, Cameron	14	Co Cardiff	57.40	_____
2	Kershaw, Harvey	14	Mt Kelly	57.30	_____
3	Roberts, Daniel	14	Billingham	57.20	_____
4	Leonard, Ewan	15	Conwy	56.83	_____
5	Atherton, Morgan	15	Nuneaton	56.84	_____
6	Passos, Rafael	15	Nuneaton	57.26	_____
7	Brinkworth, James	15	Caradon	57.38	_____
8	Hewitt, Archie	14	Torfaen D	57.49	_____

Heat 3 of 12 Prelims

1	Park, Reggie Samuel	14	Holywell	56.71	_____
2	Keers, Jack	15	Teddington	56.29	_____
3	Webster, Benjamin	16	Okehampton	56.00	_____
4	Greenwalker, Arthur	15	Teddington	55.90	_____
5	Lessard, Gael	16	Hackney	55.94	_____
6	Fletcher, Miles	14	Co Cardiff	56.20	_____
7	Linehan, Oliver	15	Kingston Roy	56.50	_____
8	Vinh, Joshua	15	Co Newport	56.80	_____

Heat 4 of 12 Prelims

1	Brown, Layton	16	Nuneaton	55.80	_____
2	Davey, Oliver	15	Mt Kelly	55.60	_____
3	Bie, Alfie	16	Nofio Clwyd	55.51	_____
4	Adams, Fynn	15	Teddington	55.16	_____
5	Willis, Kofi	15	Co Cardiff	55.47	_____
6	Davies, Iwan	16	Co Cardiff	55.60	_____
7	Rosser, Ellis	15	Torfaen D	55.80	_____
8	Urban, Michal	16	Mt Kelly	55.86	_____

Heat 5 of 12 Prelims

1	Haines, Thomas	16	Co Cardiff	55.10	_____
2	Montgomery, Samuel	16	Pembs Cty	54.80	_____
3	Galant Draysey, Lucas	16	Teddington	54.74	_____
4	Powell, Zachary	16	TauntonDeane	54.66	_____
5	Poole, Dexter	19	Swansea Uni	54.68	_____
6	Ward, Iwan	16	Droitwich	54.79	_____
7	Holland, Tyler	16	EllesmereCSA	54.95	_____
8	Mathieson, Edward	14	Mt Kelly	55.10	_____

Heat 6 of 12 Prelims

1	Twigger, Owen	15	Swansea Aq	54.50	_____
2	Major, Maximus	14	Co Newport	54.50	_____
3	Ellis-Sixsmith, Lucas	17	Nofio Clwyd	54.32	_____
4	Young, Alex	17	Rhyl Dolphin	54.06	_____
5	Westwood, Owen	20	Swansea Uni	54.26	_____
6	Arnold, Jack	16	Swansea Aq	54.40	_____
7	Ma, Ko Kwan	15	Co Cardiff	54.50	_____
8	Thomas, Lucas	16	Conwy	54.60	_____

Heat 7 of 12 Prelims

1	Ellis-Sixsmith, Ethan	21	Nofio Clwyd	54.03	_____
2	Wright, Ethan	22	Nofio Bangor	53.97	_____
3	John, Finlay	18	Bridgend Cty	53.60	_____
4	Thomas, Rhys	19	Swansea Uni	53.51	_____
5	Silverstone, Solomon	15	Pembs Cty	53.57	_____
6	Southwood, Charlie	17	Torfaen D	53.78	_____
7	Prysor, Sami	17	EllesmereCSA	54.00	_____
8	Jasinski, Hubert	17	Co Newport	54.04	_____

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Heat 8 Prelims (#406 Men 12 & Over 100 SC Meter Freestyle)

1	Morgan-Hughes, Harry	19	Bath Univ	53.47	_____
2	Lee, Tristan	18	Bath Univ	53.40	_____
3	Johnson, Louis	20	Swansea Uni	53.22	_____
4	Greenway, Morgan	21	Swansea Uni	53.20	_____
5	Owen, Vinnie	16	Co Cardiff	53.20	_____
6	%Broom, Dylan S14	22	Swansea Uni	53.30	_____
7	Hoey, Luke	22	Swansea Uni	53.40	_____
8	Johnstone, Daniel	17	Nofio S Gar	53.50	_____

Heat 9 of 12 Prelims

1	Davis, Benjamin	17	Mt Kelly	53.08	_____
2	Anderson, Maxwell	19	Co Cardiff	53.00	_____
3	Charman, George	18	Millfield	52.40	_____
4	McCarthy, Benedict	15	Co Cardiff	52.30	_____
5	Darbey, Rhys	17	Nofio Clwyd	52.30	_____
6	Gaughan, Luke	17	Billingham	52.91	_____
7	Nerushenko, Valeriy	19	Swansea Uni	53.06	_____
8	Edwards, Dion	17	NofioGwynedd	53.10	_____

Heat 10 of 12 Prelims

1	McCarthy, Samuel	19	Co Cardiff	51.60	_____
2	Barlow, Oscar	19	Swansea Uni	51.20	_____
3	Armon, Jacob	21	Swansea Uni	50.50	_____
4	Davies, Evan	18	Co Cardiff	49.80	_____
5	James, Tristyn	18	Bridgend Cty	50.30	_____
6	Knight, Jack	21	Co Cardiff	50.70	_____
7	Potter, Nathan	19	Bath Univ	51.30	_____
8	Mruk, Lucas	16	Torfaen D	52.00	_____

Heat 11 of 12 Prelims

1	Lee, Jacob	18	Swansea Uni	51.60	_____
2	Geysen-Holley, Max	19	Co Cardiff	51.00	_____
3	Gillett, Oliver	17	Swansea Aq	50.50	_____
4	Rawes, Sebastian	20	Swansea Uni	49.57	_____
5	Docking-Smith, Frankie	20	Swansea Uni	50.19	_____
6	Burton, Matt	23	Swansea Uni	50.70	_____
7	Burns, Harry	19	Bath Univ	51.30	_____
8	Bamborough, Jack	16	Co Cardiff	51.72	_____

Heat 12 of 12 Prelims

1	Gallagher, Dylan	21	Swansea Uni	51.58	_____
2	James, Harley	19	Co Cardiff	50.71	_____
3	Larkin, Ryan	23	Swansea Uni	50.47	_____
4	Jones, Dan	28	Swansea Uni	47.20	_____
5	Williams, Josh	22	Swansea Uni	49.93	_____
6	Dade, Oliver	19	Bath Univ	50.50	_____
7	Lee, Ethan	18	Bath Univ	51.20	_____
8	Adams, Max	20	Swansea Uni	51.70	_____

Event 407 Female 12 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 10 Prelims					
1	Sullivan, Ariana	14	Torfaen D	2:20.07	_____
2	Ridgway, Megan	14	Nuneaton	2:19.51	_____
3	Reed, Isabella	13	Co Cardiff	2:18.98	_____
4	Evans, Gwennan	14	Co Newport	2:18.58	_____
5	Phillips, Emma	14	Teddington	2:18.86	_____
6	George, Ellie	13	Rct Squad	2:19.11	_____
7	Dearden, Harriet	14	Nuneaton	2:19.52	_____
8	Black, Caitlin	14	Billingham	2:20.20	_____

Heat 2 of 10 Prelims

1	Fitzgerald, Mali	14	Bridgend Cty	2:17.97	_____
2	Coles, Mya	14	Co Newport	2:16.94	_____
3	Neumann, Erin	12	Mt Kelly	2:16.90	_____
4	Allen, Isabel	13	Co Cardiff	2:16.81	_____
5	Roberts, Mali	14	NofioGwynedd	2:16.84	_____
6	James, Josie Amy	14	Royal Wolv	2:16.92	_____
7	Taylor, Rebecca	14	Wrexham	2:17.22	_____
8	Wheeler, Lucy	14	Woking	2:18.50	_____

Heat 3 of 10 Prelims

1	Devin, Erin	14	Wrexham	2:16.12	_____
2	Ribeiro, Ariana	13	Co Cardiff	2:16.08	_____
3	Burns, Freya	13	Nofio S Gar	2:15.67	_____
4	Robinson, Mia	13	Southport	2:15.30	_____
5	Galdes Cutting, Daisy	13	Pembs Cty	2:15.40	_____
6	Reasons, Darcy	12	Torfaen D	2:15.96	_____
7	%Webb, Saskia S14	17	Pembs Cty	2:16.08	_____
8	Teggarty-Sparks, Ida	13	Teddington	2:16.42	_____

Heat 4 of 10 Prelims

1	Thomas, Serenity	14	Conwy	2:14.93	_____
2	Rautenbach, Tallulah	14	EllesmereCSA	2:14.89	_____
3	Marshall, Ffion	14	Co Cardiff	2:14.70	_____
4	Chadwick, Millie	14	Teddington	2:14.24	_____
5	Williams, Lucia	13	Kingston Roy	2:14.70	_____
6	Burton, Chloe	15	Royal Wolv	2:14.70	_____
7	Ach Rhys, Esyllt	14	NofioGwynedd	2:14.90	_____
8	Givvons, Imogen	14	Co Newport	2:15.15	_____

Heat 5 of 10 Prelims

1	Russell, Emilia	14	Kingston Roy	2:13.38	_____
2	Dwyfor-Clark, Efa	15	NofioGwynedd	2:12.82	_____
3	Spence, Emilia	13	Co Birm'ham	2:12.29	_____
4	Kugeler, Emma	15	Mt Kelly	2:11.40	_____
5	King, Marley	16	Penyrheol	2:11.85	_____
6	Hill, Emma	13	Teddington	2:12.70	_____
7	James, Grace	15	Bridgend Cty	2:12.90	_____
8	Sherrard, Alex	12	Torfaen D	2:14.23	_____

Heat 6 of 10 Prelims

1	Deakin, Ellena	16	Teddington	2:11.01	_____
2	Watts, Olivia	15	EllesmereCSA	2:10.80	_____
3	Handley, Evie	15	Exeter City	2:10.40	_____
4	Slinn, Esmee	15	EllesmereCSA	2:10.00	_____
5	Dacey, Mollie	16	Co Cardiff	2:10.10	_____
6	Hernandez Taylor, Ivy	15	Hackney	2:10.67	_____
7	Morgan, Carys	16	Millfield	2:10.90	_____
8	Neumann, Eva	14	Mt Kelly	2:11.20	_____

Heat 7 of 10 Prelims

1	Gerrard, Amelia	15	Co Liverpool	2:09.80	_____
2	Mason, Eliza	13	EllesmereCSA	2:09.67	_____
3	Roberts, Megan	17	Wrexham	2:09.31	_____
4	Weaver, Poppy	17	Teddington	2:08.83	_____
5	Evans, Gwenllian	15	Co Cardiff	2:09.30	_____
6	%Williams, Rose S14	16	Co Cardiff	2:09.35	_____
7	Johnson, Erin	15	Nuneaton	2:09.70	_____
8	Jones, Maisie	14	Co Cardiff	2:09.82	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024**Meet Program - Session 10 (Warmup 7.45 - 8.45)****Heat 8 Prelims (#407 Female 12 & Over 200 SC Meter Freestyle)**

1	Crawley, Abigail	19	Swansea Uni	2:08.24	_____
2	Kroenert, Viktoria	17	Mt Kelly	2:06.70	_____
3	Jones, Isabella	19	Nofio S Gar	2:04.76	_____
4	Dickinson, Jessica	19	Swansea Uni	2:02.00	_____
5	John, Emilia	17	Co Cardiff	2:02.50	_____
6	Chadwick, Phoebe	16	Teddington	2:05.70	_____
7	Hunter, Olivia	20	Swansea Uni	2:07.09	_____
8	Anderson, Rosalie	14	Co Cardiff	2:08.76	_____

Heat 9 of 10 Prelims

1	Hall, Emily	14	Warrington W	2:07.77	_____
2	Titchener, Megan	16	Torfaen D	2:06.50	_____
3	Forwood, Emily	20	Swansea Uni	2:04.10	_____
4	Taylor, Theodora	15	Torfaen D	2:00.10	_____
5	Broder, Libby	18	Co Cardiff	2:02.35	_____
6	Humphreys, Ffion	16	NofioGwynedd	2:05.41	_____
7	Claxton, Autum	13	Mt Kelly	2:06.80	_____
8	Sherrard, Emme	15	Torfaen D	2:08.30	_____

Heat 10 of 10 Prelims

1	Martin, Cazia	15	Co Sheffield	2:07.20	_____
2	Johnson, Charlotte	21	Swansea Uni	2:05.80	_____
3	Patterson, Millie	18	Swansea Uni	2:03.30	_____
4	Monks, Aimee	19	Swansea Uni	1:57.52	_____
5	Griffiths, Cerys	14	Pembs Cty	2:02.30	_____
6	Fox, Honor	17	Co Cardiff	2:05.00	_____
7	Cumner, Megan	17	Mt Kelly	2:06.79	_____
8	Stokes, Aimee	20	Swansea Uni	2:08.25	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 11 (Warmup 11.40 - 12.40)

Event 401S Female 12 & Over 50 SC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims				
1				___
2				___
3	Morgan, Millie	12	Teddington	38.78 ___
4	Davies, Grace	12	Co Newport	38.70 ___
5	Morris, Ffion	12	Pembs Cty	38.71 ___
6				___
7				___
8				___
Heat 2 of 6 Prelims				
1	Reqica, Amara	12	Nuneaton	38.67 ___
2	Morfeý, Megan	12	Chepstow	38.54 ___
3	Evans, Cadi	12	Swansea Aq	38.49 ___
4	Scott, Lucy	12	Conwy	38.29 ___
5	Pitt, Seren	12	Co Cardiff	38.30 ___
6	Kinnaird, Darcy	12	Co Cardiff	38.50 ___
7	Pinnock, Betsan	12	Swansea Aq	38.57 ___
8	Francis, Molly	12	Newtown	38.69 ___
Heat 3 of 6 Prelims				
1	Williams, Daisy	12	Nofio Bangor	37.93 ___
2	Bloomer, Molly	12	Anaconda	37.63 ___
3	Davies, Indie	12	Co Newport	37.43 ___
4	Edge, Fiona	12	Nuneaton	37.22 ___
5	Munslow, Seren	12	Monnow	37.39 ___
6	Jones, Lola-Grace	12	Torfaen D	37.47 ___
7	Pawlowski, Isabelle	12	Corby	37.74 ___
8	Boxall-Leggett, A	12	Okehampton	38.29 ___
Heat 4 of 6 Prelims				
1	Roberts, Phoebe	12	Conwy	37.11 ___
2	Jasper, Lily	12	Co Cardiff	36.73 ___
3	Williams, Layla	12	Newtown	36.26 ___
4	Henderson, Darcy	12	Dinnaton	35.79 ___
5	Thomas-Owen, Efa	12	NofioGwynedd	35.90 ___
6	Llewellyn, Mali	12	Bridgend Cty	36.48 ___
7	Neumann, Erin	12	Mt Kelly	36.97 ___
8	West, Ffion	12	Nuneaton	37.17 ___
Heat 5 of 6 Prelims				
1	McFarlane, Una	13	Pembs Cty	37.00 ___
2	Jones, Jessica	12	Rct Squad	36.58 ___
3	Olszewska, Maya	12	Co Newport	36.14 ___
4	Sutton, Emily	13	NofioGwynedd	35.77 ___
5	Williams, Lili	13	Rct Squad	35.88 ___
6	Roberts, Bethan	12	Wrexham	36.43 ___
7	Cater, Laila	13	Dinnaton	36.86 ___
8	Jones, Cadi	12	Co Cardiff	37.17 ___
Heat 6 of 6 Prelims				
1	Patterson, Hollie	13	Nofio S Gar	36.97 ___
2	Davies, Isabella	13	Nofio S Gar	36.55 ___
3	Gettins, Bethan	12	Co Newport	36.07 ___
4	Thomas, Manisha	12	Anaconda	35.66 ___
5	Van Zyl, Kiara	12	Co Cardiff	35.88 ___
6	Jones, Efa	13	Co Cardiff	36.39 ___
7	Griffiths, Ffion	13	Pembs Cty	36.74 ___
8	Goodman, Evie	13	Swansea Aq	37.14 ___

Event 402S Men 12 & Over 50 SC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
1	Neimanis-Kosarevs, D	12	Nuneaton	37.15 ___
2	Wright, Jack	12	Teddington	36.90 ___
3	Winzor, Oliver	12	Royal Wolv	36.56 ___
4	Garnham, Sebastian	12	Teddington	36.23 ___
5	Mrozinski, Michal	12	Conwy	36.53 ___
6	Palmer, Evan	12	Torfaen D	36.78 ___
7	Morgan, Josh	12	Co Newport	37.00 ___
8	Williams, Heath	12	Wrexham	37.20 ___
Heat 2 of 4 Prelims				
1	Samuel, Jake	13	Merthyr Tydf	35.40 ___
2	Bastyan, Tobias-Luke	13	Torfaen D	34.35 ___
3	Harwood, Jack	13	Pembs Cty	32.94 ___
4	King, Ethan	12	Penyrheol	32.10 ___
5	Scholes, James	14	Haslemere	32.18 ___
6	Hamer, Joe	13	Co Hereford	33.58 ___
7	Noden, Rory	12	Pembs Cty	34.79 ___
8	Jadhav, Shlok	12	Mt Kelly	36.02 ___
Heat 3 of 4 Prelims				
1	Hale, Oliver	13	Swansea Aq	35.38 ___
2	Staskus, Daniel	12	Teddington	34.25 ___
3	Morgan, Charlie	14	Teddington	32.30 ___
4	Shillingford, Tait	13	Royal Wolv	32.08 ___
5	Shiland-Griffiths, Enzo	14	NofioGwynedd	32.15 ___
6	Iffland, Noah	13	Anaconda	33.54 ___
7	Williams, Sion	13	Nofio Bangor	34.76 ___
8	Alder, Thomas	12	Mt Kelly	36.00 ___
Heat 4 of 4 Prelims				
1	Zaharewicz, Rhys	13	Teddington	35.30 ___
2	Davies, Callum	13	Okehampton	33.82 ___
3	Hewitt, Archie	14	Torfaen D	32.23 ___
4	Hernandez Taylor, Boaz	13	Hackney	31.95 ___
5	Gregory, Jaiden	13	Co Cardiff	32.15 ___
6	Taylor, Nicholas	13	Torfaen D	33.50 ___
7	Duggan, Elliot	13	Bridgend Cty	34.50 ___
8	Castillo, Airam	13	Co Cardiff	35.50 ___
Event 403S Female 12 & Over 100 SC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims				
1	Morgan, Millie	12	Teddington	1:22.62 ___
2	Summerfield, Lucy	12	Nofio S Gar	1:20.42 ___
3	Rowland, Scarlett	12	Neath	1:19.30 ___
4	Williams, Leah	13	NofioGwynedd	1:18.06 ___
5	Williams, Gwenno	13	NofioGwynedd	1:19.08 ___
6	Williams, Daisy	12	Nofio Bangor	1:20.39 ___
7	Jasper, Lily	12	Co Cardiff	1:21.90 ___
8	%Lawn, Philippa S14	14	Torfaen D	1:40.11 ___
Heat 2 of 5 Prelims				
1	Duggan, Grace	13	Rct Squad	1:17.90 ___
2	Lee, Seol Lucy	12	Co Cardiff	1:17.62 ___
3	Short, Amelia	13	NexusValleys	1:17.26 ___
4	Lewis-Jones, Idele	13	Wrexham	1:17.11 ___
5	Williams, Lili	13	Rct Squad	1:17.20 ___
6	Fowler, Maisie	13	Rct Squad	1:17.50 ___
7	Morgan, Evelyn	13	Nofio S Gar	1:17.80 ___
8	Butler, Olivia	13	Bridgend SC	1:17.92 ___

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 11 (Warmup 11.40 - 12.40)

Heat 3 Prelims (#403S Female 12 & Over 100 SC Meter Butterfly)

1	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	1:16.68	_____
2	Jones, Lola-Grace	12	Torfaen D	1:15.30	_____
3	Bissicks, Cari	13	Neath	1:12.87	_____
4	Marshall, Ffion	14	Co Cardiff	1:11.70	_____
5	Bennett, Isla	13	Co Cardiff	1:12.41	_____
6	Williams, Poppy	13	Nofio Bangor	1:14.45	_____
7	McCavish, Cara	13	Farnham	1:16.10	_____
8	Mellor, Medi	12	Nofio Bangor	1:16.96	_____

Heat 4 of 5 Prelims

1	Fowkes, Amelia	13	Royal Wolv	1:16.26	_____
2	Scofield, Niamh	13	Rct Squad	1:15.13	_____
3	Marski, Payton	14	EllesmereCSA	1:12.85	_____
4	Meenagh, Mai Van	12	Co Cardiff	1:11.60	_____
5	Kolev, Maiya	14	Kingston Roy	1:12.35	_____
6	Thompson, Pippa	14	Teddington	1:13.55	_____
7	Tilley, Ella	13	Royal Wolv	1:16.09	_____
8	Thomas-Owen, Efa	12	NofioGwynedd	1:16.79	_____

Heat 5 of 5 Prelims

1	Williams, Layla	12	Newtown	1:16.10	_____
2	%Willis, Meghan S9	17	Torfaen D/1, 3, 5	1:15.09	_____
3	Thomas, Manisha	12	Anaconda	1:12.43	_____
4	Humphreys, Niamh	13	Royal Wolv	1:11.60	_____
5	Taylor, Rebecca	14	Wrexham	1:11.75	_____
6	Dash, Amelie	13	Pembs Cty	1:13.19	_____
7	Prevete, Sofia	12	Wrexham	1:15.78	_____
8	McCoole-Jones, Elen	13	Ruthin	1:16.75	_____

Event 404S Men 12 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

1					_____
2	Harwood, Jack	13	Pembs Cty	2:41.95	_____
3	Reece, Liam	14	Co Newport	2:30.45	_____
4	Gruffydd, Ned	14	Co Cardiff	2:27.80	_____
5	Scholes, James	14	Haslemere	2:28.61	_____
6	Payne, Sebastian	13	Droitwich	2:36.30	_____
7					_____
8					_____

Heat 2 of 2 Prelims

1					_____
2	Jones, Spencer	12	Wrexham	2:41.10	_____
3	Thomas, Archie	14	Co Cardiff	2:30.39	_____
4	Roberts, Daniel	14	Billingham	2:26.80	_____
5	Burnell, Rory	13	Mt Kelly	2:28.10	_____
6	Trapp, William	14	Mt Kelly	2:30.50	_____
7	Garnham, Sebastian	12	Teddington	2:48.22	_____
8					_____

Event 405S Female 12 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

1					_____
2	Pawlowski, Isabelle	12	Corby	6:11.70	_____
3	McFarlane, Una	13	Pembs Cty	5:59.84	_____
4	Mellor, Medi	12	Nofio Bangor	5:52.40	_____
5	Davies, Macy	12	Torfaen D	5:56.90	_____
6	Williams, Lili	13	Rct Squad	6:00.79	_____
7					_____
8					_____

Heat 2 of 2 Prelims

1					_____
2	Summerfield, Lucy	12	Nofio S Gar	6:08.64	_____
3	Williams, Leah	13	NofioGwynedd	5:58.36	_____
4	Williams, Poppy	13	Nofio Bangor	5:51.74	_____
5	Thomas, Manisha	12	Anaconda	5:56.45	_____
6	Chauhan, Amber	12	Nofio Bangor	6:00.24	_____
7					_____
8					_____

Event 406S Men 12 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1					_____
2	%Hobbs, Alex S7	19	Swansea Uni	1:25.34	_____
3	Hughes, Freddy	12	NexusValleys	1:09.30	_____
4	Palmer, Evan	12	Torfaen D	1:09.10	_____
5	Watkins, Dylan	12	Torfaen D	1:09.26	_____
6	Morgan, Josh	12	Co Newport	1:09.40	_____
7					_____
8					_____

Heat 2 of 5 Prelims

1	Greenwalker, Wilfred	12	Teddington	1:09.03	_____
2	Garnham, Sebastian	12	Teddington	1:07.70	_____
3	Jones, Spencer	12	Wrexham	1:06.40	_____
4	Williams, Dylan	13	Wrexham	1:04.26	_____
5	Taylor, Nicholas	13	Torfaen D	1:04.45	_____
6	Neimanis-Kosarevs, D	12	Nuneaton	1:07.20	_____
7	Winzor, Oliver	12	Royal Wolv	1:08.01	_____
8	Evans, Sam	12	Pembs Cty	1:09.05	_____

Heat 3 of 5 Prelims

1	Iffland, Noah	13	Anaconda	1:03.72	_____
2	Bastyan, Tobias-Luke	13	Torfaen D	1:02.30	_____
3	Jones, Jayden	13	Caerphilly	1:00.90	_____
4	Miles, Harry	14	Co Cardiff	59.89	_____
5	Guest, James	13	Royal Wolv	1:00.10	_____
6	Hernandez Taylor, Boaz	13	Hackney	1:02.12	_____
7	Mills, Thomas	13	Nofio S Gar	1:02.90	_____
8	Jones, Noah	13	Torfaen D	1:04.12	_____

Heat 4 of 5 Prelims

1	Rowntree, Tom	13	Co Hereford	1:03.64	_____
2	King, Ethan	12	Penyrheol	1:02.29	_____
3	Castillo, Airam	13	Co Cardiff	1:00.46	_____
4	Woodrow, Leo	13	TauntonDeane	59.50	_____
5	Gwynfil, Solomon	14	Co Cardiff	59.95	_____
6	Elmes, Max	13	Nofio S Gar	1:01.01	_____
7	Staskus, Daniel	12	Teddington	1:02.46	_____
8	Matsiko, Jerome	13	Mt Kelly	1:04.09	_____

Heat 5 of 5 Prelims

1	Weiland, Lennart	13	Teddington	1:03.52	_____
2	Han, Nathan	13	Kingston Roy	1:02.20	_____
3	Urbanski, Filip	14	Nuneaton	1:00.42	_____
4	Braine, Tobias	14	Mt Kelly	59.46	_____
5	Warman-Powell, Ioan	14	Torfaen D	59.90	_____
6	Linge, Reece	13	EllesmereCSA	1:01.00	_____
7	Gregory, Jaiden	13	Co Cardiff	1:02.41	_____
8	Hale, Oliver	13	Swansea Aq	1:04.00	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024
Meet Program - Session 11 (Warmup 11.40 - 12.40)

Event 407S Female 12 & Over 200 SC Meter Freestyle					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims					
1	Olszewska, Maya	12	Co Newport	2:33.42	_____
2	Pawlowski, Isabelle	12	Corby	2:32.59	_____
3	Munslow, Seren	12	Monnow	2:32.03	_____
4	Williams, Paige	12	Swansea Aq	2:31.34	_____
5	Chauhan, Amber	12	Nofio Bangor	2:31.36	_____
6	Scales, Eve	12	EllesmereCSA	2:32.48	_____
7	Scott, Lucy	12	Conwy	2:33.31	_____
8					_____
Heat 2 of 5 Prelims					
1	Fordham, Freya	12	Co Newport	2:28.85	_____
2	Morgan, Millie	12	Teddington	2:28.77	_____
3	McCoole-Jones, Elen	13	Ruthin	2:28.40	_____
4	Madra, Victoria	13	Wrexham	2:28.12	_____
5	Jones, Hunydd	13	Nofio S Gar	2:28.12	_____
6	West, Ffion	12	Nuneaton	2:28.61	_____
7	Thomas-Owen, Efa	12	NofioGwynedd	2:28.85	_____
8	Jasper, Lily	12	Co Cardiff	2:30.78	_____
Heat 3 of 5 Prelims					
1	Hall, Ellena	13	Pembs Cty	2:27.10	_____
2	Pitt, Seren	12	Co Cardiff	2:24.95	_____
3	Alsop, Maddison	13	Nuneaton	2:23.30	_____
4	Donaldson, Evie	12	Co Newport	2:21.11	_____
5	Prosser, Sofia	12	Torfaen D	2:22.50	_____
6	Davies, Isabella	13	Nofio S Gar	2:24.02	_____
7	Thomas, Manisha	12	Anaconda	2:25.73	_____
8	Patterson, Hollie	13	Nofio S Gar	2:27.47	_____
Heat 4 of 5 Prelims					
1	Williams, Gwenno	13	NofioGwynedd	2:26.56	_____
2	Gordon, Mabli	13	Co Cardiff	2:24.41	_____
3	Bereznicki, Lilly	12	Mt Kelly	2:23.30	_____
4	Fowkes, Amelia	13	Royal Wolv	2:20.60	_____
5	Hands, Ava	13	Nuneaton	2:21.70	_____
6	Morgan, Evelyn	13	Nofio S Gar	2:23.79	_____
7	Sedgemore, Lola	12	Neath	2:25.50	_____
8	McFarlane, Una	13	Pembs Cty	2:27.40	_____
Heat 5 of 5 Prelims					
1	Gregory, India	12	Mt Kelly	2:26.08	_____
2	Tilley, Ella	13	Royal Wolv	2:24.18	_____
3	Meenagh, Mai Van	12	Co Cardiff	2:22.96	_____
4	Richards, Faith	14	Merthyr Tydf	2:20.25	_____
5	Hughes, Nel	13	NofioGwynedd	2:21.65	_____
6	Roberts, Rosie	12	Torfaen D	2:23.35	_____
7	Smith, Sophie	13	Nuneaton	2:25.32	_____
8	Morgan-Basini, Ruby-May	12	Merthyr Tydf	2:27.12	_____

Event 408 Men 12 & Over 1500 SC Meter Freestyle					
Fastest 8 swimmers will swim in the FINALS session					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 6 Finals					
1					_____
2					_____
3	Greenwalker, Wilfred	12	Teddington	20:03.83	_____
4	Zaharewicz, Rhys	13	Teddington	18:58.56	_____
5	Mills, Thomas	13	Nofio S Gar	19:11.88	_____
6					_____
7					_____
8					_____
Heat 2 of 6 Finals					
1	Parfitt, Sebastian	14	Co Cardiff	18:53.40	_____
2	Pope, Alexander	13	Teddington	18:47.81	_____
3	Weiland, Lennart	13	Teddington	18:32.70	_____
4	Trapp, William	14	Mt Kelly	18:22.30	_____
5	Garnham, Sebastian	12	Teddington	18:29.57	_____
6	Davies, Callum	13	Okehampton	18:42.27	_____
7	Harvey, Hugo	13	Co Cardiff	18:50.22	_____
8	Bowles, Osian	13	Anaconda	18:53.61	_____
Heat 3 of 6 Finals					
1	Scholes, James	14	Haslemere	18:19.93	_____
2	Burnell, Rory	13	Mt Kelly	18:10.76	_____
3	Reece, Liam	14	Co Newport	18:04.75	_____
4	Leonard, Ewan	15	Conwy	17:50.70	_____
5	Staskus, Daniel	12	Teddington	17:55.36	_____
6	Jenkins, Oliver	14	S Bournem'th	18:07.04	_____
7	Opiniano, Nathaniel	14	Teddington	18:15.33	_____
8	Cavill, Jack	14	Co Cardiff	18:20.30	_____
Heat 4 of 6 Finals					
1	Vong, Joshua	14	Co Newport	17:37.94	_____
2	Davies, Brynley	14	Co Newport	17:27.85	_____
3	Zaharewicz, Rowan	16	Teddington	17:19.90	_____
4	Morgan, Charlie	14	Teddington	17:17.60	_____
5	Rixon, Oliver	16	Co Newport	17:17.77	_____
6	Godden, Finlay	14	Nuneaton	17:23.58	_____
7	Passos, Rafael	15	Nuneaton	17:30.52	_____
8	Williams, Thomas	14	Nofio S Gar	17:40.34	_____
Heat 5 of 6 Finals					
1	Ward, Iwan	16	Droitwich	17:15.50	_____
2	Holder, Jakob	17	Teddington	17:07.42	_____
3	Allinson-Rodrigues, J	16	Teddington	17:05.10	_____
4	Bennett, Finley	15	Pembs Cty	16:55.60	_____
5	Keers, Jack	15	Teddington	16:57.40	_____
6	Park, Reggie Samuel	14	Holywell	17:05.91	_____
7	Powell, Zachary	16	TauntonDeane	17:10.20	_____
8	Edwards, Ross	15	Co Cardiff	17:16.00	_____
Heat 6 of 6 Finals - Swimming with Finals					
1	Evans, Ieuan	17	Conwy	16:51.49	_____
2	Parsons, Joseph	17	Co Cardiff	16:23.40	_____
3	Neaves, Archie	19	Swansea Uni	16:09.84	_____
4	Sargeant, Alexander	22	Swansea Uni	14:57.20	_____
5	Bamborough, Jack	16	Co Cardiff	16:07.50	_____
6	Lawson, Oliver	16	Co Cardiff	16:22.20	_____
7	Adams, Fynn	15	Teddington	16:47.50	_____
8	Flack, Oliver	17	Teddington	16:53.80	_____

Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

Meet Program - Session 12 (Warmup 3.50 - 4.50)

Event 408 Men 12 & Over 1500 SC Meter Freestyle				
Fastest 8 swimmers will swim in the FINALS session				
Lane	Name	Age	Team	Seed Time
Heat 6 of 6 Finals				
1	Evans, Ieuan	17	Conwy	16:51.49 ____
2	Parsons, Joseph	17	Co Cardiff	16:23.40 ____
3	Neaves, Archie	19	Swansea Uni	16:09.84 ____
4	Sargeant, Alexander	22	Swansea Uni	14:57.20 ____
5	Bamborough, Jack	16	Co Cardiff	16:07.50 ____
6	Lawson, Oliver	16	Co Cardiff	16:22.20 ____
7	Adams, Fynn	15	Teddington	16:47.50 ____
8	Flack, Oliver	17	Teddington	16:53.80 ____